



# **State of Rhode Island and Providence Plantations**

**Department of Health**

**Division of Emergency Medical Services**

## **Prehospital Care Protocols & Standing Orders**

**EFFECTIVE AUGUST 1, 2011**



# State of Rhode Island and Providence Plantations

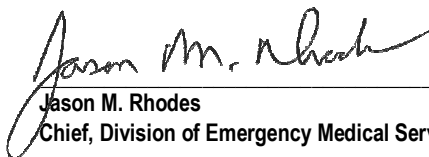
## Department of Health Division of Emergency Medical Services

### ***Safe and Healthy Lives in Safe and Healthy Communities***

These protocols and standing orders are established by the Division of Emergency Medical Services of the Rhode Island Department of Health, and the Rhode Island Ambulance Service Advisory Board, pursuant to the authority conferred under sections § 23-4.1-4 and § 23-17.6-4 of the Rhode Island General Laws.

These protocols and standing orders shall supersede all protocols and standing orders previously established and promulgated by the Division of Emergency Medical Services of the Rhode Island Department of Health or the Rhode Island Ambulance Service Coordinating Board.

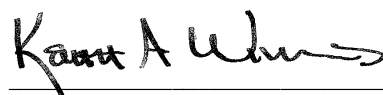
**Contains all protocols effective August 1, 2011**



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# Instructions for Use of the Protocols

## LEVELS OF CARE

Except as specifically indicated, each protocol represents the standard of care that applies to **all EMTs**. In general, each protocol begins with **basic** assessment and treatment measures required of **all levels** of prehospital personnel. In addition, there may be **advanced** care practices specified for “**ALS PERSONNEL ONLY**,” as shown in the example below:

### ALS PERSONNEL ONLY

#### 6. Place the patient on a cardiac monitor if not already done.

- ▶ Observe and record the initial ECG rhythm and any rhythm changes.
- ▶ Perform a 12-lead ECG if available, using standard lead placement, supine patient position if tolerated, and following ECG device manufacturer's instructions.

Although most of the standards are intended for all EMTs, some entire protocols apply exclusively to ALS personnel. These are indicated by a title that includes [ALS]. In addition, a few measures are specific to the practice of Paramedics. Such practices are indicated by “**EMT-Ps ONLY**,” as shown in the example below

#### 7. EMT-Ps ONLY, with authorization from Medical Control, may perform the following:

- ▶ Infuse EPINEPHRINE by IV infusion 2-10 mcg/min.

Generally, an instruction identified as “**BLS PERSONNEL ONLY**” is intended for EMTs practicing at the BLS level; there is typically a corresponding “**ALS PERSONNEL ONLY**” direction for EMTs practicing at the ALS level.



NOTE: EMT-Cardiacs and Paramedics may at times have to practice at a care level lower than their level of licensure. For example, an EMT-Cardiac working on a vehicle licensed as an A-2 is restricted to providing care at the BLS level. The distinctions explained in this section refer to an EMT's level of practice at the time patient care is being provided, *not* the EMT's level of licensure.

## CONSENT

A patient has the right to decide whether to consent to care or to refuse care. Under ordinary circumstances, the health care provider will inform the patient of the need for recommended care, and the possible risks to health if care is not provided. This enables the patient to make an informed decision to consent to, or to refuse, the recommended care. However, when EMTs recognize that a life-threatening medical emergency exists, they ordinarily start to treat the patient immediately, unless the patient actually refuses care. This “implied consent” permits prompt care to be delivered, without the time-consuming discussion required for the patient to make an informed decision.

Therefore, the first steps of the protocol for *Standard Management of All Patients* direct the EMT to secure a safe scene and “perform a primary assessment, to identify and treat life-threatening problems,” without requiring the EMT to obtain the patient’s informed consent. For life-threatening emergencies, this directive applies to all patients. Further steps in the protocol direct the EMT to perform specified assessments, and to provide care following the protocols. With the exception of life-threatening emergencies, the protocols also direct the EMT to obtain valid consent (through contact with a parent or Medical Control) for further prehospital care and transportation of patients less than sixteen years of age.

## CARE OF PEDIATRIC PATIENTS

Throughout these protocols, care of **pediatric patients** may differ from that of adult patients. In some cases, protocols may be specific to children and are so indicated by “(Pediatric)” in their title. In other protocols, pediatric-specific procedures, doses, etc. are indicated separately from adult patients as shown in the following example:

- ▶ Contact Medical Control for authorization to administer GLUCAGON, if available:
  - **Adult patients:** 1mg (1 unit) IM
  - **Pediatric patients (< 16 years old):** 0.1 mg/kg to a maximum of 1mg (1 unit), IM

## COMBINING PROTOCOLS

There are many occasions when care must be guided by more than one protocol. EMTs are expected to use common sense and reasonable judgment to apply more than one protocol in the care of a patient, and to begin at an appropriate step when switching among protocols or utilizing more than one.

## CHOICE OF THERAPY

In some cases, the protocols include several options for treatment that are similar. For example, several medications in the same treatment class or several devices for managing the airway. EMTs are required to choose among these options in a logical manner in order to best care for patients. Sometimes this will mean attempting treatment in a logical progression from least to most invasive or least to most complex. Sometimes this will mean choosing a single option, such as one drug in a class, and providing incremental doses before switching to an alternative. Any time there is a question or concern about a choice of therapy, contact Medical Control.

## MEDICAL CONTROL

All patient care protocols require EMTs to “contact Medical Control” during prehospital care. Unless communication is a routine *pre-arrival notification*, direct voice contact between the EMT and physician is required. In the rare circumstances in which direct access to a physician is not feasible, communication may be related *through a licensed health care professional*.

In addition to the standing orders for EMTs, many protocols provide suggested treatment measures that the Medical Control physician may choose to order. EMTs are expected to provide further care consistent with the verbal orders issued by the Medical Control physician, including treatment, medications, or dosages that differ from the measures suggested in the protocols. As always, EMTs are expected to provide care that is permitted by their education, training, and scope-of-practice, and to use common sense and reasonable judgment in following Medical Control direction.



# 1.1 Standard Management of All Patients

## 1. Respond to the scene in a safe manner.

- ▶ Using information available from the dispatcher, consider scene safety and initiate pre-arrival assessment and treatment of the patient.
- ▶ Use lights and sirens as may be necessary on the way to the scene of an emergency, whether critical or unknown, or when transporting an emergency patient.
- ▶ Use the National Incident Management System for all responses and scene management, using communications systems and other resources as indicated to establish and maintain safe and efficient operations.

## 2. Approach the scene cautiously, and assess scene safety

- ▶ If a hazard is identified, request assistance and maintain safety through appropriate measures including Personal Protective Equipment (PPE) as indicated.
- ▶ Non-latex gloves and proper size N95 mask (or better) are required for assessment and care of all patients with possible infectious disease.
- ▶ Refer to the *Major Incident* protocol if patient area is determined to be hazardous.

## 3. Determine the number of patients/potential patients.

- ▶ Determine whether the *Major Incident* protocol applies.
- ▶ Determine whether the *Comfort One* protocol applies.
- ▶ Determine whether the *Biological Death* protocol applies.
- ▶ Determine whether adult or pediatric protocols and standards apply.



A pediatric patient is one who is less than 16 years of age.

## 4. Consider mechanism(s) of injury.

- ▶ Request assistance, as necessary.
- ▶ Perform an initial assessment to identify and treat life-threatening problems.

## 5. Follow all appropriate *RI EMS Prehospital Care Protocols and Standing Orders* to identify and treat life-threatening and critical conditions.

## 6. Assess each patient, obtain initial vital signs, and frequently reassess each patient's condition.

7. Follow all appropriate *RI EMS Prehospital Care Protocols and Standing Orders* to perform the following:

- ▶ Appropriate physical examination and medical history;
- ▶ Assessment of vital signs (including respiratory rate, heart rate, and blood pressure), with frequent monitoring and/or reassessment. Abnormal vital signs for children and adults are shown in *Table 1*.

**TABLE 1: Age-Related Abnormal Vital Signs**

Age	Respiratory Rate		Heart Rate		Sys. BP
	<i>Too Slow</i>	<i>Too Fast</i>	<i>Too Slow</i>	<i>Too Fast</i>	<i>Too Low</i>
Newborn (birth – 1month)	<30	>80	<100	>200	<40
Infant (1 month – 1yr)	<20	>70	<80	>180	<60
Preschool (1-6 years)	<16	>40	<70	>160	<75
School Age (6-12 years)	<12	>30	<60	>140	<85
Adolescent (12 – 16 years)	<10	>24	<60	>120	<90
Adult (>16 years)	<10	>24	<60	>120	<90

Note: Absent radial pulse indicates hypotension



Core temperature measurement and regulation should be considered while caring for pediatric patients. Attempt to measure the temperature of any pediatric patient who may have a fever, cold exposure, or seizure. Pediatric patients, especially newborns, easily lose heat. Covering the head, heating the patient compartment, and using warmed IV fluids increase or maintain body temperature.



#### **SUPPLEMENTAL DEVICES & INTERVENTIONS**

Certain devices and interventions referenced in the *Protocols* are considered supplemental for some or all EMT practice levels and are implemented strictly at the discretion of each ambulance service.

*Table 2* summarizes all such devices/interventions referenced in the protocols, and indicates whether each is considered supplemental or core for each Rhode Island EMT practice level. If a device is considered supplemental, then EMTs at that practice level require specific training, credentialing, and authorization from their service's Training Officer before utilizing. With respect to supplemental devices and interventions, Rhode Island EMTs may ONLY utilize those:

- Applicable to their level of licensure;
- For which they have been specifically trained; AND
- For which they have been specifically authorized by their service based on verification of competency.

All devices and interventions must be used in a manner consistent with the *Protocols* as well as manufacturer's published guidelines.

TABLE 2: Supplemental Devices & Interventions Referenced in *Protocols*

Device/Intervention	Basic	Cardiac	Paramedic
Battery-Powered Chest Compression Device	S	S	S
Pneumatically-Powered Chest Compression Device	S	S	S
Pulse-oximeter	S	S	C
CO-oximeter	S	S	S
Supraglottic Airway Laryngopharyngeal Tube (SALT)	S	S	S
Esophageal Obturator Airway (EOA)	S	S	S
Laryngeal Mask Airway (LMA)	S	S	C
LaryngoTracheal Airway (LTA)	S	S	C
Orotracheal Intubation	--	S*	C
Continuous Positive Airway Press. (CPAP) & Bilevel Positive Airway Press. (BiPAP)	--	S	C
Basic Ventilator	S	S	C
Advanced Ventilator	--	S	C

S=Supplemental Skill (EMT must be authorized by their service before using)

\*only if specifically licensed for ETT

C=Core Skill (no additional authorization required)

**8. Use patient monitoring equipment, such as pulse oximeter and ECG monitor, if available and indicated.**

**9. Provide treatment, stabilizing or supportive care**

- ▶ Follow all appropriate *RI EMS Prehospital Care Protocols and Standing Orders* to provide indicated treatment and psychological support.
- ▶ If a person who is (or appears to be) <16 years old presents to EMS personnel with condition(s) that may reasonably require prehospital care and/or care at a Hospital Emergency Facility, EMTs are to attempt to contact the child's legal guardian in order to obtain the guardian's informed consent to prehospital care and/or transportation of the child. Balance such efforts with need for treatment and/or transport given patient condition.
  - If unable to contact the legal guardian, or if child abuse or neglect is suspected, contact Medical Control for authorization to provide prehospital care and transportation, and request assistance from local or state police (per section 40-11-5 RIGL).
  - If child abuse or neglect is suspected, transfer the child to the care of Hospital Emergency Facility, personnel; then notify the Rhode Island Department for Children, Youth and their Families (1-800-RI-CHILD), as required by section 40-11-3 RIGL.
- ▶ For pediatric patients up to 5 feet tall (<35kg / 75lbs), use a pediatric dosing device approved by the Division of EMS to estimate patient weight; to determine appropriate equipment sizes; and to determine pre-calculated doses for most medications to be administered under standing orders.
  - Use adult protocols and standards for any pediatric patients beyond the range of the dosing device (>5 feet tall or >35kg / 75lbs.)
  - For newborn infants less than 1 month old, refer to the *Newborn Resuscitation* protocol.

- For the few medications not included on a pediatric dosing device, and in case the dosing device is unavailable, pediatric drug dosages may be calculated using the patient's weight. IV admixtures and infusion rates may be calculated using the appropriate "Pediatric Rule of Sixes" (the formulas on which a pediatric dosing device is based).
- When necessary, the weight of a pediatric patient may be estimated, using the method shown below:

**Weight (in kilograms)  $\approx$  2 x age (in years) + 8**

*Example: Estimated weight of 4 year old:  $(2 \times 4) + 8 \approx 8 + 8 = 16$  kilograms*

- Estimated weight may then be used in the "Pediatric Rule of Sixes", as follows:



#### **Pediatric Rule of Sixes for DOPAMINE**

# mg to mix with NORMAL SALINE for a total volume of 100 mL = 6 x weight (kilograms) Administration rate of 1 mL/hour = 1mcg/kg/min

*Example: Preparation of a DOPAMINE infusion for 4 year old patient.*

*Weight of 4 year old? weight  $\approx (2 \times 4) + 8 = 16$  kg # mg of DOPAMINE to mix with normal saline  $\approx 16 \text{ kg} \times 6 = 96$  mg*

*If using a burette: Inject 96 mg DOPAMINE (2.4 mL of a 40mg/mL solution) into 100 mL burette. Fill burette to 100 mL with NORMAL SALINE. Infusion rate of 5-20 mL/hour  $\approx$  5-20 mcg/kg/min.*

*If using an IV PUMP: Inject 96 mg DOPAMINE (2.4 mL of a 40mg/mL solution) into 100 mL bag of NORMAL SALINE. Infusion rate of 5-20 mL/hour or 5-20 mcg/kg/min.*

### **10. Communicate with Medical Control.**

- ▶ When the *RI Prehospital Care Protocols and Standing Orders* require the EMT to "contact Medical Control," such "contact" is to be either consultation or notification, as differentiated below.
- ▶ Consultation with Medical Control:
  - Direct voice contact between the EMT and physician is required.
  - In the rare circumstance in which direct access to a physician is not feasible, communication may be relayed through a licensed health care professional.
  - In a Major Incident, communication between designated leadership at the scene and receiving hospitals may replace communication between the individual EMT and Medical Control for each patient and may result in orders for a group of patients.
- ▶ All EMTs are **permitted** to consult directly with Medical Control physician at any time they feel such communication might be helpful in the care of a patient.

- ▶ All EMTs are **required** to consult directly with a Medical Control physician when caring for any patient whose condition includes any of the following:
  - impaired consciousness;
  - any age-related abnormal heart rate, respiratory rate, or blood pressure, as defined in *Table 1*;
  - poisoning or overdose;
  - deterioration from a previously stable condition.
- ▶ For any direct consultation with Medical Control, the EMT shall:
  - Request Medical Control and communicate directly with a designated Medical Control physician;
  - Provide a brief report that includes at least the following:
    - EMS unit identification and level (BLS and ALS);
    - patient's sex, approximate age and weight;
    - a statement of the chief complaint or apparent problem(s);
    - a brief history of the present illness or injury;
    - a brief summary of the patient's relevant medical history;
    - a report of the physical assessment, including vital and diagnostic signs;
    - a summary of prehospital care provided; and
    - an estimated time until arrival.

## 11. Pre-Arrival Notification to Hospital Facility

- ▶ Many cases require only routine assessment, treatment, and transportation. For cases that meet all of the following criteria, direct consultation with a Medical Control physician is **not** required, and once en route, the EMT may alternatively notify the destination Hospital Emergency Facility staff of the nature of the case and estimated time until arrival:
  - the patient is fully conscious; and
  - the patient has no age-related abnormal vital or diagnostic signs; and
  - the patient's condition does not include poisoning or overdose; and
  - the patient has not deteriorated from a previously stable condition.



For those services participating in the RI Patient Tracking System (PTS), the EMT is **required** to utilize the PTS system, if available. In such cases, the PTS entry shall serve as the routine pre-arrival notification to hospital staff. No additional notification is required.

- ▶ EMT responsible for pre-arrival notification shall:
  - indicate that the contact is for notification;
  - communicate directly with the triage nurse or designated health care provider; and
  - provide a brief summary report that includes at least the following:
    - EMS unit identification and level (BLS and ALS);
    - patient's sex, approximate age, and approximate weight;

- a statement of the chief complaint or apparent problem(s);
- a statement that the patient's vital signs are within normal age-related limits;
- a summary of pre-hospital care provided (not applicable when using the PTS system);
- an estimated time until arrival.

## 12. Transport patient

- ▶ Follow all appropriate *RI EMS Prehospital Care Protocols and Standing Orders* to transport the patient without delay to the appropriate Hospital Emergency Facility or Non-Hospital Emergency Facility, except as follows:
  - In a Major Incident, transport to a Department of Health designated alternative facility or location as directed.
  - Transport all patients in cardiac arrest, respiratory arrest, or respiratory failure to the nearest Hospital Emergency Facility, unless specifically directed to another destination by Medical Control.
- ▶ The signs and symptoms of pediatric patients developing serious illness or injury are often subtle. Therefore, all EMTs are required to transport all pediatric patients to a Hospital Emergency Facility for further evaluation unless:
  - An informed refusal of EMS transport is provided by the patient (if  $\geq 16$  years of age, or married, as provided by section 23-4.6-1 RIGL), or on the patient's behalf by a legal guardian (if patient  $<16$  years of age); or
  - Medical Control, in direct consultation with the EMT, specifically authorizes the EMT to release the patient.
- ▶ All EMTs are required to transport patients in an appropriate restraint system providing both transverse and longitudinal protection. Straps are required at the patient's knees, hips, chest, and over the shoulders. Ambulance cots should be positioned at the lowest practical position during transport.
- ▶ For pediatric patients of appropriate age, an appropriate restraint system should be a Federal Motor Vehicle Safety Standard (FMVSS) compliant child safety seat properly affixed to a seat or stretcher with the head section elevated unless:
  - care of the patient required immobilization of the spinal column, pelvis or lower extremities; or
  - the patient requires resuscitation or active management of a critical problem.
- ▶ EMTs should use seatbelts during transport unless patient care prevents their use.
- ▶ All heavy items and equipment in the ambulance, such as monitors and oxygen bottles, should be adequately restrained during transport.

- ▶ Transport patients with the following specific conditions to the nearest Hospital Emergency Facility among the options listed in *Table 3* below unless otherwise directed by medical control.

**TABLE 3: Specialized Hospital Emergency Facilities**

Condition	Criteria	Destination
Major Trauma, Adult	Within 30 minute transport time to Trauma Center (see <i>Trauma</i> protocol)	See <i>Appendix 3: Trauma Centers</i>
Major Trauma, Pediatric	Within 30 minute transport time transport to Trauma Center (see <i>Trauma Protocol</i> )	Hasbro Children's Hospital (division of RI Hospital)
STEMI*	Within 30 minute transport time transport to PCI Hospital (See <i>STEMI</i> protocol)	Charlton Hospital, Fall River (MA) Landmark Hospital, Woonsocket Lawrence & Memorial, New London (CT) Miriam Hospital, Providence Rhode Island Hospital, Providence
Suspected Stroke*	Within 30 minute transport time transport to Stroke Center (See <i>Stroke</i> protocol)	Kent Hospital, Warwick Lawrence & Memorial, New London (CT) Memorial Hospital, Pawtucket Miriam Hospital, Providence Newport Hospital, Newport Rhode Island Hospital/ Hasbro Children's Hospital, Providence Roger Williams Medical Center, Providence
Carbon Monoxide Poisoning*	Measured CO level >25 ppm and symptomatic	Kent Hospital, Warwick

\* Contact Medical Control first

**13. Assess all patients for level of pain using a pain scale.**

- ▶ Record the patient's level of pain, if any, on the *RI EMS Ambulance Run Report*.
- ▶ Treat pain using supportive measures and the *Patient Comfort* protocol.
- ▶ Record changes in pain level after interventions as indicated.

**14. Attach an approved patient identification and tracking device to the patient, if available, any belongings transported with the patient, and the *RI EMS Ambulance Run Report*.****15. For those services participating in the RI Patient Tracking System (PTS) program, enter all required information in the PTS after applying the designated tracking device.****16. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 2.1 Cardiac Arrest

### RECOGNITION

- ✓ Unresponsive patient with no palpable pulse, generally concurrent with respiratory arrest.

### TREATMENT

#### ALL EMTs

1. Quickly check for unresponsiveness, airway patency, spontaneous respirations, and carotid pulses.
2. If there is a cardio-pulmonary arrest, immediately begin the Basic Life Support (BLS) cardio-pulmonary resuscitation (CPR) sequence of the American Heart Association.



DO NOT INTERRUPT CPR FOR MORE THAN 5 SECONDS EXCEPT FOR A MAXIMUM OF 30 SECONDS TO DEFIBRILLATE, MOVE THE PATIENT OR PERFORM ADVANCED AIRWAY TECHNIQUES WHEN INDICATED. IF SAFE PATIENT TRANSPORT WILL CAUSE DELAYS, PERFORM ALS INTERVENTIONS PRIOR TO PATIENT MOVEMENT IF POSSIBLE.

- ▶ CPR may be discontinued with authorization from a Medical Control physician.
3. **Whenever possible, use high-concentration OXYGEN to ventilate the patient at the appropriate rate.**
    - ▶ EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may consider advanced airway management as indicated in the *Airway Management and Respiratory Support* protocol.
    - ▶ Use BVM ventilation with oropharyngeal or nasopharyngeal adjuncts if unable to perform endotracheal intubation.
  4. **Basic Life Support units should transport the patient without delay to the nearest appropriate Hospital Emergency Facility or consider use of an Advanced Life Support unit, if one is available.**

#### ALS PERSONNEL ONLY

5. Follow all appropriate protocols for Advanced Life Support (ALS) care.

#### ALL EMTs

6. Contact Medical Control.
7. Document all incident information by completing the *RI EMS Ambulance Run Report*.

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## 2.2 Asystole [ALS]



### TREATMENT

1. Check for a pulse. Follow the *Asystole* protocol only if the pulse is absent.
2. Begin the Basic Life Support (BLS) CPR sequence of the American Heart Association.
  - ▶ Do not cease CPR for more than 5 seconds, except for a maximum of 30 seconds to intubate or move the patient, until the patient has been stabilized, or until authorized by Medical Control to do so.



For infants up to 1 month of age, follow the *Newborn Resuscitation* protocol.

3. Place the patient on a cardiac monitor.
  - ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
  - ▶ Check the leads and monitor to assure that the unit is functioning properly.
  - ▶ If ECG rhythm is unclear and possibly low amplitude ventricular fibrillation, follow the *Ventricular Fibrillation* protocol.
4. Start at least one IV access of **NORMAL SALINE** or **LACTATED RINGER'S** solution:
  - ▶ Administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (~20 ml/hr).
  - ▶ If unable to establish IV in 2 attempts or 5 minutes, continue CPR and transport the patient to the nearest Hospital Emergency Facility immediately. Any further attempt at IV placement must occur en route.
5. Consider advanced airway management using an approved airway device and following all appropriate protocols.
6. Whenever possible, ventilate the patient at the appropriate rate, using high concentration OXYGEN.

7. **Administer EPINEPHRINE as indicated below:**
  - ▶ **Adult patients:** administer EPINEPHRINE 1:10,000 1.0 mg IV push; Repeat every 3-5 minutes if asystole persists.
    - If unable to establish an IV, administer EPINEPHRINE 1:1,000 2.0-2.5 mg diluted in 10 mL NORMAL SALINE by endotracheal tube. Repeat every 3-5 minutes if asystole persists.
  - ▶ **Pediatric patients <16 years of age:** administer EPINEPHRINE as indicated on Pediatric Dosing Device (0.01 mg/kg), and repeat every 3-5 minutes as necessary.
8. **If still asystolic, administer ATROPINE SULFATE as indicated below:**
  - ▶ **Adult patients:** administer ATROPINE SULFATE 1.0 mg IV push. Repeat every 3-5 minutes if asystole persists, to a maximum of 3.0 mg (3 doses).
  - ▶ If unable to establish an IV, administer ATROPINE SULFATE 1-2 mg diluted in 10 mL NORMAL SALINE by endotracheal tube. Repeat every 3-5 minutes if asystole persists, to a maximum of 6.0 mg.
9. **Transport the patient without delay to nearest appropriate Hospital Emergency Facility.**
10. **Contact Medical Control.**
11. **With authorization from Medical Control, consider administration of GLUCAGON if beta-blocker overdose is suspected.**
12. **EMT-Ps, or EMT-Cs with authorization from Medical Control, may consider administration of CALCIUM CHLORIDE, 1g IV, if hyperkalemia or calcium channel blocker overdose are suspected.**
13. **Document all incident information by completing the *RI EMS Ambulance Run Report*.**

## 2.3 Bradycardia (Adult, Symptomatic) [ALS]

For pediatric patients < 16 years of age, follow *Bradycardia (Pediatric)* protocol.



### RECOGNITION

- ✓ Ventricular rate <60 per minute in a suspected cardiac patient, with any of the following: chest pain; dyspnea; decreased level of consciousness; hypotension; shock; ventricular escape beats; or congestive heart failure (CHF).

### ASSESSMENT AND INITIAL TREATMENT

1. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
2. Loosen tight clothing and allow the patient to choose a comfortable position unless hypotensive (hypotensive patients should be supine.)
3. Administer OXYGEN with the highest-concentration device tolerated.

### SPECIFIC INTERVENTIONS

4. Place the patient on a cardiac monitor.
  - ▶ Observe and record the initial ECG rhythm and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
5. Start at least one IV of NORMAL SALINE or LACTATED RINGER'S solution to run at KVO rate (~20 mL/hour).
  - ▶ If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
6. Administer ATROPINE SULFATE 0.5mg IV push.
  - ▶ Repeat every 3-5 minutes if symptomatic bradycardia persists, to a maximum of 3.0 mg.

- ▶ If unable to establish an IV and there is an endotracheal tube in place, administer ATROPINE SULFATE 1-2 mg diluted in 10 mL NORMAL SALINE by endotracheal tube. Repeat every 3-5 minutes if symptomatic bradycardia persists, to a maximum of 6.0 mg.
7. **Transport the patient without delay to a Hospital Emergency Facility.**
  8. **Consider transcutaneous pacing, if available.**
    - ▶ For conscious patients, consider contacting Medical Control for authorization to administer sedative and/or analgesic, following the *Pain Management and Sedation* protocol.
  9. **EMT-Ps, or EMT-Cs with authorization from Medical Control, may administer DOPAMINE HCl by IV infusion at 2-20 mcg/kg/min (400 mg in 250 mL D5W or NORMAL SALINE = 1600 mcg/mL) and titrate the rate to achieve a systolic blood pressure > 90mm Hg.**



Due to the high risk of side effects with incorrect dosage, DOPAMINE infusions should be administered by IV Infusion Pump when possible. If an IV Infusion Pump is not available, DOPAMINE may be administered by carefully monitoring the drip rate in a "micro-drip" IV administration set. Passive or gravity-controlled rate control devices (e.g., Dial-a-Flo®) are considered incapable of strict mechanical control and their use is not permitted at any time.

10. **Contact Medical Control.**
11. **With authorization from Medical Control, consider administration of GLUCAGON if beta-blocker overdose is suspected.**
12. **EMT-Ps, or EMT-Cs with authorization from Medical Control, may consider administration of CALCIUM CHLORIDE, 1g IV, if hyperkalemia or calcium channel blocker overdose are suspected.**
13. **EMT-Ps ONLY, with authorization from Medical Control, may infuse EPINEPHRINE by IV infusion at a rate of 2-10 mcg/min.**



Due to the high risk of side effects with incorrect dosage, EPINEPHRINE infusions should be administered by IV Infusion Pump when possible. If an IV Infusion Pump is not available, EPINEPHRINE may be administered by carefully monitoring the drip rate in a "micro-drip" IV administration set. Passive or gravity-controlled rate control devices (e.g., Dial-a-Flo®) are considered incapable of strict mechanical control and their use is not permitted at any time.

14. **Document all incident information by completing the *RI EMS Ambulance Run Report*.**

## 2.4 Bradycardia (Pediatric)

For adult patients  $\geq 16$  years of age, follow *Bradycardia (Adult, Symptomatic)* protocol.



### RECOGNITION

- ✓ A slow ventricular rate (as shown in the following table) accompanied by any of the following: chest pain; respiratory distress; decreased level of consciousness; hypotension; shock; CHF.



**NOTE:** Pediatric bradycardia is usually due to hypoxemia.

**TABLE 1: Abnormal Vital Signs**

Age	Respiratory Rate		Heart Rate		Sys. BP
	<i>Too Slow</i>	<i>Too Fast</i>	<i>Too Slow</i>	<i>Too Fast</i>	<i>Too Low</i>
Newborn (birth – 1 month)	<30	>80	<100	>200	<40
Infant (1 month – 1 yr)	<20	>70	<80	>180	<60
Preschool (1-6 years)	<16	>40	<70	>160	<75
School Age (6-12 years)	<12	>30	<60	>140	<85
Adolescent (12 – 16 years)	<10	>24	<60	>120	<90
Note: Absent radial pulse indicates hypotension					

### TREATMENT

1. For newborn infants, refer to the *Newborn Resuscitation* protocol.
2. Perform an initial assessment, the following:
  - Level of consciousness/responsiveness, airway maintenance;

- Respiratory rate and effort, skin/mucous membrane color;
  - Heart rate, distal pulses, temperature, capillary refill, BP.
3. **If there is evidence of shock, follow the *Shock* protocol.**
  4. **Administer OXYGEN with the highest-concentration device tolerated.**
    - ▶ Children with impaired consciousness, cyanosis, or signs of shock require assisted ventilations with high-concentration OXYGEN and airway adjuncts.
    - ▶ Consider advanced airway management, as indicated in the *Airway Management and Respiratory Support* protocol.
    - ▶ Whenever possible, use high-concentration oxygen to ventilate the patient at the appropriate rate shown in *Table 2*.

TABLE 2: Approximate Normal Respiratory Rates

Age	Breaths/Minute
Newborn (birth – 1 month)	< 55
Infant (1 month – 1 yr)	< 45
Preschool (1-6 years)	< 25
School Age (6-12 years)	< 20
Adolescent (12 – 16 years)	< 15

5. **Re-evaluate heart rate (monitor ECG, if able).**
  - ▶ If heart rate is normal (see table 1), continue assisted ventilations and/or resuscitation as needed for breathing (i.e., BVM ventilations or supplemental OXYGEN).
  - ▶ If heart rate is abnormally slow (see table 1) and there is evidence of shock despite supplemental oxygenation and ventilation, perform chest compressions at the rate recommended by American Heart Association guidelines, continue CPR until spontaneous heart rate is normal.
6. **Monitor patient's oxygen saturation, if pulse oximeter is available.**

**ALS PERSONNEL**

7. **Place the patient on a cardiac monitor.**
  - ▶ Observe and record the initial ECG rhythm and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
8. **Start at least one IV of NORMAL SALINE or LACTATED RINGER'S solution to run at KVO rate (~20 mL/hour).**
  - ▶ If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.





**Prior to administration of any medication to a patient with an intracranial shunt, contact Medical Control.**

9. **Administer EPINEPHRINE as indicated on Pediatric Dosing device, and repeat every 3-5 minutes as necessary:**
  - ▶ **IV push dose:** EPINEPHRINE 1:10,000 0.01 mg/kg (0.1 mL/kg)
  - ▶ **Endotracheal dose:** EPINEPHRINE 1:1,000 0.1 mg/kg (0.1 mL/kg)
10. **If bradycardia continues, consider ATROPINE SULFATE, as indicated on Pediatric Dosing device, to treat increased vagal tone:**
  - ▶ **IV push dose:** ATROPINE SULFATE 0.02 mg/kg (0.02 mL/kg); may repeat once in 5 minutes if necessary. Minimum dose: 0.1 mg; maximum dose: 1.0 mg (child) or 2.0 mg (adolescent).
  - ▶ **Endotracheal dose:** ATROPINE SULFATE 0.05 mg/kg (0.05 mL/kg) ; may repeat once in 5 minutes if necessary. Minimum dose: 0.1 mg; maximum dose: 2.0 mg (child) or 4.0mg (adolescent).
11. **Consider transcutaneous pacing, if available.**

#### **ALL EMTs**

12. **Contact Medical Control.**
13. **Transport patient without delay to a Hospital Emergency Facility.**
14. **With authorization from Medical Control, consider administration of GLUCAGON if beta-blocker overdose is suspected.**
15. **EMT-Ps, or EMT-Cs with authorization from Medical Control, may consider administration of CALCIUM CHLORIDE, 1g IV, if hyperkalemia or calcium channel blocker overdose are suspected.**
16. **Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 2.5 Chest Pain

### RECOGNITION

- ✓ Patient may exhibit mild to severe dull, pressure-like, squeezing or crushing chest pain.
- ✓ Accompanying symptoms may include syncope, dyspnea, anxiety, diaphoresis; nausea; or vomiting.
- ✓ Pain may radiate to jaw, arms, back or neck.
- ✓ Patient may have history of prior myocardial infarction, hypertension, high cholesterol, smoking, cocaine/stimulant use, or other cardiac risk factors.
- ✓ Cardiac ischemia may cause arrhythmias. Therefore, suspect cardiac origin in any patient with an arrhythmia.
- ✓ Some patients, particularly women, diabetics, and those at extremes of age may have minimal or atypical symptoms.
- ✓ Patients with ST-elevation myocardial infarction (STEMI), particularly those with evidence of shock (but not in cardiac arrest), may benefit from early direct care at a hospital capable of Percutaneous Coronary Intervention (PCI). These hospitals are called PCI Hospitals, and are listed in the *Standard Management of All Patients* protocol.

### ASSESSMENT AND TREATMENT



For pediatric patients younger than 16 years of age, contact Medical Control for permission to administer any medication other than oxygen.

1. **Assess patient, obtain initial vital signs, place patient on cardiac monitor and frequently reassess patient's condition.**
2. **Loosen tight clothing and allow the patient to choose a comfortable position unless hypotensive (hypotensive patients should be supine.)**
3. **Administer OXYGEN with the highest-concentration device tolerated.**
4. **Adult patients: administer ASPIRIN (160-325 mg, chewable preferred) unless allergic or unable to swallow safely.**



Patients who have taken any of the following *phosphodiesterase inhibitor* medications within the last 48 hours should not receive NITROGLYCERIN: sildenafil (Viagra®), vardenafil (Levitra®), tadalafil (Cialis®).

**BLS PERSONNEL****5. Adult patients with systolic BP  $\geq 90$  mm Hg:**

- ▶ Contact Medical Control for authorization to administer NITROGLYCERIN 0.4 mg x 1 tablet or oral spray sublingually of the patient's own medication only.
  - Monitor blood pressure every 5 minutes.
  - May repeat dosage in 5-minute intervals if systolic blood pressure remains  $\geq 90$  mmHg. There is a maximum of three doses including any doses that the patient may have self-administered prior to EMS arrival.

**ALS PERSONNEL ONLY****6. Place the patient on a cardiac monitor if not already done.**

- ▶ Observe and record the initial ECG rhythm and any rhythm changes.
- ▶ Perform a 12-lead ECG, if available using standard lead placement, supine patient position if tolerated, and following ECG device manufacturer's instructions.
- ▶ If ECG interpretation suggests acute ST Elevation MI (STEMI):
  - Follow the *ST-Elevation Myocardial Infarction (STEMI)* protocol.
  - Notify the receiving hospital immediately in order to minimize time to intervention.
  - Transmit the ECG to the receiving hospital by telemetry, if available. If telemetry is not available, present the ECG to hospital staff immediately upon arrival.
  - Attach a copy of the 12-lead ECG, identified with the patient's name, patient's birthdate, date of transport, and EMS agency name, to the hospital copy of the *RI EMS Ambulance Run Report*. The original ECG, similarly identified, should be attached to the EMS Agency copy of the *RI EMS Ambulance Run Report*.

**7. Establish IV access.**

- ▶ Preferred site for IV access: avoid antecubital veins if possible.
- ▶ Administer NORMAL SALINE or LACTATED RINGER'S to run at KVO (20 mL/hr).
- ▶ If unable to establish IV access in 2 attempts, transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
- ▶ A second IV line should be established en route for patients with suspected cardiac ischemia or shock.

**8. If the patient's systolic BP drops below 90 mmHg, administer a 250 mL bolus of NORMAL SALINE or LACTATED RINGER'S unless there are signs of congestive heart failure.**

**9. Patients with systolic BP  $\geq$  90 mm Hg and IV access:**

- ▶ Administer NITROGLYCERIN 0.4 mg x 1 tablet or oral spray sublingually.
- ▶ Monitor blood pressure every 5 minutes.
- ▶ May repeat dosage at 5-minute intervals if systolic blood pressure remains  $\geq$ 90 mmHg. There is a maximum of three doses NOT including any doses that the patient may have self-administered prior to EMS arrival.
- ▶ If unable to establish an IV, EMTs may still administer NITROGLYCERIN for patients with systolic BP  $\geq$ 150 mmHg.

**10. If chest pain is unchanged, the patient is able to swallow safely, and a gastrointestinal cause is suspected, EMTs may administer MYLANTA® 30 mL, if available, by mouth after third dose of NITROGLYCERIN.****11. Treat specific dysrhythmias, following all appropriate protocols.****12. Provide pain relief, following the *Pain Management and Sedation* protocol.**

- ▶ For EMT-Ps, FENTANYL is the preferred narcotic for pain management in suspected cardiac chest pain.

**13. If the blood pressure remains below 90mmHg, contact Medical Control for authorization to administer further IV normal saline or vasopressors including DOPAMINE and/or EPINEPHRINE.****ALL EMTs****14. Transport the patient without delay to a Hospital Emergency Facility or PCI Hospital if so directed by Medical Control.****15. Document all incident information by completing the *RI EMS Ambulance Run Report*. Attach a properly identified copy of the rhythm strip or ECG to the report.**

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## 2.6 Congestive Heart Failure (Pulmonary Edema)

### RECOGNITION

- ✓ Respiratory distress without upper airway obstruction or stridor but with one or more of the following: heart rate >120 (adult), respiratory rate >30 (adult), hypoxia, jugular venous distention, rales, diaphoresis, past history of congestive heart failure

### TREATMENT

#### ALL EMTs



For pediatric patients younger than 16 years of age, contact Medical Control for permission to administer any medication other than OXYGEN.

1. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
2. Allow the patient to choose a comfortable position unless hypotensive (hypotensive patients should be supine.)
3. Administer OXYGEN with the highest-concentration device tolerated. Assist ventilation as indicated.
4. Adult patients: administer ASPIRIN (160-325 mg, chewable preferred).



Patients who have taken any of the following *phosphodiesterase inhibitor medications* within the last 48 hours should not receive NITROGLYCERIN: sildenafil (Viagra®), vardenafil (Levitra®), tadalafil (Cialis®).

#### BLS PERSONNEL

5. Contact Medical Control for authorization to perform any or all of the following:
  - ▶ Adult patients with systolic BP  $\geq$  90 mmHg: administer NITROGLYCERIN 0.4 mg (1/150 grain) sublingually, by tablet, or by oral spray, of the patient's own medication only. Monitor blood pressure every 5 minutes.
  - ▶ For patients who are wheezing, administer ALBUTEROL as indicated below:
    - **Adult Patients:** administer 2.5 mg of ALBUTEROL 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.
    - **Patients > 6 months of age:** administer 2.5 mg of ALBUTEROL 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.

- **Patients < 6 months of age:** administer 1.25 mg of ALBUTEROL 0.083% solution (or 0.25 mL 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x2 en route.

#### ALS PERSONNEL ONLY

##### 6. Place the patient on a cardiac monitor.

- ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
- ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- ▶ Perform a 12-lead ECG if available using standard lead placement, supine patient position if tolerated, and following ECG device manufacturer's instructions.
- ▶ If ECG interpretation suggests acute ST Elevation MI (STEMI), refer to the *ST-Elevation Myocardial Infarction (STEMI)* protocol.
  - Transmit the ECG to the receiving hospital by telemetry if available. If telemetry is not available, present the ECG to hospital staff immediately upon arrival.
  - Attach a copy of the 12-lead ECG, identified with the patient's name, patient's birthdate, date of transport, and EMS agency name, to the hospital copy of the *RI EMS Ambulance Run Report*. The original ECG, similarly identified, should be attached to the EMS Agency copy of the *RI EMS Ambulance Run Report*.

##### 7. Establish IV access.

- ▶ If IV fluid is administered, run at KVO rate (~20 ml/hour).
- ▶ If unable to establish IV in 2 attempts or 5 minutes, transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.

##### 8. Adult patients with systolic BP $\geq$ 90 mmHg: administer NITROGLYCERIN 0.4 mg (1/150 grain) sublingually, by tablet or by oral spray. Repeat every 5 minutes, for as long as patient has respiratory distress and systolic blood pressure $\geq$ 90 mmHg, up to a maximum of three doses NOT including any doses that the patient may have self-administered prior to EMS arrival. Monitor blood pressure every 5 minutes.

- ▶ If unable to establish an IV, EMTs may still administer NITROGLYCERIN for patient with systolic BP  $\geq$  150 mmHg.
- ▶ **Adult patients with systolic BP  $\geq$  90 mmHg:** administer NITROGLYCERINE PASTE, 1-2 inches to skin. Remove NITROGLYCERINE PASTE if blood pressure decreases below 90 mmHg systolic.
- ▶ **EMT-Ps ONLY, for adult patients with systolic BP  $\geq$  90mmHg,** may administer NITROGLYCERINE intravenously. Begin infusion USING AN IV INFUSION PUMP at a rate of 10 mcg/min and increase rate by 10 mcg/min every 5 minutes as long as the patient has respiratory distress and systolic blood pressure remains  $\geq$  90mmHg, or to a maximum rate of 300 mcg/min.



Due to the high risk of side effects with incorrect dosage, NITROGLYCERINE infusions may only be administered by IV Infusion Pump.



- ▶ **EMT-Cs and EMT-Ps with specific training only:** consider use of an approved ventilation device (CPAP, BiPAP, etc).
9. **For patients who are wheezing and have a history of COPD/asthma, consider administration of IPRATROPIUM (ATROVENT®) and/or ALBUTEROL as indicated below:**
- ▶ Administer IPRATROPIUM (ATROVENT®) as follows:
    - **All Patients:** Administer 500mcg/2.5 ml of IPRATROPIUM (ATROVENT®) solution by nebulizer over 5 to 15 minutes. Administer one dose of IPRATROPIUM only. IPRATROPIUM may be combined with ALBUTEROL (DUONEB®).
  - ▶ Administer ALBUTEROL as follows:
    - **Adult Patients:** administer 2.5 mg of ALBUTEROL 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x2 en route.
    - **Patients > 6 months of age:** administer 2.5 mg of ALBUTEROL 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x2 en route.
    - **Patients < 6 months of age:** administer 1.25 mg of ALBUTEROL 0.083% solution (or 0.25 mL of 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x2 en route.
10. **Treat specific dysrhythmias following all appropriate protocols.**
11. **Contact Medical Control for permission to perform the following:**



Authorization from Medical Control is required for administration of pain management and sedation medications for any purpose other than pain management (e.g. for sedation or treatment of CHF) unless specifically authorized by protocol (e.g. *Seizures, Major Incident*).

- ▶ For patients exhibiting significant respiratory distress, administer or MORPHINE SULFATE, following the *Pain Management and Sedation* protocol. FENTANYL is not recommended for treatment of CHF.
- ▶ For patients exhibiting signs of shock, consider administration of DOPAMINE and IV bolus of NORMAL SALINE or LACTATED RINGER'S solution as directed by Medical Control.
- ▶ For patients who routinely take oral FUROSEMIDE, administration of the patient's daily dose IV if not already taken orally, up to a maximum of 80mg.

## ALL EMTs

12. **Transport the patient without delay to a Hospital Emergency Facility.**
13. **Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 2.7 Pulseless Electrical Activity (PEA) [ALS]

### RECOGNITION

- ✓ Unresponsive, apneic, pulseless patient with electrical activity other than ventricular fibrillation (VF) or ventricular tachycardia (VT).



**NOTE:** Causes of PEA include: acidosis; cardiac tamponade; hypothermia; hypovolemia; hypoxia; myocardial infarction; overdose; pulmonary embolus; shock; and tension pneumothorax.

### ASSESSMENT AND TREATMENT

1. **Begin Basic Life Support (BLS) CPR using the current sequence of the American Heart Association.**



DO NOT INTERRUPT CPR FOR MORE THAN 5 SECONDS EXCEPT FOR A MAXIMUM OF 30 SECONDS TO DEFIBRILLATE, MOVE THE PATIENT OR PERFORM ADVANCED AIRWAY TECHNIQUES WHEN INDICATED. IF SAFE PATIENT TRANSPORT WILL CAUSE DELAYS, PERFORM ALS INTERVENTIONS PRIOR TO PATIENT MOVEMENT IF POSSIBLE.

2. **Check the pulse. Follow the *Pulseless Electrical Activity (PEA)* protocol only if the pulse is absent.**
3. **Place the patient on a cardiac monitor.**
  - ▶ Observe and record the initial ECG rhythm and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
4. **Start at least one IV of NORMAL SALINE or LACTATED RINGER'S solution.**
  - ▶ For cardiac arrest NOT caused by hypovolemia, run at KVO rate (~20 mL/hour).
  - ▶ If hypovolemia is suspected:
    - **Adult patients:** administer 500ml NORMAL SALINE or LACTATED RINGER'S solution to run at wide-open rate.
    - **Pediatric patients < 5 feet tall (<35 kg/ 75 lbs.):** administer boluses of 20 ml/kg by rapid IV push. Assess and re-bolus if indicated.
  - ▶ If unable to establish an IV in 2 attempts or 5 minutes, continue CPR and transport the patient to the nearest appropriate Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
5. **Consider advanced airway management as indicated in the *Airway Management and Respiratory Support* protocol.**

**6. Administer EPINEPHRINE.**

- ▶ **Adult patients:** administer EPINEPHRINE 1:10,000 1.0 mg IV push. Repeat every 3-5 minutes if PEA persists.
  - If unable to establish an IV, administer EPINEPHRINE 1:1,000 2.0-2.5 mg diluted in 10 mL NORMAL SALINE by endotracheal tube. Repeat every 3-5 minutes if PEA persists.
- ▶ **Pediatric patients <5 feet tall (<35 kg/75lbs):** administer EPINEPHRINE 1:10,000 0.01 mg/kg (0.1 mL/kg) as indicated on Pediatric Dosing device, and repeat every 3-5 minutes as necessary:
  - If unable to establish an IV, administer EPINEPHRINE 1:1,000 0.1 mg/kg (0.1 mL/kg), diluted in 3-5 mL NORMAL SALINE by endotracheal tube. Repeat every 3-5 minutes if PEA persists.

**7. If PEA involves a bradycardic rhythm, administer ATROPINE SULFATE as indicated below:**

- ▶ Adult patients: administer ATROPINE SULFATE 1.0 mg IV push. Repeat every 3-5 minutes if PEA with slow ventricular rate persists, to a maximum of 3.0 mg.
- ▶ If unable to establish an IV, administer ATROPINE SULFATE 1-2 mg diluted in 10 mL NORMAL SALINE by endotracheal tube. Repeat every 3-5 minutes if PEA with slow ventricular rate persists, to a maximum of 6.0 mg.

**8. If ventricular fibrillation occurs, follow *Ventricular Fibrillation* protocol.****9. EMT-Ps ONLY: If PEA persists, may perform pleural decompression.****10. Transport the patient without delay to the nearest appropriate Hospital Emergency Facility.****11. Contact Medical Control.**

- ▶ For certain conditions, Medical Control may authorize administration of SODIUM BICARBONATE 1 mEq/kg IV push, followed by 0.5 mEq/kg IV push every 10 minutes.
- ▶ With authorization from Medical Control, consider administration of GLUCAGON if beta-blocker overdose is suspected.
- ▶ EMT-Ps, or EMT-Cs with authorization from Medical Control, may consider administration of CALCIUM CHLORIDE, 1g IV, if hyperkalemia or calcium channel blocker overdose are suspected.

**12. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

## 2.8 ST-Elevation Myocardial Infarction (STEMI)

### RECOGNITION

- ✓ Patients with any acute symptoms consistent with STEMI and an ECG consistent with STEMI. This may be either an ECG with 2mm or greater ST elevation in 2 or more anatomically contiguous leads or an ECG documenting new onset left bundle branch block (LBBB). The latter situation may occur in patients evaluated at a healthcare facility or who carry an ECG copy with them.
- ✓ Patients may have been resuscitated from an arrhythmia (VF, VT, Bradycardia) and have an ECG consistent with STEMI.
- ✓ There may sometimes be laboratory confirmation of acute myocardial infarction (MI) and these patients may be treated according to the STEMI protocol as well. ST elevation may also occur in other conditions, such as pericarditis, myocarditis, and chronic cardiac disease.



Patients with STEMI, particularly those with evidence for shock (but not in cardiac arrest) may benefit from early, direct care at a hospital capable of Percutaneous Coronary Intervention (PCI). These hospitals are called PCI Hospitals, and are listed in the *Standard Management of All Patients* protocol.

### TREATMENT

#### ALL EMTs

1. **Assess patient, obtain initial vital signs, and frequently reassess patient's condition.**
2. **Provide airway management if indicated.**
3. **Administer OXYGEN with the highest concentration device tolerated.**
4. **Administer ASPIRIN (160-325mg, chewable preferred) unless allergic or unable to swallow safely.**

#### ALS PERSONNEL

5. **Place the patient on a cardiac monitor if not already done.**
6. **Observe and record the initial ECG rhythm and any rhythm changes.**
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
  - ▶ Interpret a recent 12-lead ECG, preferably performed using standard lead placement, supine patient position if tolerated, and following ECG device manufacturer's instructions.
  - ▶ If ECG interpretation suggests acute ST Elevation MI (STEMI), contact Medical Control at the closest PCI Hospital to discuss permission to proceed directly to a PCI Hospital.
  - ▶ Notify the receiving hospital immediately in order to minimize time to intervention.

- ▶ Transmit the ECG to the receiving hospital by telemetry if available. If telemetry is not available, present the ECG to hospital staff immediately upon arrival.
- ▶ Attach a copy of the 12-lead ECG, identified with the patient's name, patient's birthdate, date of transport, and EMS agency name, to the hospital copy of the *RI EMS Ambulance Run Report*. The original ECG, similarly identified, should be attached to the EMS Agency copy of the *RI EMS Ambulance Run Report*.



Contact Medical Control at the closest PCI Hospital, if available. If a PCI Hospital is within a 30 minute transport radius of the patient, it should be the preferred receiving hospital for patients with suspected STEMI.

#### 7. Establish IV access.

- ▶ Administer NORMAL SALINE or LACTATED RINGER'S to run at KVO (20 mL/hr).
- ▶ Preferred site for IV access: avoid antecubital veins if possible.
- ▶ If unable to establish IV access in 2 attempts or 5 minutes, transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
- ▶ A second IV line should be established en route for patients with suspected STEMI.
- ▶ If the patient's systolic BP drops below 90 mmHg and there are no signs of congestive heart failure, administer a 250 mL bolus of NORMAL SALINE or LACTATED RINGER'S.

#### 8. Patients with systolic BP $\geq 90$ mm Hg and IV access: administer NITROGLYCERIN 0.4 mg x 1 tablet or oral spray sublingually.

- ▶ Monitor blood pressure every 5 minutes.
- ▶ May repeat dosage in 5 minute intervals if systolic blood pressure remains  $>90$  mmHg. There is a maximum of three doses NOT including any doses that the patient may have self-administered prior to EMS arrival.



If the ECG suggests inferior, posterior, or right-sided STEMI, administer NITROGLYCERIN carefully as it may cause significant decrease in blood pressure, and administer NORMAL SALINE or LACTATED RINGER'S as indicated for hypotension.



Patients who have taken any of the following *phosphodiesterase inhibitor medications* within the last 48 hours should not receive NITROGLYCERIN: Sildenafil (Viagra), Vardenafil (Levitra), tadalafil (Cialis).

- ▶ If unable to establish an IV, EMTs may still administer NITROGLYCERIN for patients with systolic BP  $>150$  mmHg.

#### 9. Treat specific dysrhythmias and other conditions following all appropriate protocols.

10. Provide pain relief, following the *Pain Management and Sedation* protocol.
  - ▶ For EMT-Ps, FENTANYL is the preferred narcotic for pain management in suspected cardiac chest pain.
11. If the blood pressure remains below 90mmHg, contact Medical Control for authorization to administer further IV normal saline or vasopressors including DOPAMINE and/or EPINEPHRINE.

**ALL EMTs**

12. Transport the patient without delay to a Hospital Emergency Facility or PCI Hospital if so directed by Medical Control. Follow the destination plan outlined in the *Standard Management of All Patients* protocol.
13. Document all incident information by completing the *RI EMS Ambulance Run Report*. Attach properly identified copy of rhythm strip or ECG to run report .

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## 2.9 Supraventricular Tachycardia (SVT) [ALS]

**Adult Patient, Conscious with Stable Vital Signs**

**For pediatric patients < 16 years of age, follow SVT (Pediatric) – Stable protocol**

### RECOGNITION

- ✓ Conscious patient with heart rate of 140-220 beats per minute; QRS width <0.12 seconds.



NOTE: If the QRS width >0.12 seconds, consider ventricular tachycardia (VT).

### TREATMENT

1. **Assess patient, obtain initial vital signs, and frequently reassess patient's condition.**
2. **Loosen tight clothing and allow the patient to choose a comfortable position unless hypotensive (hypotensive patients should be supine).**
3. **Administer OXYGEN with the highest-concentration device tolerated.**
4. **Place the patient on a cardiac monitor.**
  - ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
5. **Encourage the patient to perform vagal maneuvers (e.g., bearing down, etc.)**
6. **Establish IV access.**
  - ▶ Start at least one IV of NORMAL SALINE or LACTATED RINGER'S solution to run at KVO rate (~20 mL/hour).
  - ▶ If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
7. **Administer ADENOSINE (Adenocard®) as indicated below:**



ADENOSINE should not be given to patients taking dipyridole (Persantine®, Aggrenox®), or patients who have had a heart transplant as the effects may be prolonged and unpredictable.

- ▶ Administer ADENOSINE 6 mg, rapid IV push (over 1-3 seconds), followed by rapid flush with 20 mL NORMAL SALINE or LACTATED RINGER'S solution.
  - If atrial fibrillation or atrial flutter is confirmed, EMT-Ps ONLY may skip administration of ADENOSINE and proceed directly to administering DILTIAZEM or VERAPAMIL as described below.

- ▶ If 6 mg dose does not convert rhythm within 1-2 minutes, administer ADENOSINE 12 mg, rapid IV push (over 1-3 seconds), followed by rapid flush with 20 mL NORMAL SALINE or LACTATED RINGER'S solution. If 12 mg dose does not convert rhythm, repeat once in 1-2 minutes.

**8. Contact Medical Control.**

**9. EMT-Cs with authorization from Medical Control, or EMT-Ps may perform the following:**

- ▶ Administer DILTIAZEM 10-20 mg IV over 2 minutes if the ADENOSINE did not convert rhythm and the patient does not have CHF or significant ventricular dysfunction. If this does not slow or convert rhythm within 15 minutes, repeat DILTIAZEM 10-20 mg IV over 2 minutes.
  - If, following dose of DILTIAZEM the patient's systolic blood pressure drops below 100mmHg, administer CALCIUM CHLORIDE 500 mg IV over 1-2 minutes.

**10. With authorization from Medical Control, EMT-Ps ONLY may perform the following:**

- ▶ Administer VERAPAMIL HCL (Calan®, Isoptin®) 2.5-5.0 mg IV over 1-2 minutes if the ADENOSINE did not convert rhythm and the patient does not have CHF or significant ventricular dysfunction. If this dose does not convert rhythm within 15 minutes, repeat VERAPAMIL HCL 2.5-5.0 mg IV over 1-2 minutes.
  - If, following dose of VERAPAMIL the patient's systolic blood pressure drops below 100mmHg, administer CALCIUM CHLORIDE 500 mg IV over 1-2 minutes.
- ▶ If SVT continues following dose of VERAPAMIL HCL or DILTIAZEM, Medical Control may authorize administration of AMIODARONE 150 mg IV over 10 minutes. (Use caution if patient has history of CHF or ventricular dysfunction).
  - Administer AMIODARONE by IV Infusion Pump at a rate as directed by Medical Control (typically 1-15 mg/min. Faster rates are associated with a higher risk of hypotension).



Due to the high risk of side effects with incorrect dosage, AMIODARONE infusions may only be administered by IV Infusion Pump. AMIODARONE must be mixed with D5W and should be administered using a "PVC-free" bag and tubing (if available) and run as an isolated IV (not piggybacked into NORMAL SALINE or LACTATED RINGER'S solution).

**11. Transport the patient without delay to the nearest appropriate Hospital Emergency Facility.**

**12. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

## 2.10 Supraventricular Tachycardia (SVT) [ALS]

**Adult Patient, Unconscious or with Unstable Vital Signs**

**For pediatric patients < 16 years of age, follow SVT (*Pediatric*) – Unstable protocol**

### RECOGNITION

- ✓ Patient with heart rate of 140-220 beats per minute and QRS width <0.12 seconds.



NOTE: If the QRS width >0.12 seconds, consider ventricular tachycardia (VT).

### TREATMENT

1. **Assess patient, obtain initial vital signs, and frequently reassess patient's condition.**
2. **Administer OXYGEN with the highest-concentration device tolerated.**
3. **Place the patient on a cardiac monitor.**
  - ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
4. **Attempt to cardiovert the patient, as indicated below:**
  - ▶ For conscious patients, consider contacting Medical Control for authorization to administer sedative and/or analgesic, following the *Pain Management and Sedation* protocol.
  - ▶ Record initial ECG rhythm and attempted cardioversions; attach copies of the rhythm strips to the hospital copy of the *RI EMS Ambulance Run Report*, as part of required documentation.
  - ▶ Attempt synchronized cardioversion at 50 joules or manufacturer's biphasic setting.
  - ▶ If unsuccessful, may repeat at increasing energy levels: 100 joules, 200 joules, 300 joules, 360 joules (or maximum energy) or manufacturer's biphasic setting.
5. **Establish IV access.**
  - ▶ Start at least one IV of NORMAL SALINE or LACTATED RINGER'S solution to run at KVO rate (~20 mL/hour).
  - ▶ If unable to establish an IV in 2 attempts or 5 minutes transport the patient to nearest appropriate Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
6. **Administer ADENOSINE (Adenocard®) as indicated below:**
  - ▶ Administer ADENOSINE 12 mg, rapid IV push (over 1-3 seconds), followed by rapid flush with 20mL NORMAL SALINE or LACTATED RINGER'S solution.

- ▶ If 12 mg dose does not convert rhythm within 1-2 minutes, repeat ADENOSINE 12 mg, rapid IV push (over 1-3 seconds), followed by rapid flush with 20 mL NORMAL SALINE or LACTATED RINGER'S solution.



ADENOSINE should not be given to patients taking dipyridole (Persantine®, Aggrenox®), or patients who have had a heart transplant as the effects may be prolonged and unpredictable.

**7. Contact Medical Control.**

**8. EMT-Cs with authorization from Medical Control, or EMT-Ps may perform the following:**

- ▶ Administer DILTIAZEM 10-20 mg IV over 2 minutes if the ADENOSINE did not convert rhythm and the patient does not have CHF or significant ventricular dysfunction. If this does not slow or convert rhythm within 15 minutes, repeat DILTIAZEM 10-20 mg IV over 2 minutes.
  - If, following dose of DILTIAZEM the patient's systolic blood pressure drops below 100mmHg, administer CALCIUM CHLORIDE 500 mg IV over 1-2 minutes.

**9. With authorization from Medical Control, EMT-Ps ONLY may perform the following:**

- ▶ Administer VERAPAMIL HCL 2.5-5.0 mg IV over 1-2 minutes. If this dose does not slow or convert rhythm within 15 minutes, repeat VERAPAMIL HCL 2.5-5.0 mg IV over 1-2 minutes.
  - If, following dose of VERAPAMIL HCL, the patient's systolic blood pressure drops below 100mmHg, administer CALCIUM CHLORIDE 500mg IV over 1-2 minutes.
- ▶ If SVT continues following dose of VERAPAMIL HCL or DILTIAZEM, Medical Control may authorize administration of AMIODARONE 150 mg IV over 10 minutes. (Use caution if patient has history of CHF or ventricular dysfunction).
  - Administer AMIODARONE by IV Infusion Pump at a rate as directed by Medical Control (typically 1-15 mg/min. Faster rates are associated with a higher risk of hypotension).



Due to the high risk of side effects with incorrect dosage, AMIODARONE infusions may only be administered by IV Infusion Pump. AMIODARONE must be mixed with D5W and should be administered using a "PVC-free" bag and tubing (if available) and run as an isolated IV (not piggybacked into NORMAL SALINE or LACTATED RINGER'S solution).

**10. Transport the patient without delay to the nearest appropriate Hospital Emergency Facility.**

**11. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

## 2.11 Supraventricular Tachycardia (SVT) [ALS]

Pediatric patient, stable, without impaired consciousness, respiratory distress, or shock



### RECOGNITION

✓ **Clinical indicators:**

- **Infant:** Poor feeding, diaphoresis, irritability
- **Child:** Rapid heart rate, fatigue, exercise intolerance

✓ **ECG recognition:**

- If narrow complex tachycardia with regular and consistent rate  $>230$ /minute, suspect SVT.
- If narrow complex tachycardia with varied rate  $<200$  minute, suspect sinus tachycardia, and evaluate carefully for evidence of hypovolemic shock.

### TREATMENT

**1. Assess the patient, including:**

- ▶ Level of consciousness/responsiveness, airway maintenance;
- ▶ Respiratory rate and effort, skin/mucous membrane color;
- ▶ Heart rate, distal pulses, temperature, capillary refill, blood pressure.

**2. Administer OXYGEN with the highest-concentration device tolerated.**

**3. Place the patient on a cardiac monitor.**

- ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
- ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

**4. As appropriate given patient age, encourage the patient to perform vagal maneuvers (e.g., bearing down or blowing through a small straw).**

- ▶ **In infants and children  $<8$  years old:** apply ice or ice water to the patient's face without occluding the airway for 30 seconds to 1 minute.

**5. If SVT persists, establish IV access.**

- ▶ Start at least one IV of NORMAL SALINE or LACTATED RINGER'S solution to run at KVO rate (~20mL/hour).
- ▶ If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.

**6. Contact Medical Control, for authorization to administer ADENOSINE.**

ADENOSINE should not be given to patients taking Persantine® or Aggrenox®, or patients who have had a heart transplant as the effects may be prolonged and unpredictable.

- ▶ Administer ADENOSINE (Adenocard®) 0.2 mg/kg (maximum first dose: 12 mg), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of NORMAL SALINE or LACTATED RINGER'S solution.
  - ▶ If the initial dose does not convert rhythm in 1-2 minutes, administer ADENOSINE (Adenocard®) 0.2 mg/kg (maximum dose 12 mg.), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of NORMAL SALINE or LACTATED RINGER'S solution.
- 7. If there is evidence of shock, follow the *SVT-Unstable (Pediatric)* and/or *Shock* protocol.**
- 8. Transport the patient without delay to a Hospital Emergency Facility.**
- 9. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

## 2.12 Supraventricular Tachycardia (SVT) [ALS]

Pediatric patient, unconscious or with unstable vital signs



### RECOGNITION

✓ **Clinical Indicators:**

- **Infant:** Poor feeding, diaphoresis, irritability, respiratory distress, impaired consciousness, CHF, or evidence of shock;
- **Child:** Rapid heart rate, fatigue, exercise intolerance, impaired consciousness, syncope, respiratory distress, CHF, or evidence of shock.

✓ **ECG Recognition:**

- If narrow complex tachycardia with regular and consistent rate  $>230$ /minute, suspect SVT.
- If narrow complex tachycardia with varied rate  $<200$ /minute, suspect sinus tachycardia, and evaluate carefully for evidence of hypovolemic shock.

### TREATMENT

1. **Perform a rapid assessment to include the following:**

- ▶ Level of consciousness/responsiveness, airway maintenance;
- ▶ Respiratory rate and effort, skin/mucous membrane color;
- ▶ Heart rate, distal pulses, temperature, capillary refill, blood pressure.


2. **Administer OXYGEN with the highest-concentration device tolerated.**

- ▶ Children with impaired consciousness, cyanosis, respiratory distress, or evidence of shock require assisted ventilations with high-concentration OXYGEN and airway adjuncts.
- ▶ **EMT-Ps ONLY:** consider advanced airway management, as indicated in the *Airway Management and Respiratory Support* protocol.


3. **Place the patient on a cardiac monitor.**

- ▶ Observe and record the initial ECG rhythm, and any rhythm changes.

- ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 4. **Attempt synchronized cardioversion at 0.5 to 1 joule/kg or at manufacturer's biphasic setting. If unsuccessful, may repeat at 2 joule/kg or at manufacturer's biphasic setting.**
  - ▶ For patients who are conscious, consider contacting Medical Control for authorization to administer sedative and/or analgesic, following the *Pain Management and Sedation* protocol.
  - ▶ Record ECG during attempted cardioversions, and attach copies of the rhythm strips to the hospital copy of the *RI EMS Ambulance Run Report*, as part of required documentation.
- 5. **Establish IV access.**
  - ▶ Start at least one IV of NORMAL SALINE or LACTATED RINGER'S solution to run at KVO rate (~20 mL/hour).
  - ▶ If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to the nearest appropriate Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
- 6. **If there is evidence of shock, follow the *Shock* protocol.**
- 7. **Contact Medical Control, for authorization to administer ADENOSINE.**
  - ▶ Administer ADENOSINE (Adenocard®) 0.2 mg/kg (maximum first dose 12 mg), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of NORMAL SALINE or LACTATED RINGER'S solution.
  - ▶ If initial dose does not convert rhythm within 1-2 minutes, administer ADENOSINE 0.2 mg/kg (maximum dose 12 mg), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of NORMAL SALINE or LACTATED RINGER'S solution.

 ADENOSINE should not be given to patients taking Persantine® or Aggrenox®, or patients who have had a heart transplant as the effects may be prolonged and unpredictable.

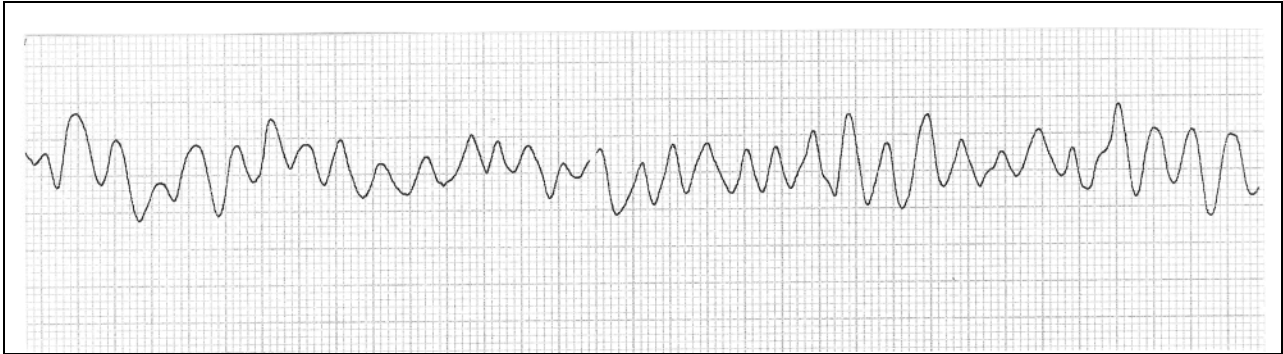
  - ▶ **EMT-Ps ONLY** may administer AMIODARONE at 5 mg/kg by IV Infusion Pump, slowly (over 20-60 minutes). Give more slowly if a perfusing rhythm is present. Faster rates are associated with a higher risk of hypotension.

 Due to the high risk of side effects with incorrect dosage, AMIODARONE infusions may only be administered by IV Infusion Pump. AMIODARONE must be mixed with D5W and should be administered using a "PVC-free" bag and tubing (if available) and run as an isolated IV (not piggybacked into NORMAL SALINE or LACTATED RINGER'S solution.)
- 8. **Transport the patient without delay to the nearest appropriate Hospital Emergency Facility.**
- 9. **Document all incident information by completing the *RI EMS Ambulance Run Report*.**

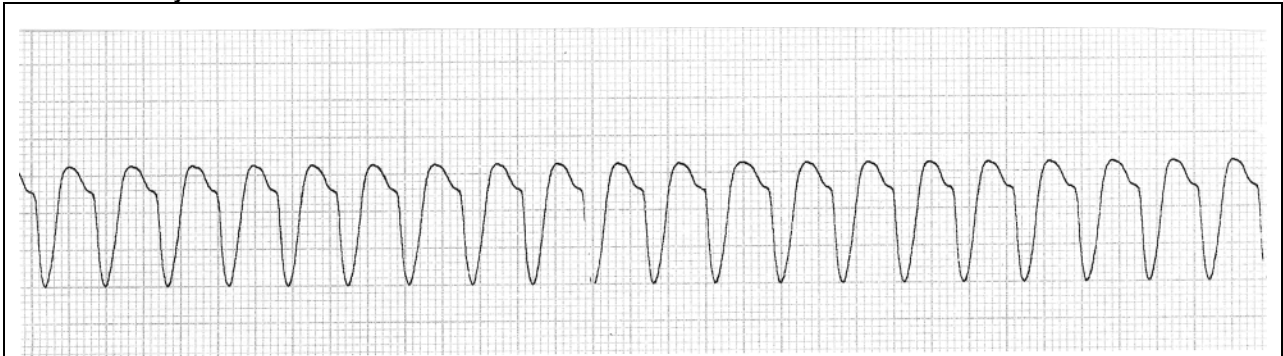


## 2.13 Ventricular Fibrillation (VF) and Pulseless Ventricular Tachycardia (VT) [ALS]

Ventricular Fibrillation



Ventricular Tachycardia



### RECOGNITION

- ✓ Unconscious, pulseless patient with ventricular fibrillation (VF) or ventricular tachycardia (VT) on ECG and where the cardiac arrest may be witnessed or unwitnessed.
  - **EMS Witnessed Arrest:** In keeping with the time-to-defibrillation focus of the 2005 AHA Guidelines, a "Witnessed Cardiac Arrest" is one where the patient's collapse and pulselessness occur in the presence of the EMT and a defibrillator shock can be delivered within 30 seconds.
  - **Unwitnessed Arrest:** Other cardiac arrest situations where a defibrillator shock cannot be delivered within 30 seconds.

### TREATMENT

#### 1. Check the pulse



Follow the *Ventricular Fibrillation/Pulseless Ventricular Tachycardia* protocol only if the pulse is absent. If at any time the patient shows signs of recovery and there is a return of pulse, follow all appropriate protocols.

2. **If Unwitnessed Cardiac Arrest, begin CPR using the current sequence recommended by the American Heart Association and deliver about 5 cycles or 2 minutes of CPR while obtaining and preparing defibrillator.**
  - ▶ Continue cycles of CPR/defibrillation according to AHA guidelines.
  - ▶ If Witnessed Cardiac Arrest, proceed to immediate defibrillation.
3. **Confirm VF/VT on monitor/defibrillator.**
  - ▶ Immediately apply “quick-look” paddles or “hands-free” electrodes. Use adult standard paddles/pads for all patients > 1 year old (10 kg.) and ensure adequate spacing (>3cm.) between paddles/pads. Use infant paddles/pads on patients < 1 year old. Anterior/posterior placement where possible is preferred.
  - ▶ Identify VF or VT. Changing the location of the electrodes may reveal VF that first appears to be asystole.
  - ▶ Record initial ECG rhythm and attempted defibrillations; attach copies of the rhythm strips to the hospital copy of the *RI EMS Ambulance Run Report*, as part of required documentation.
4. **Attempt to defibrillate.**
  - ▶ **Adult patients:** Check pulse and identify rhythm. If VF/VT persists, defibrillate at 360 joules monophasic or manufacturer’s biphasic setting.
  - ▶ **Pediatric patients:** defibrillate as indicated below. Use Pediatric Dosing Device to determine patient weight in kg. Check pulse and identify rhythm.
    - If VF/VT persists, defibrillate at 2 joules/kg (~ 1 joule/ lb) monophasic or manufacturer’s biphasic setting.
    - All subsequent defibrillations to be at 4 joules/kg (~ 2 joules/lb) monophasic or manufacturer’s biphasic setting.
5. **Immediately resume CPR and perform any additional defibrillations per current AHA guidelines.**
6. **Check rhythm after performance of cycles of defibrillation and CPR according to AHA guidelines.**
  - ▶ If VF/VT is converted to another perfusing rhythm check pulse, reassess the patient, and follow all appropriate protocols.
  - ▶ If VF/VT persists, continue treatment as indicated below.
7. **Begin or continue CPR sequence following current AHA guidelines.**



DO NOT INTERRUPT CPR FOR MORE THAN 5 SECONDS EXCEPT FOR A MAXIMUM OF 30 SECONDS TO DEFIBRILLATE, MOVE THE PATIENT OR PERFORM ADVANCED AIRWAY TECHNIQUES WHEN INDICATED. IF SAFE PATIENT TRANSPORT WILL CAUSE DELAYS, PERFORM ALS INTERVENTIONS PRIOR TO PATIENT MOVEMENT IF POSSIBLE.

8. **Place the patient on a cardiac monitor, if not previously done.**
  - ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

**9. Establish at least one IV of NORMAL SALINE or LACTATED RINGER'S solution to run at KVO rate.**

- ▶ Administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (~20 mL/hour).
- ▶ If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to the nearest appropriate Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
- ▶ If unable to establish an IV and patient movement/transport will require CPR interruption, perform ALS interventions prior to patient movement. If patient movement/ transport will not interrupt CPR, perform ALS interventions during patient transport.

**10. Consider an advanced airway as indicated in the *Airway Management and Respiratory Support* protocol.**

- ▶ Whenever possible, ventilate the patient using high-concentration oxygen.

**11. Administer EPINEPHRINE as indicated below**

- ▶ **Adult patients:** Administer EPINEPHRINE 1:10,000 1.0 mg IV push. Repeat every 3-5 minutes if VF/pulseless VT persists.
  - If unable to establish an IV administer EPINEPHRINE 1:1,000 2.0-2.5 mg diluted in 10 mL NORMAL SALINE by endotracheal tube. Repeat every 3-5 minutes if VF/pulseless VT persists.
- ▶ **Pediatric patients:** Administer EPINEPHRINE 1:10,000 0.01 mg/kg (0.1 mL/kg) IV push and repeat every 3-5 minutes as necessary (use Pediatric Dosing device to determine patient weight in kg).
  - If unable to establish an IV, administer EPINEPHRINE 1:1,000 0.1 mg/kg (0.1 mL/kg), diluted to 3-5 mL with NORMAL SALINE.

**12. Continue CPR for 30-60 seconds after administration of EPINEPHRINE.****13. Attempt to defibrillate as indicated below:**

- ▶ **Adult patients:** Defibrillate at 360 joules (maximum energy) monophasic or at manufacturer's biphasic setting.
- ▶ **Pediatric patients:** Defibrillate as indicated on pediatric dosing device: 4 joules/kg (~2 joules/lb) monophasic or at manufacturer's biphasic setting.

**14. If VF/VT persists, continue sequence of EPINEPHRINE administration, then defibrillation every 3-5 minutes.****15. If VF/VT persists, and while continuing EPINEPHRINE/defibrillation sequence, administer AMIODARONE or LIDOCAINE HCL as indicated below.**

- ▶ Administer AMIODARONE IV bolus:
  - **Adult patients:** administer AMIODARONE 300 mg IV bolus once.
  - **Pediatric Patients:** administer AMIODARONE 5 mg/kg IV bolus once (maximum dose: 300mg).
- ▶ **OR** Administer LIDOCAINE IV bolus:
  - **All patients:** Administer LIDOCAINE HCL 1.0- 1.5 mg/kg IV push (or 2.0- 3.0 mg/kg by endotracheal tube), followed by NORMAL SALINE flush.

- If VF/VT persists, repeat administration of LIDOCAINE HCL every 3-5 minutes to a maximum total of 3mg/kg of LIDOCAINE HCL.
- If VF/VT is converted to a perfusing rhythm, administer LIDOCAINE HCL by IV Infusion at 2 mg/min. Infusion should be discontinued if any signs of toxicity or decompensation appear **OR** Administer LIDOCAINE HCL by mini-bolus technique using 0.25mg/kg IV bolus every 15 minutes (typical adult dose 25mg).



Due to the high risk of side effects with incorrect dosage, LIDOCAINE infusions should be administered by IV Infusion Pump when possible. If an IV Infusion Pump is not available, LIDOCAINE may be administered by carefully monitoring the drip rate in a "micro-drip" IV administration set. Passive or gravity-controlled rate control devices (e.g., Dial-a-Flo®) are considered incapable of strict mechanical control and their use is not permitted at any time.

16. If VF/VT is converted to a perfusing rhythm, contact Medical Control for permission to administer AMIODARONE. A loading dose may be considered if not already given with careful attention to the risk of side effects.



NOTE: Typically if a drug has already been administered, that same drug should be continued if maintenance infusion is administered.

- Administer AMIODARONE by IV Infusion Pump Only at a rate as directed by Medical Control (typically 1- 15 mg/min – faster rates are associated with a higher risk of hypotension).

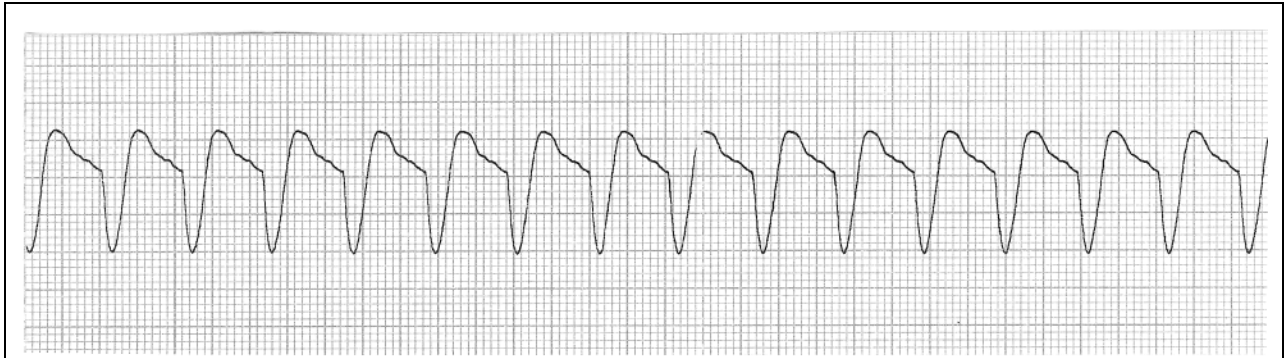


Due to the high risk of side effects with incorrect dosage, AMIODARONE infusions may only be administered by IV Infusion Pump. AMIODARONE must be mixed with D5W and should be administered using a "PVC-free" bag and tubing (if available) and run as an isolated IV (not piggybacked into NORMAL SALINE or LACTATED RINGER'S solution).

17. For certain conditions, Medical Control may authorize administration of SODIUM BICARBONATE 1 mEq/kg IV push, followed by 0.5 mEq/kg IV push every 10 minutes.
18. EMT-Ps ONLY: For *Torsades de Pointes*, consider administration of MAGNESIUM SULFATE 1 gram IV. Dose may be repeated once (max. dosage 2 grams).
19. Transport the patient without delay to the nearest Hospital Emergency Facility.
20. With authorization from Medical Control, consider administration of GLUCAGON if beta-blocker overdose is suspected.
21. EMT-Ps, or EMT-Cs with authorization from Medical Control, may consider administration of CALCIUM CHLORIDE, 1g IV, if hyperkalemia or calcium channel blocker overdose are suspected.
22. Document all incident information by completing the *RI EMS Ambulance Run Report*.

## 2.14 Ventricular Tachycardia (VT) [ALS]

Patient conscious, with stable vital signs



### RECOGNITION

- ✓ Wide-complex tachycardia (ventricular rate usually <150 per minute) on ECG of patient who is conscious, without a history of SVT or any of the following signs and symptoms: chest pain, dyspnea, decreased level of consciousness, hypotension or shock.

### TREATMENT

- 1. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.**
  - ▶ If patient develops chest pain, dyspnea, decreased level of consciousness, hypotension or shock, follow all appropriate protocols.
  - ▶ Allow the patient to choose a comfortable position unless hypotensive (hypotensive patients should be supine.)
- 2. Administer OXYGEN with the highest-concentration device tolerated.**
- 3. Place the patient on a cardiac monitor.**
  - ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- 4. Establish IV access.**
  - ▶ Start at least one IV of NORMAL SALINE or LACTATED RINGER'S solution to run at KVO (~20mL/hour).
  - ▶ If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
- 5. Contact Medical Control.**

6. With authorization from Medical Control, administer AMIODARONE as follows:

- ▶ **Adult patients:** Administer AMIODARONE 150 mg over 10 minutes (15 mg/minute) by IV Infusion Pump.
- ▶ **Pediatric patients:** Administer AMIODARONE: 5 mg/kg over 20-60 minutes by IV Infusion Pump (maximum dose 150 mg).



Due to the high risk of side effects with incorrect dosage, AMIODARONE infusions may only be administered by IV Infusion Pump. AMIODARONE must be mixed with D5W and should be administered using a "PVC-free" bag and tubing (if available) and run as an isolated IV (not piggybacked into NORMAL SALINE or LACTATED RINGER'S solution).

- 7. If VT is converted to another rhythm, follow all appropriate protocols.
- 8. Transport the patient without delay to a Hospital Emergency Facility.
- 9. Document all incident information by completing the *RI EMS Ambulance Run Report*.

## 2.15 Ventricular Tachycardia (VT) [ALS]

Patient unconscious, with a pulse, or with unstable vital signs



### RECOGNITION

- ✓ Wide-complex tachycardia (ventricular rate usually >150 per minute) on ECG of patient who is unconscious, or who has any of the following signs and symptoms: chest pain, dyspnea, decreased level of consciousness, hypotension, or shock.

### ASSESSMENT AND INITIAL TREATMENT

1. **Assess patient, obtain initial vital signs, and frequently reassess patient's condition.**
2. **Administer OXYGEN with the highest-concentration device tolerated.**
  - ▶ Assist ventilations as indicated.

### SPECIFIC INTERVENTIONS

3. **Place the patient on a cardiac monitor.**
  - ▶ Observe and record the initial ECG rhythm and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip, identified with the patient's name and birthdate, if available, to the hospital copy of the *RI EMS Ambulance Run Report*.
4. **Attempt to cardiovert the patient, as indicated below:**
  - ▶ Consider administration of a sedative and/or analgesic, following the *Pain Management and Sedation* protocol.
  - ▶ Record initial ECG rhythm and attempted cardioversions. Attach copies of the rhythm strips, identified with the patient's name and birthdate, to the hospital copy of the *RI EMS Ambulance Run Report* as part of required documentation.
  - ▶ Attempt synchronized cardioversion as indicated below:

- **Adult patient:** cardiovert at 50 joules. If unsuccessful, may repeat at increasing energy levels: 100 joules; 200 joules; 300 joules; 360 joules (or maximum energy) or manufacturer's biphasic equivalent.
- **Pediatric patients <5 feet tall (<35 kg/75 lbs):** attempt synchronized cardioversion at 0.5 joule/kg (0.25 joule/lb). If unsuccessful, may repeat at increasing energy levels: 1.0 joule/kg (0.5 joule/lb); 2 joules/kg (1 joule/lb); 4 joules/kg (2 joules/lb), or manufacturer's biphasic equivalent.

**5. Establish IV access.**

- ▶ Start at least one IV of NORMAL SALINE or LACTATED RINGER'S solution at KVO (~20 ml/hr).
- ▶ If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
- ▶ Transport the patient without delay to the nearest appropriate Hospital Emergency Facility.

**6. If VT persists, EMT-Ps, or EMT-Cs with authorization from Medical Control, may administer AMIODARONE or LIDOCAINE HCL as indicated below:**

- ▶ Administer AMIODARONE IV bolus:
  - Adult patients: administer AMIODARONE 300 mg IV bolus once.
  - Pediatric patients: administer AMIODARONE 5 mg/kg IV bolus once (maximum dose 300 mg).

**OR**

- ▶ Administer LIDOCAINE IV bolus:
  - All patients: administer LIDOCAINE HCL 1.0-1.5 mg/kg IV push (or 2.0- 3.0 mg/kg by endotracheal tube) followed by NORMAL SALINE flush.
  - If VT persists, repeat administration of LIDOCAINE HCL every 3-5 minutes to a maximum total of 3 mg/kg of LIDOCAINE HCL.
  - If VT is converted to a perfusing rhythm, administer LIDOCAINE HCL by IV infusion at 2 mg/min. Infusion should be discontinued if any signs of toxicity or decompensation appear.

**OR**

- Administer LIDOCAINE HCL by mini-bolus technique using 0.25mg/kg IV bolus every 15 minutes (typical adult dose 25mg).



Due to the high risk of side effects with incorrect dosage, LIDOCAINE infusions should be administered by IV Infusion Pump when possible. If an IV Infusion Pump is not available, LIDOCAINE may be administered by carefully monitoring the drip rate in a "micro-drip" IV administration set. Passive or gravity-controlled rate control devices (e.g., Dial-a-Flo®) are considered incapable of strict mechanical control and their use is not permitted at any time.

**7. If VT is converted to a perfusing rhythm contact Medical Control for permission to administer AMIODARONE. A loading dose may be considered if not already given with careful attention to the risk of side effects.**





NOTE: Typically, if a drug has already been administered, that same drug should be continued if maintenance infusion is administered.

- ▶ Administer AMIODARONE by infusion pump only, at a rate as directed by Medical Control (typically 1-15 mg/min – faster rates are associated with a higher risk of hypotension).



Due to the high risk of side effects with incorrect dosage, AMIODARONE infusions may only be administered by IV Infusion Pump. AMIODARONE must be mixed with D5W and should be administered using a “PVC-free” bag and tubing (if available) and run as an isolated IV (not piggybacked into NORMAL SALINE or LACTATED RINGER'S solution).

**8. With authorization from Medical Control, administer ADENOSINE (Adenocard®) as indicated below:**



ADENOSINE should not be given to patients taking Persantine® or Aggrenox®, or patients who have had a heart transplant as the effects may be prolonged and unpredictable.

- ▶ **Adult patients:** administer ADENOSINE 12 mg, rapid IV push (over 1-3 seconds), followed by rapid flush with 20 mL NORMAL SALINE or LACTATED RINGER'S solution.
    - If initial dose does not convert rhythm within 1-2 minutes, administer ADENOSINE 12 mg, rapid push (1-3 seconds), followed by rapid flush with 20 mL NORMAL SALINE or LACTATED RINGER'S solution.
  - ▶ **Pediatric patients <5 feet tall (<35 kg/75 lbs):** administer ADENOSINE (Adenocard®) 0.2 mg/kg (maximum first dose: 12 mg), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of NORMAL SALINE or LACTATED RINGER'S solution.
    - If initial dose does not convert rhythm within 1-2 minutes, administer ADENOSINE 0.2 mg/kg (maximum dose: 12 mg), rapid IV push (over 1-3 seconds), followed by a rapid flush with 2-3 mL of NORMAL SALINE or LACTATED RINGER'S solution.
- 9. With authorization from Medical Control, consider administration of GLUCAGON if beta-blocker overdose is suspected.**
- 10. EMT-Ps, or EMT-Cs with authorization from Medical Control, may consider administration of CALCIUM CHLORIDE, 1g IV, if hyperkalemia or calcium channel blocker overdose are suspected.**
- 11. If VT is converted to another rhythm, follow all appropriate protocols.**
- 12. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 3.1 Cold Exposure – Frostbite

### TREATMENT

1. **Assess patient.**
  - Obtain vital signs.
  - Determine mental status.
  - Frequently reassess patient's condition.
2. **If patient may be hypothermic, follow the *Cold Exposure – Hypothermia* protocol.**
3. **Avoid trauma to injured areas (do not rub; do not break blisters.)**
4. **Apply dry sterile dressings as padding over injured areas and splint, avoiding pressure or constriction. Do not allow the patient to use injured parts.**
5. **Do not apply snow or ice; but do not thaw injured areas if there is a chance that they may refreeze before reaching the hospital.**
6. **Keep the frozen part away from direct heat, but keep the patient warm.**
7. **Contact Medical Control.**
8. **Transport the patient without delay to a Hospital Emergency Facility.**
9. **Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 3.2 Cold Exposure – Hypothermia

### RECOGNITION

- ✓ Patients with history of or exposure to conditions that may lead to local (extremities, ears, tip of nose etc.) or generalized drop in body temperature sufficient to cause alteration in mental status, vital signs, or damage to body tissues. Note that hypothermia and cold injury often occur at temperatures above freezing and that patients at extremes of age and patients taking some medications are at particular risk for cold injury and hypothermia.

### TREATMENT

1. **Perform a primary survey. Handle hypothermic patients gently; jarring movements can cause cardiac arrest.**
  - ▶ If the patient is unconscious, not breathing, and pulseless (check for 30-45 seconds as hypothermia may cause extreme bradycardia), follow the *Cardiac Arrest* protocol and the current guidelines of the American Heart Association for care of hypothermic patients. Note that defibrillation sequence may be different for patients with severe hypothermia (Defibrillation may be delayed until the patient is warmed).
  - ▶ Secure the airway.
    - Suction as necessary.
    - If the patient has signs of respiratory distress follow the *Airway Management and Respiratory Support* protocol.
  - ▶ Administer OXYGEN with the highest concentration device tolerated.
    - Assist ventilations as necessary.
    - Whenever possible, use warmed (40-42° C, 104-107° F) humidified OXYGEN.
2. **Assess the patient, obtain initial vital signs, and frequently reassess the patient's condition.**
  - ▶ If indicated, remove wet clothing by cutting to limit patient movement.
  - ▶ Prevent heat loss by covering the patient with dry blankets (or sleeping bags, etc.) and providing a warmed environment for the patient as soon as possible.
    - If available, place heat sources (warmed IV bags, wrapped hot packs, etc.) at the patient's neck, armpits, and groin.

## ALS PERSONNEL ONLY

**3. Place the patient on a cardiac monitor.**

- ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
- ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

**4. Establish IV access.**

- ▶ Start an IV of NORMAL SALINE or LACTATED RINGER'S solution, to run at KVO (~20ml/hour). Use warmed IV fluids (40-42° C, 104-107° F) whenever possible.
- ▶ If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.

**5. Contact Medical Control *prior to any drug administration in cases of severe hypothermia (core temperature <29.4° C [85°F]).***

## ALL EMTs

- 6. Contact Medical Control.**
- 7. Transport the patient without delay to a Hospital Emergency Facility.**
- 8. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

## 3.3 Drowning

### RECOGNITION

- ✓ Water submersion with an altered mental status and respiratory distress or a cessation of vital functions.



NOTE: For hypothermic patients, the carotid pulse should be palpated for 30-45 seconds prior to initiation of CPR. If a slow pulse is present, CPR is not necessary.

### TREATMENT

1. **Coordinate the rescue response to rapidly gain access and remove the victim from the water utilizing sufficient personnel and equipment to ensure safe adherence to protocol.**
2. **If the victim is unresponsive, not breathing, and has no carotid pulse:**
  - ▶ Rapidly remove the victim from the water while controlling the cervical spine with manual stabilization.
  - ▶ Place victim on a long spineboard, clear the airway, begin cardiopulmonary resuscitation, and apply a cervical collar.
  - ▶ Follow the *Cardiac Arrest* protocol.
3. **Spinal injury should be suspected for an unwitnessed event, an unconscious patient, or if traumatic water entry occurred prior to the event.**
  - ▶ If there is any question of water entry injury, and adequate resources are available, utilize manual stabilization to immobilize the spine while in the water and place victim on a submerged long spineboard.
  - ▶ Apply a cervical collar.
4. **Maintain a patent airway.**
  - ▶ Be prepared for vomiting; suction the patient as required.
  - ▶ If signs of upper airway obstruction are present, follow the *Airway Management and Respiratory Support* protocol.
5. **Administer OXYGEN with the highest concentration device tolerated; assist ventilations as necessary.**
6. **If the victim was subject to cold-water immersion, follow the *Cold Exposure—Hypothermia* protocol.**

**7. If the victim was involved in underwater diving with diving equipment, contact Medical Control.**

- ▶ With authorization from Medical Control, contact the National Divers' Alert Network (919-684-8111 or 919-684-2948) for consideration of transport to a Hyperbaric Treatment Facility.
  - Evaluate pupillary response and size.
  - Check for breath odors (alcohol or acetone).
  - Examine for needle tracks.
  - Examine for Medic-Alert® tags.

**8. Contact Medical Control.**

**9. Transport patient without delay to the appropriate Hospital Emergency Facility or Hyperbaric Treatment Facility as directed by Medical Control.**

**10. Document all incident information by completing the *RI EMS Ambulance Run Report*.**



## 3.4 Heat Cramps and Heat Exhaustion

### RECOGNITION

- ✓ Profuse sweating with or without adequate replacement of water but with inadequate replacement of salt.
- ✓ Severe painful muscular cramping of leg and abdominal muscles.
- ✓ The mental state is clear in heat cramps; mental status may be agitated (but not confused) in heat exhaustion.
- ✓ Skin wet and warm with normal color, progressing to moist, cool and pale in heat exhaustion.
- ✓ Core temperature normal or slightly elevated.
- ✓ Generalized weakness, headache, and nausea/vomiting may be present with heat exhaustion.

### TREATMENT

1. **Assess patient**
  - ▶ Obtain vital signs.
  - ▶ Determine mental status.
  - ▶ Frequently reassess patient's condition.
2. **Move patient to a cooler area.**
3. **If there is evidence of shock, elevate the patient's legs and follow the *Shock* protocol.**
4. **Give water or oral rehydration/electrolyte solution (e.g., Gatorade®) PO, if patient is alert and swallows easily.**
5. **Transport the patient without delay to a Hospital Emergency Facility.**
6. **Contact Medical Control.**
7. **Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 3.5 Heat Stroke

### RECOGNITION

- ✓ Air temperature usually 90° F (32.3° C) or above, with high humidity.
- ✓ Usually affects elderly people or those with medical problems.
- ✓ Core temperature 103° (39.4° C) to 106° F (41.4° C).
- ✓ Absence of sweating (but patients with exertional heat stroke may still be sweating).
- ✓ Skin warm, red and dry (except in exertional heat stroke).
- ✓ Blood pressure is low in 50% of patients.
- ✓ Patients demonstrate confusion or impaired consciousness, or become comatose.
- ✓ Rapid breathing.

### TREATMENT

1. **Assess patient; obtain vital signs; determine mental status; frequently reassess patient's condition.**
2. **Provide rapid cooling as soon as possible.**
  - ▶ Remove to cool place; open windows; use fans if available.
  - ▶ Keep patient wet with cool water.
3. **Administer OXYGEN with the highest-concentration device tolerated.**

### ALS PERSONNEL ONLY

4. **Place the patient on a cardiac monitor.**
  - ▶ Observe and record the initial ECG rhythm and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
5. **Start at least one IV of NORMAL SALINE or LACTATED RINGER'S solution.**
  - ▶ **Adult patients:** Administer NORMAL SALINE or LACTATED RINGER'S solution at 200 mL/hour, or "wide open" if there is evidence of shock.
  - ▶ **Pediatric patients < 5 feet tall (<35 kg/ 75 lbs.):** Administer NORMAL SALINE or LACTATED RINGER'S solution at 20 mL/kg/hour; or administer boluses of 20 ml/kg by rapid IV push if there is evidence of shock.
  - ▶ If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.

**ALL EMTs**

6. Transport the patient without delay to a Hospital Emergency Facility.
7. Contact Medical Control.
8. Document all incident information by completing the *RI EMS Ambulance Run Report*.

## 3.6 Poisoning and Overdose

### TREATMENT

1. If the patient is unconscious or has impaired consciousness, follow the *Impaired Consciousness* protocol.
2. Consider contacting the Regional Center for Poison Control & Prevention (1-800-682-9211) for advice.
3. Contact Medical Control for permission to administer ACTIVATED CHARCOAL as follows:
  - ▶ Administer ACTIVATED CHARCOAL 1 gm/kg (0.5 gm/lb) PO, mixed with water or Sorbitol®.



ACTIVATED CHARCOAL may only be administered PO if the patient is fully conscious or has an endotracheal tube in place. Do not administer ACTIVATED CHARCOAL if patient has ingested a hydrocarbon, petroleum distillate, or a caustic substance.

- ▶ **EMT-Ps ONLY** may administer ACTIVATED CHARCOAL by orogastric or nasogastric tube, if unable to administer PO.

### ALS PERSONNEL ONLY

4. Place the patient on a cardiac monitor.
  - ▶ Observe and record the initial ECG rhythm and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
5. Start an IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution
  - ▶ **Adult patients:** administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (20-30 mL/hour)
    - If there is evidence of shock, run IV "wide open."
  - ▶ **Pediatric patients <16 years old:** administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (10-20 mL/hour)
    - If there is evidence of shock, administer boluses of 20 mL/kg by rapid IV push.
  - ▶ If unable to establish IV access in 2 attempts or less than 5 minutes, transport the patient to a Hospital Emergency Facility. Any further attempts at IV placement must occur en route.

### All EMTs

6. Transport the patient without delay to a Hospital Emergency Facility bringing all available medications, vials, and other information regarding possible source of the poisoning or overdose. Attempt to obtain an MSDS sheet if at an occupational location.
7. Contact Medical Control.
8. Document all incident information by completing the *RI EMS Ambulance Run Report*.

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## 4.1 Abdominal Pain

### TREATMENT

1. **Assess patient.**
  - ▶ Obtain vital signs.
  - ▶ Determine mental status.
  - ▶ Frequently reassess patient's condition.
  - ▶ Attempt to determine the following:
    - Nature, duration, location and radiation of pain;
    - Associated symptoms or complaints;
    - Related history (e.g., trauma, ingestion, pregnancy, surgery).
  - ▶ Examine abdomen for tenderness, guarding, masses.
2. **If abdominal pain is associated with abdominal trauma, follow the *Trauma* protocol, with specific reference to *Further Care of Abdominal Trauma*.**
3. **Allow the patient to assume a comfortable position, unless contraindicated. Flexion of the knees and hips may help decrease pain.**
4. **If there is evidence of shock, follow the *Shock* protocol.**
5. **Administer OXYGEN with the highest-concentration device tolerated.**

### ALS PERSONNEL ONLY

6. **Consider placing the patient on a cardiac monitor.**
  - ▶ Observe and record the initial ECG rhythm and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
7. **Consider starting an IV access device or an IV of NORMAL SALINE or LACTATED RINGER'S solution.**
  - ▶ **Adult patients:** If an IV has been started, administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (20-30 mL/hour.)
  - ▶ **Pediatric patients < 5 feet tall (<35 kg/ 75 lbs.):** If an IV has been started, administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (10-20 mL/hour.)
  - ▶ If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.

**ALL EMTs**

- 8. Contact Medical Control.**
- 9. Transport the patient without delay to a Hospital Emergency Facility.**
- 10. Document all incident information by completing the *RI EMS Ambulance Run Report*.**



## 4.2 Airway Management & Respiratory Support

### RECOGNITION

- ✓ Patients with decreased level of consciousness (Glasgow Coma Scale [GCS] <8)
- ✓ Inability to protect airway, decreased/ineffective gag reflex
- ✓ Abnormal or ineffective respiratory effort
- ✓ Respiratory and/or cardiac arrest



Assume cervical spinal injury for all patients with suspected trauma. In such cases stabilize the patient's head and cervical spine in the neutral position, and use the jaw-thrust maneuver without head-tilt.

#### Airway management includes:

- Establishing and maintaining a **patent airway** through position, suction, and use of basic and/or advanced airway devices.
- Providing sufficient **oxygenation** to prevent hypoxia or hypoxemia.
- Providing artificial **ventilation** of the lungs to prevent/treat hypercarbia, or supporting respiratory efforts (when indicated) using CPAP/BiPAP.

### TREATMENT

1. **AIRWAY PATENCY:** Perform initial assessment, clear the airway, and provide initial airway management following the American Heart Association (AHA) BLS guidelines. If the airway is obstructed, follow the *Foreign Body Airway Obstruction* protocol.



All devices must be used in accordance with manufacturer's instructions. See *Advanced Airway Procedures* protocol.

- ▶ Suction the oropharynx as necessary.
  - ▶ Establish and maintain a patent airway through use of a basic airway device (Oropharyngeal Airway [OPA], Nasopharyngeal Airway [NPA], or Supraglottic Airway Laryngopharyngeal Tube [SALT]) for those patients having an ineffective gag reflex.
  - ▶ Consider using an advanced airway device to maintain the airway. (See *Advanced Airway Procedures*.)
  - ▶ **EMT- Ps ONLY** may attempt cricothyrotomy if removal of a foreign body is unsuccessful, or if unable to ventilate, following the *Advanced Airway Procedures* protocol.
2. **OXYGENATION:** Provide **OXYGEN** to all patients with signs of serious illness or injury or with hypoxia (pulse oximetry <94% or with cyanosis).
    - ▶ Use an administration device and OXYGEN flow rate to achieve adequate oxygenation (pulse oximetry >94%).

- ▶ If pulse oximetry is not available, use the administration device and flow rate that provide the highest concentration of OXYGEN available, as tolerated by the patient.



Supplemental oxygen is not necessary for Acute Coronary Syndrome (ACS) or stroke patients so long as their SpO<sub>2</sub> is >94% and there is no evidence of respiratory distress.

- ▶ Use warmed and humidified OXYGEN is preferred whenever possible.
- ▶ Whenever possible, use capnometry to verify advanced airway placement, measure effectiveness of interventions, and provide continuous monitoring of patient respiration/ventilation.
  - If continuous waveform capnography is used, attach strip to run report.

### 3. VENTILATE: Ventilate (or assist the ventilations of) any patient having an ineffective or absent respiratory effort.

- ▶ Use high-flow supplemental OXYGEN with one or more of the following devices of the proper size and settings for the patient age and weight:
  - Mouth-to-mask
  - Bag-valve-mask device capable of providing >75% oxygen concentration; 2-EMT technique preferred
  - If available, use a respiratory support device (CPAP, see *Table 1*) as authorized in specific protocols
  - If available, use a ventilator (see *Table 1*) designed for use with a mask, basic or advanced airway device

**TABLE 1: Respiratory Support Device & Ventilator Types**

Devices	Uses	EMT Level	Comments
CPAP/BiPAP	Asthma, COPD, CHF	ALS Only	Use as directed by protocol and manufacturer's directions.
Basic Ventilators	Respiratory and/or cardiac arrest	All EMTs	Oxygen or battery powered, capable of controlled respiratory rate, tidal volume. Provides either fixed FiO <sub>2</sub> of 100% or adjustable FiO <sub>2</sub> .
Advanced Ventilators	Respiratory distress Respiratory and/or cardiac arrest	ALS Only	Electrically powered, are capable of accurate control of respiratory rate, tidal volume, FiO <sub>2</sub> , I:E ratio, multiple modes, CPAP/BiPAP functions, and other sophisticated adjustments

- ▶ Ventilate patient at the appropriate rate, as shown in *Table 2*.

**TABLE 2: Ventilation Guidelines**

Patient Age	Respiratory Rate		Ventilation	Suggested Bag Size	Approx. Tidal Volume
	<i>Too Slow</i>	<i>Too Fast</i>	<i>Breaths/Min</i>		
Newborn (birth-1 month)	<30	>80	40-60	Infant	50-100
Infant (1 month – 1 year)	<20	>70	30-40	Infant	100-200
Pre-School (1-6 years)	<16	>40	20-30	Child	200-300
School Age (6-12 years)	<12	>30	16-20	Child	300-400
Adolescent (12-16 years)	<10	>24	12-16	Adult	400-500
Adult (≥16 years)	<10	>24	12-16	Adult	500-600

### 4. Contact Medical Control.

### 5. Transport the patient.

- ▶ Transport all patients in cardiac arrest, respiratory arrest, or respiratory failure to the nearest appropriate Hospital Emergency Facility, unless specifically directed to another destination by Medical Control.
- ▶ For all patients with unrelieved airway obstruction contact Medical Control for guidance.

### 6. Document all incident information by completing the *RI EMS Ambulance Run Report*.

## 4.3 Anaphylaxis and Severe Bee Sting Allergy

### RECOGNITION

- ✓ Exposure to a substance (e.g., bee sting, peanuts, penicillin, etc) to which the patient is profoundly sensitive, causing signs of shock, wheezing, respiratory distress or hives.

### TREATMENT

1. **Maintain a patent airway; assist ventilation as necessary.**
2. **Administer OXYGEN with the highest-concentration device tolerated.**
3. **For patients with severe respiratory distress: Administer EPINEPHRINE 1:1000 (1mg/mL) by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an EpiPen® auto injector.**



For patients over 50 years of age, or who have a known cardiac history, contact Medical Control prior to administration of EPINEPHRINE.

- ▶ **Adult patients:** Administer EPINEPHRINE 1:1000 0.3 mg (0.3mL) IM.
- ▶ **Pediatric patients:** Administer EPINEPHRINE 1:1000 0.01 mL/kg (0.01 mg/kg) IM to the maximum dose as follows:
  - **Patients >20 kg (50 lbs):** Maximum dose 0.3 mL (0.3 mg).
  - **Patients 10-20 kg (25-50 lbs):** Maximum dose 0.2 mL (0.2 mg)
  - **Patients <10 kg (25 lbs):** Maximum dose 0.1 mL (0.1 mg)
- 4. **Assess patient, obtain initial vital signs, and frequently reassess patient's condition.**



Transport should not be delayed; administration of EPINEPHRINE and other interventions can be undertaken en route to a HOSPITAL EMERGENCY FACILITY.

### ALS PERSONNEL ONLY

5. **Place the patient on a cardiac monitor.**
  - ▶ Observe and record the initial ECG rhythm and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
6. **Establish IV access.**
  - ▶ Start an IV of NORMAL SALINE or LACTATED RINGER'S solution to run at KVO rate (~20 ml/hr).

- ▶ If unable to start an IV in 2 attempts or 5 minutes, transport to a Hospital Emergency Facility. Any further attempts must occur en route.
- 7. If respiratory distress or shock does not improve, repeat EPINEPHRINE 1:1000 (1 mg/mL) as above.**
- ▶ Alternate doses/routes of administration of EPINEPHRINE for patients with severe respiratory distress or hypotension:
    - **Adult patients:** Administer EPINEPHRINE 1:10,000 0.01 mg/kg to a maximum of 0.5 mg IV over 5-10 minutes. If unable to establish an IV, administer EPINEPHRINE 1:1,000 2.0-2.5 mg diluted in 10 mL NORMAL SALINE by endotracheal tube.
    - **Pediatric patients <5 feet tall (<35 kg/75 lbs):** Administer EPINEPHRINE 1:10,000 0.005-0.020 mg/kg (to a maximum of 0.5 mg) IV over 5-10 minutes. If unable to establish an IV, administer EPINEPHRINE 1:1,000 0.1 mg/kg (0.1 mL/kg), diluted to 3-5 mL with NORMAL SALINE by endotracheal tube.
- 8. Administer DIPHENHYDRAMINE (Benadryl®).**
- ▶ **Adult patients:** Administer DIPHENHYDRAMINE (Benadryl®) 20-50 mg PO, IM, or IV.
  - ▶ **Pediatric patients <5 feet tall (<35 kg/75 lbs):** Administer DIPHENHYDRAMINE (Benadryl®) 1 mg/kg PO, IM, or IV.
- 9. Administer HYDROCORTISONE SODIUM SUCCINATE (Solu-Cortef®).**
- ▶ **Adult patients:** Administer HYDROCORTISONE SODIUM SUCCINATE (Solu-Cortef®), 100 mg IV.
  - ▶ **Pediatric patients <5 feet tall (<35 kg/75 lbs):** Administer HYDROCORTISONE SODIUM SUCCINATE (Solu-Cortef®), 1-2 mg/kg IV.
- 10. EMT-Ps, or EMT-Cs with authorization from Medical Control, may administer DOPAMINE HCL by IV infusion.**
- ▶ **Adult patients:** Administer DOPAMINE HCL at 2-20 mcg/kg/min IV by Infusion Pump (preparation: 400 mg in 250 mL NS yields 1600 mcg/mL) and titrate the rate to achieve a systolic blood pressure >90 mm Hg.
  - ▶ **Pediatric patients <5 feet tall (<35 kg/75 lbs):** Administer DOPAMINE HCL as indicated on a pediatric dosing device, at 2-20 mcg/kg/min by IV Infusion Pump and titrate the rate to achieve a systolic blood pressure above the appropriate age-related value (refer to the following table).

TABLE 1: Age-Related Systolic Blood Pressure

Age	Systolic BP	
Newborn (birth – 1month)	>40	Note: Absent radial pulse indicates hypotension
Infant (1 month – 1yr)	>60	
Preschool (1-6 years)	>75	
School Age (6-12 years)	>85	
Adolescent (12 – 16 years)	>90	



Due to the high risk of side effects with incorrect dosage, DOPAMINE infusions should be administered by IV Infusion Pump when possible. If an IV Infusion Pump is not available, DOPAMINE may be administered by carefully monitoring the drip rate in a “micro-drip” IV administration set. Passive or gravity-controlled rate control devices (e.g., Dial-a-Flo®) are considered incapable of strict mechanical control and their use is not permitted at any time.

**11. EMT-Ps ONLY may contact Medical Control for authorization to administer EPINEPHRINE by IV Infusion Pump as follows:**

- ▶ **Typical adult dose:** 2-10 mcg/min
- ▶ **Typical pediatric dose:** 0.1-1 mcg/min



Due to the high risk of side effects with incorrect dosages EPINEPHRINE infusions for respiratory distress may only be administered by IV Infusion Pump.

**ALL EMTs**

- 12. Contact Medical Control.**
- 13. Transport the patient without delay to a Hospital Emergency Facility.**
- 14. If further respiratory or ventilatory problems arise, follow the *Airway Management and Respiratory Support* protocol.**
- 15. If signs of shock are present, follow the *Shock* protocol.**
- 16. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 4.4 Asthma (COPD)

### RECOGNITION

- ✓ Asthma and COPD may have similar features. COPD is typically seen in adult patients only. Wheezing may be from causes other than asthma; consider airway obstruction, upper airway swelling from allergy, infection or other cause, and CHF.
- ✓ Common signs/symptoms may include:
  - Shortness of breath;
  - Use of accessory muscles of respiration;
  - Nasal flaring, retractions between ribs, above clavicles or sternum primarily in children;
  - Wheezes, primarily on expiration;
  - Prolonged expiratory phase;
  - High respiratory rate;
  - History of asthma or COPD;
  - Use of medications prescribed for asthma or COPD;
  - History of smoking;
  - History of exposure to known asthma triggers.

### TREATMENT

#### ALL EMTs

1. **Maintain a patent airway.**
2. **Assist ventilation and oxygenation as needed.**
  - ▶ Administer OXYGEN with the highest concentration device tolerated.
3. **Assess patient, obtain initial vital signs, and frequently reassess patient's condition.**



Patients with severe respiratory distress or altered cooperation may not benefit from inhaled bronchodilator therapy. Administration of EPINEPHERINE IM may be indicated in these patients.

#### BLS PERSONNEL

4. **Assist patient with administration of one dose of the patient's own bronchodilator therapy (ALBUTEROL or other prescribed medication.)**

**5. Contact Medical Control, for authorization to administer bronchodilator therapy as indicated below:**

- ▶ **Patients ≥ 6 months of age:** Administer 2.5 mg of ALBUTEROL (Proventil®, Ventolin®) 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5-15 minutes. May repeat x 2 en route.
- ▶ **Patients < 6 months of age:** administer 1.25 mg of ALBUTEROL 0.083% solution (or 0.25 mL of 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x 2 en route.
- ▶ For worsening or severe respiratory distress, or if unable to cooperate with nebulized bronchodilator therapy, administer EPINEPHRINE 1:1000 (1 mg/mL) as indicated below:
  - **Adult patients:** Administer EPINEPHRINE 1:1000 0.3 mg (0.3 mL) IM by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an EpiPen® auto injector. May repeat x1 in 15 minutes if no improvement



For patients over 50 years of age, or who have a known cardiac history, contact Medical Control prior to administration of EPINEPHRINE.

**ALS PERSONNEL ONLY**

**6. Administer IPRATROPIUM (ATROVENT®) and/or ALBUTEROL:**

- ▶ Administer IPRATROPIUM (ATROVENT®) as follows:
  - **All Patients:** Administer 500mcg/2.5 ml of IPRATROPIUM (ATROVENT®) solution by nebulizer over 5 to 15 minutes. Administer one dose of IPRATROPIUM only. IPRATROPIUM may be combined with ALBUTEROL (DUONEB®).
- ▶ Administer ALBUTEROL as follows:
  - **Adult Patients:** administer 2.5 mg of ALBUTEROL 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x2 en route.
  - **Patients > 6 months of age:** administer 2.5 mg of ALBUTEROL 0.083% solution (or 0.5 mL of 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x2 en route.
  - **Patients < 6 months of age:** administer 1.25 mg of ALBUTEROL 0.083% solution (or 0.25 mL of 0.5% solution mixed with 2.5 mL NORMAL SALINE) by nebulizer over 5 to 15 minutes. May repeat x2 en route.

**7. For worsening or severe respiratory distress, or if unable to cooperate with nebulized bronchodilator therapy, administer EPINEPHRINE 1:1000 (1 mg/mL) as indicated below:**

- **Adult patients:** Administer EPINEPHRINE 1:1000 0.3 mg (0.3 mL) IM by drawing from ampules or vials or with a pre-filled syringe (eg: Ana-Kit®) or an EpiPen® auto injector. May repeat x1 in 15 minutes if no improvement





For patients over 50 years of age, or who have a known cardiac history, contact Medical Control prior to administration of EPINEPHRINE.

8. **As an alternative to EPINEPHRINE, administer TERBUTALINE (Brethine®, Bricanyl®):**
  - ▶ **Adult patients:** Administer TERBUTALINE (Brethine®, Bricanyl®) 0.25 mg SQ.
  - ▶ **Pediatric patients <5 feet tall (<35 kg/75 lbs):** Administer TERBUTALINE (Brethine®, Bricanyl®) 0.01 mg/kg SQ, to a maximum of 0.25 mg/dose.
9. **Place the patient on a cardiac monitor.**
  - ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
10. **Establish IV access.**
  - ▶ Start at least one IV of NORMAL SALINE or LACTATED RINGER'S solution at KVO (~20 ml/hour.)
  - ▶ If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a Hospital Emergency Facility.
11. **Administer HYDROCORTISONE SODIUM SUCCINATE (Solu-Cortef®) as follows:**
  - ▶ **Adult patients:** 100 mg IV.
  - ▶ **Pediatric patients (<16 years old):** 2 mg/kg IV, maximum dose 100mg.
12. **With authorization from Medical Control, EMT-Ps ONLY may administer EPINEPHRINE 2-10 mcg /min by IV Infusion Pump Only.**



Due to the high risk of side effects with incorrect dosages EPINEPHRINE infusions for respiratory distress may only be administered by IV Infusion Pump.

- ▶ If further respiratory or ventilatory problems arise, follow the *Airway Management and Respiratory Support* protocol.

#### ALL EMTs

13. **Transport the patient without delay to a Hospital Emergency Facility.**
14. **Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 4.5 Dyspnea

### TREATMENT

1. Allow patient to choose a comfortable position, unless hypotensive. Hypotensive patients should be supine.
2. Assist ventilation, as necessary.
3. Administer OXYGEN with the highest-concentration device tolerated.
4. Assess patient.
  - ▶ Obtain initial vital signs
  - ▶ Frequently reassess patient's condition.
  - ▶ If dyspnea is secondary to another apparent condition, such as asthma, COPD, CHF, trauma, chest pain or, allergic reaction, follow all appropriate protocols.

### BLS PERSONNEL

5. For patients who demonstrate severe dyspnea with stridor from suspected upper airway swelling, contact Medical Control for permission to administer EPINEPHRINE 1:1000 5 ml by nebulizer over 5-15 minutes. May repeat once if necessary.

### ALS PERSONNEL ONLY

6. For patients who demonstrate severe dyspnea with stridor from suspected upper airway swelling, administer EPINEPHRINE 1:1000 5 ml by nebulizer over 5-15 minutes. May repeat once if necessary.
7. Place the patient on a cardiac monitor.
  - ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
8. Establish IV access.
  - ▶ Start an IV access device or at least one IV of NORMAL SALINE or LACTATED RINGER'S to run at KVO rate (~20ml/hour).
  - ▶ If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.

**ALL EMTs**

9. If there is evidence of respiratory failure (adult respiratory rate <10 or >30, marked effort to breathe, cyanosis, change in mental status, or lethargy), follow the *Airway Management and Respiratory Support* protocol.
10. Assist ventilations.
11. Consider advanced airway management.
12. Transport the patient without delay to a Hospital Emergency Facility.
13. Contact Medical Control.
14. Document all incident information by completing the *RI EMS Ambulance Run Report*.

## 4.6 Foreign Body Airway Obstruction

(Patient Unconscious)

### RECOGNITION

- ✓ A patient who has become unconscious during attempts to clear a foreign body airway obstruction, or who is found unconscious with a history of choking or who is found unconscious and found to have a foreign body airway obstruction upon assessment and treatment efforts.

### TREATMENT

1. **Follow the *Airway Management and Respiratory Support* protocol to clear and maintain a patent airway. Any patient who is conscious and coughing forcefully is considered to have a mild airway obstruction and should be allowed to make their own efforts to clear their airway. Assist ventilation as necessary for unconscious patients.**
  - ▶ Hyperextend neck and establish airway by chin lift or triple airway maneuver.
  - ▶ If head/neck injury is present or suspected, perform jaw thrust without head tilt. Extension of the neck is contraindicated in trauma.
  - ▶ If the initial effort at inflation of the lungs is unsuccessful, clear any visible debris from oral cavity (well-fitting dentures excluded). Re-position the airway and again try to inflate the lungs. Do not perform finger sweeps unless foreign material is visible.
2. **If patient still cannot be ventilated, follow current AHA guidelines for performance of chest or abdominal thrusts to attempt to clear the airway.**
  - ▶ Attempt the sequence specified above for up to 1 minute. If ventilation is still impossible, attempt to ventilate by applying positive pressure by mouth-to-mask or bag-valve-mask device.
  - ▶ EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may utilize the laryngoscope and suction or long forceps to remove the obstructing foreign body if chest thrusts, finger sweep, and forceful ventilation are ineffective.
  - ▶ If foreign body is removed and patient remains apneic, perform endotracheal intubation.
3. **EMT-Ps ONLY: Perform cricothyrotomy if unable to relieve obstruction or perform endotracheal intubation following the *Cricothyrotomy* protocol.**
4. **Contact Medical Control.**
5. **Transport the patient without delay to the nearest Hospital Emergency Facility.**
6. **Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 4.7 Impaired Consciousness

### ALL EMTs

1. Unless able to rule out trauma, stabilize neck and spine with cervical collar and spineboard as soon as possible.
2. If poisoning or overdose is suspected, see the *Poisoning and Overdose* protocol.
3. If stroke is suspected, see the *Stroke* protocol.
4. Perform initial assessment while protecting the airway.
  - ▶ Determine the level of consciousness with the AVPU method or Glasgow Coma Scale.
  - ▶ Evaluate pupillary response and size.
  - ▶ Check breath for odors (alcoholic beverage or acetone).
  - ▶ Examine for needle tracks.
  - ▶ Examine for medic-alert tags.
5. Prevent patient from sustaining any injuries.
6. Position on left side (unless contraindicated), and suction secretions if needed.
7. Administer OXYGEN with the highest concentration device indicated; assist ventilation as necessary.
  - ▶ If signs of ventilatory problems arise, follow the *Airway Management and Respiratory Support* protocol.
8. Obtain history from family and/or bystanders including medications taken, possible ingestions or drug use, and possible trauma or other conditions.
9. If electronic glucose meter is available, determine blood glucose (bG) concentration.
10. If the bG concentration is <60 mg/dl or if the patient has signs and/or symptoms of hypoglycemia regardless of the availability of bG measurement, and the patient's mental status is "alert" (A) or becomes "alert to verbal" (V) stimuli:
  - ▶ Administer ORAL GLUCOSE with approximately 15 grams of GLUCOSE (e.g. Glucola, Glutose 15™, InstaGlucose).
  - ▶ Repeat administration of ORAL GLUCOSE product, approximately 15 grams, if evidence of hypoglycemia persists beyond 15 minutes after the first dose.



Do not administer ORAL GLUCOSE product to a patient who is vomiting, nauseated, or not fully awake.

### BLS PERSONNEL

11. If the bG concentration is <60 mg/dL or if the patient has signs and/or symptoms of hypoglycemia and bG measurement is unavailable:
  - ▶ Contact Medical Control for authorization to administer GLUCAGON, if available:
    - **Adult patients:** 1mg (1 unit) IM
    - **Pediatric patients (< 16 years old):** 0.1 mg/kg to a maximum of 1mg (1 unit), IM

**12. If no improvement in mental status, contact MEDICAL CONTROL for permission to administer NALOXONE HCL (Narcan®) 0.4mg IM or Intranasal (IN).**

- ▶ If narcotic overdose is NOT suspected, repeat NALOXONE (Narcan®) in 0.4mg doses at 1-minute intervals until improvement in mental status or a total dose of 2 mg.
- ▶ If narcotic overdose IS suspected, repeat NALOXONE HCL (Narcan®) in 2.0mg doses to a total of 10mg or as directed by Medical Control.

**ALS PERSONNEL ONLY**

**13. Establish IV access.**

- ▶ Start an IV of NORMAL SALINE or LACTATED RINGER'S solution at KVO rate (~20 ml per hour).
- ▶ If unable to start an IV in 2 attempts or 5 minutes transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.

**14. If the bG concentration is <60 mg/dL or if the patient has signs and/or symptoms of hypoglycemia and bG measurement is unavailable, administer 10% DEXTROSE or 50% DEXTROSE.**



Because of the dangers of extravasation, 10% DEXTROSE (D<sub>10</sub>W) should be the preferred form of delivery for DEXTROSE.

- ▶ Administer an IV bolus of 10% DEXTROSE (D<sub>10</sub>W) as follows:
  - **Adult patients:** Administer 250cc of DEXTROSE (D<sub>10</sub>W) 25g/250cc IV bolus over 5 minutes.
  - **Pediatric patients (<5 feet tall [<35kg/75 lbs]):** Administer 2mL/kg (or as indicated on pediatric dosing device) of DEXTROSE (D<sub>10</sub>W) 25g/250cc IV bolus over 10 minutes.
- ▶ **OR** administer an IV bolus of 25% or 50% DEXTROSE (D<sub>25</sub>W/D<sub>50</sub>W) as follows:
  - **Adult patients:** Administer 50% DEXTROSE (D<sub>50</sub>W) 25 g (50 mL) IV over 2 minutes. Repeat once in 5 minutes if there is no improvement in mental status.
  - **Pediatric patients (<5 feet tall [<35kg/75 lbs]):** Administer 25% DEXTROSE (D<sub>25</sub>W) as indicated on pediatric dosing device at 2mL/kg (0.5mg/kg) over 5 minutes. (D<sub>25</sub>W may be prepared by diluting D<sub>50</sub>W 1:1 with sterile water or NS.)

**15. If unable to establish an IV, administer GLUCAGON as follows:**

- ▶ **Adult patients:** 1 mg (1 unit) IM
- ▶ **Pediatric patients (< 16 years old):** 0.1 mg/kg to a maximum of 1mg (1 unit), IM

**16. If the bG concentration is <60 mg/dL or if the patient has signs and/or symptoms of hypoglycemia and bG measurement is unavailable, administer THIAMINE HCl 100 mg IV push or IM.**

**17. If no improvement in mental status, administer NALOXONE HCL (Narcan®) 0.4mg IV push (or IM, Intranasal [IN], or diluted in 10 mL NORMAL SALINE by endotracheal tube).**



An endotracheal tube is the least-preferred option for medication administration, and should be used only if other routes are unavailable.

- ▶ If narcotic overdose is NOT suspected, repeat NALOXONE HCL (Narcan®) in 0.4mg doses at 1-minute intervals until improvement in mental status or a total dose of 2 mg.



- ▶ If narcotic overdose is suspected, repeat NALOXONE HCL (Narcan®) in 2.0mg doses until improvement in mental status or to a total of 10mg, or as directed by Medical Control.

**18. Place the patient on a cardiac monitor.**

- ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
- ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

**ALL EMTs**

**19. Contact Medical Control.**

**20. Transport patient without delay to a Hospital Emergency Facility.**

**21. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 4.8 Obstetrical Assistance

### TREATMENT

**1. Assess patient; obtain initial vital signs; frequently reassess patient's condition.**

- ▶ Evaluate the vital signs, especially blood pressure.
  - If there is evidence of shock, follow the *Shock* protocol.
  - If swelling and/or high blood pressure are present, be prepared for possible seizure activity (eclampsia.)
- ▶ Examine the perineum.
  - Check for vaginal bleeding.
  - Check for crowning during contraction.
  - Check for abnormal presentation (e.g., hand, umbilical cord.)
- ▶ Attempt to determine the following information about labor:
  - What is the length of time between contractions?
  - Have the membranes ruptured? When?
  - Is there any bleeding? How much?
  - Has the baby's head or any other part appeared?
- ▶ Attempt to determine the following information about the pregnancy:
  - Have there been any problems or complications?
  - Has the mother delivered any other babies?
  - How close to the due date?
  - Is there more than one fetus?
  - Has there been any drug use?

**2. Determine whether to assist at scene, or transport.**

- ▶ If patient is not pushing or bleeding, transport without delay in position of comfort to a Hospital Emergency Facility.
- ▶ If delivery is in progress or imminent, assist at scene unless complications occur.

### ALS PERSONNEL

- 3. Consider starting an IV access device or an IV of NORMAL SALINE or LACTATED RINGER'S solution to run at KVO (20-30 mL/hour.)**

**ALL EMTs**

4. **To assist in a normal delivery, follow the *Newborn Resuscitation* protocol, and provide the following care:**
  - ▶ Administer OXYGEN with the highest-concentration device tolerated.
  - ▶ Position mother for delivery.
  - ▶ Whenever possible, use sterile or aseptic technique.
  - ▶ Apply gentle pressure against the baby's head to guide and control delivery.
  - ▶ Support the head and thorax as they appear.
  - ▶ Apply two clamps to cord, approximately 8 inches from baby's abdomen. Cut cord between the clamps.
  - ▶ If no active resuscitation is required:
    - Dry the infant, cover its head, and wrap the baby to minimize heat loss.
    - Encourage the mother to nurse, to assist uterine contractions.
5. **Transport the mother and the infant(s) without delay to a Hospital Emergency Facility.**
  - ▶ Unless active resuscitation is required, the infant(s) is (are) to be transported in an appropriate child passenger restraint system.
6. **Contact Medical Control.**
7. **Document all incident information by completing the *RI EMS Ambulance Run Report*.**

## 4.9 Newborn Resuscitation

### RECOGNITION

- ✓ Infants **NOT** in need of resuscitation can usually be identified by having **ALL** of the following
  - Full-term gestation;
  - Clear amniotic fluid;
  - Breathing or crying;
  - Good muscle tone.
- ✓ Infants missing **ANY** of these four characteristics, or with other signs of distress, should be evaluated and treated as indicated below.

### TREATMENT

1. Provide warmth and minimize heat loss from the infant.
2. If infant is not vigorous (HR <100, poor muscle tone, poor respiratory effort or color), and the amniotic fluid is not clear, manage the airway as below:
  - ▶ Suction the infant's mouth then nose using a bulb syringe. Suctioning should be limited to less than 5 seconds to avoid hypoxia or bradycardia.
  - ▶ Provide positive pressure ventilation using BVM technique following the American Heart Association (AHA) guidelines.
  - ▶ **EMT-Ps ONLY:** Perform endotracheal intubation and tracheal aspiration prior to stimulating the infant. Use Pediatric Dosing Device to estimate patient weight based upon length and *Table 1* guidelines for proper endotracheal tube size and depth of insertion.

**TABLE 1: Newborn Intubation Guidelines**

Weight kg	Gestational Age in weeks	Laryngoscope Blade Size	Endotracheal Tube Size	Depth of Insertion from Upper Lip
<1	<28	0	2.5	6.5-7.0
1-2	28-34	0	3.0	7.0-8.0
2-3	34-38	0-1	3.5	8.0-9.0
>3	>38	1	3.5-4.0	>9.0

3. Further minimize heat loss from the infant:
  - ▶ Dry the infant thoroughly.
  - ▶ Cover the infant's head.
  - ▶ Wrap the infant in plastic wrap and blankets or towels.

- ▶ Increase the temperature in the room (and ambulance) as much as possible.

**4. Position the infant to establish and maintain a patent airway.**

**5. Evaluate respiratory rate, skin color and heart rate.**

- ▶ If the infant is **apneic or has weak or gasping respirations**, provide positive pressure ventilations with BVM and 100% OXYGEN at 40-60 respirations/ minute according to the American Heart Association (AHA) guidelines..
- ▶ If breathing is **adequate**, evaluate color. If cyanotic or in respiratory distress, administer OXYGEN by “blow-by” method and monitor continuously.
- ▶ Evaluate heart rate (brachial, umbilical, or apical pulse) and **monitor continuously** to guide resuscitation.
  - If the heart rate is <60, provide positive pressure ventilation with 100% OXYGEN and chest compressions according to the American Heart Association (AHA) guidelines.
  - **EMT-Ps ONLY:** Consider endotracheal intubation if chest compressions or assisted ventilations are required for more than 90 seconds. Use Table 1 as a guide.
  - If the heart rate is between 60 and 100, provide positive pressure ventilation with BVM and 100% OXYGEN according to the American Heart Association (AHA) guidelines.
  - If the heart rate is >100, maintain warmth and reassess frequently.

**ALS PERSONNEL**

**6. Place the patient on a cardiac monitor (and pulse oximeter if available).**

- ▶ Observe and record the initial ECG rhythm, and any rhythm changes (and pulse oximetry reading if available)
- ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

**7. If heart rate remains <100 or the patient has signs of shock or as directed by Medical Control, consider obtaining IV access according to the *IV Access and Admixtures [ALS]* protocol.**

- ▶ **EMT-Ps ONLY:** consider obtaining IV or IO access according to the *Advanced IV Access* protocol. IO is the preferred route, followed by umbilical vein and then peripheral vein.
- ▶ If the infant has signs of shock, administer NORMAL SALINE 10 mL/kg IV push. This may be repeated twice if signs of shock persist.

**8. If the heart rate remains <60 despite assisted ventilations and chest compressions, administer EPINEPHRINE 1:10,000 0.01-0.03 mg/kg IV. May repeat every 3-5 minutes, if bradycardia or asystole persist.**

- ▶ **EMT-Ps ONLY:** If the heart rate remains <60 despite assisted ventilations and chest compressions, administer EPINEPHRINE 1:10,000 0.01-0.03 mg/kg IV or IO (preferred route) OR 0.1 mg/kg by endotracheal tube. May repeat every 3-5 minutes, if bradycardia or asystole.

**ALL EMTs**

9. Assess patient; obtain initial vital signs; frequently reassess patient's condition en route.
10. Calculate the APGAR scores at 1 and 5 minutes of life (see Table 2.) Determination of the APGAR scores should not delay resuscitation.

**TABLE 2: APGAR Scoring System**

Physical Sign	0 points	1 point	2 points
Heart rate	<i>Absent</i>	<i>&lt;100</i>	<i>&gt;100</i>
Respiratory effort	<i>Absent</i>	<i>Slow, irregular (or weak cry)</i>	<i>Normal (or strong cry)</i>
Muscle tone	<i>Limp</i>	<i>Some flexion</i>	<i>Active motion</i>
Reflex irritability	<i>No response</i>	<i>Grimace; some motion</i>	<i>Cough or sneeze; vigorous cry</i>
Color	<i>Blue, pale</i>	<i>Mucus membranes pink; nail beds blue</i>	<i>Mucus membranes and nail beds pink</i>

11. Contact Medical Control.
12. Transport patient without delay to a Hospital Emergency Facility.
13. Document all incident information by completing the *RI EMS Ambulance Run Report*.

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## 4.10 Seizures/Postictal State

For pediatric patients < 16 years old, follow *Seizures (Pediatric)* protocol.

### RECOGNITION

- ✓ **Seizure:** A sudden episode of unresponsiveness, characterized by mild to severe involuntary contractions of skeletal muscles.
- ✓ **Postictal State:** Third phase of a convulsive seizure. Convulsions stop, and the patient may be drowsy, confused, combative, or remain unconscious for hours.

### ASSESSMENT AND TREATMENT

1. **Unless able to rule out trauma, stabilize neck and spine with cervical collar and spineboard as soon as possible.**
2. **Perform initial assessment while protecting the airway.**
  - ▶ Determine the level of consciousness with the AVPU method or Glasgow Coma Scale.
  - ▶ Prevent patient from sustaining any injuries.
3. **Position on left side (unless contraindicated), and suction secretions if needed.**
4. **Administer OXYGEN with the highest concentration device indicated; assist ventilation as necessary.**
  - ▶ If signs of ventilatory problems arise, follow the *Airway Management and Respiratory Support* protocol.
5. **Obtain history from family and/or bystanders including medications. Determine, if possible, any previous history of seizure activity and possible causes for current seizure.**

### ALL EMTs

6. **If electronic glucose meter is available, determine blood glucose (bG) concentration.**
7. **If the bG concentration is <60 mg/dL or if the patient has signs and/or symptoms of hypoglycemia regardless of the availability of bG measurement, and the patient's mental status is "alert" (A) or becomes "alert to verbal"(V) stimuli,**
  - ▶ Administer ORAL GLUCOSE with approximately 15 grams of GLUCOSE (e.g. Glucola, Glutose 15™, InstaGlucose).
  - ▶ Repeat administration of ORAL GLUCOSE product, approximately 15 grams, if evidence of hypoglycemia persists beyond 15 minutes after the first dose.



Do not administer ORAL GLUCOSE product to a patient who is vomiting, nauseated, or not fully awake.

**BLS PERSONNEL**

8. If seizure activity persists, or if the patient has impaired consciousness, contact Medical Control for authorization to administer GLUCAGON 1 mg (1 unit) IM, if available.

**ALS PERSONNEL ONLY**

9. Place the patient on a cardiac monitor.
  - ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
10. If seizure activity persists, start an IV of NORMAL SALINE or LACTATED RINGER'S solution at KVO rate (~20 ml per hour).
  - ▶ If unable to start an IV in 2 attempts or 5 minutes transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
11. If the bG concentration is <60 mg/dl or if the patient has signs and/or symptoms of hypoglycemia and bG measurement is unavailable:
  - ▶ Administer THIAMINE HCl 100 mg IV push or IM.
  - ▶ Administer DEXTROSE (D<sub>50</sub>W) 25 gm (50 mL) IV over 2 minutes. Repeat once in 5 minutes if there is no improvement in mental status.
  - ▶ If unable to establish an IV, administer GLUCAGON 1 mg (1 unit) IM.

**BLS PERSONNEL**

12. If no improvement in mental status, contact Medical Control for permission to administer NALOXONE HCL (Narcan®) 0.4mg IM or Intranasal (IN).
  - ▶ If narcotic overdose is NOT suspected, repeat at 1-minute intervals until improvement in mental status or a total dose of 2 mg.
  - ▶ If narcotic overdose is suspected, repeat NALOXONE HCL (Narcan®) in 2.0mg doses to a total of 10mg or as directed by Medical Control.

**ALS PERSONNEL ONLY**

13. If no improvement in mental status, administer NALOXONE HCL (Narcan®) 0.4mg IV push (or IM, Intranasal [IN], or diluted in 10 mL NORMAL SALINE by endotracheal tube [ET]).
  - ▶ If no improvement in mental status and narcotic overdose IS NOT suspected, repeat at 1-minute intervals until improvement in mental status or a total dose of 2 mg.
  - ▶ If no improvement in mental status and narcotic overdose IS suspected, repeat NALOXONE HCL (Narcan®) in 2.0mg doses to a total of 10mg or as directed by Medical Control.

**14. If seizures continue, EMT-Ps or EMT-Cs may consider administration of MIDAZOLAM (Versed®), LORAZEPAM (Ativan®), OR DIAZEPAM (Valium®) as follows:**

- ▶ Administer MIDAZOLAM (Versed®) as follows:
  - Administer MIDAZOLAM (Versed®) 0.05-0.1 mg/kg IV over 1 minute, or IM or IN, to a maximum dose of 5 mg.
  - Allow 2 minutes for effect (10 minutes for IM). Medical Control may authorize the administration of subsequent doses. Recommendation: 25% of initial dose, to a maximum total dose of 0.6 mg/kg, to maintain effect.
- ▶ **OR** Administer LORAZEPAM (Ativan®) as follows:
  - Administer LORAZEPAM (Ativan®) 0.05-0.1 mg/kg IV over 1 minute, or IM, to a maximum dose of 5 mg.
  - Allow 2 minutes for effect (10 minutes for IM). Medical Control may authorize the administration of subsequent doses. Recommendation: 25% of initial dose, to a maximum total dose of 0.6 mg/kg, to maintain effect.
- ▶ **OR** Administer DIAZEPAM (Valium®) as follows:
  - Administer DIAZEPAM (Valium®) 0.05-0.1 mg/kg IV over 1 minute, or PR, to a maximum dose of 5 mg.
  - Allow 2 minutes for effect (10 minutes for PR). Medical Control may authorize the administration of subsequent doses. Recommendation: 25% of initial dose, to a maximum total dose of 0.6 mg/kg, to maintain effect.



**NOTE:** The preferred drug for treatment of continuing seizures (*status epilepticus*) is LORAZEPAM (Ativan®). LORAZEPAM can be given IV or IM. MIDAZOLAM (Versed®) is also effective for seizure treatment, and has the advantage that it can be given by IV, IM, IN, or ET routes. DIAZEPAM (Valium®) can be given IV or PR.

- ▶ If patient develops respiratory depression or hypotension, provide appropriate airway, respiratory and ventilatory support.

**ALL EMTs**

- 15. Contact Medical Control.**
- 16. Transport patient without delay to a *Hospital Emergency Facility*.**
- 17. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 4.11 Seizures (Pediatric)

### RECOGNITION

- ✓ **Seizure:** A sudden episode of unresponsiveness, characterized by mild to severe involuntary contractions of skeletal muscles.
- ✓ **Postictal:** Third phase of a convulsive seizure. Convulsions stop, and the patient may be drowsy or remain unconscious for hours.

### TREATMENT

1. Unless able to rule out trauma, stabilize neck and spine with cervical collar and spineboard as soon as possible.
2. Perform initial assessment while protecting the airway with an appropriate maneuver.
3. Protect patient from sustaining any injuries.
4. Position on left side (unless contraindicated), and remove secretions if needed.
5. Administer OXYGEN with the highest concentration device tolerated; assist ventilations as necessary.
6. If signs of ventilatory problems arise, follow the *Airway Management and Respiratory Support* protocol.
7. Obtain history from family and/or bystanders including medications. Determine, if possible, any previous history of seizure activity.
8. Assess the patient; determine the level of consciousness with the AVPU method or Pediatric Glasgow Coma Scale.
9. If temperature exceeds 38.9°C (102° F) (rectal or equivalent), administer ACETAMINOPHEN (Tylenol®) suppository per rectum, 15 mg/kg (7mg/lb).
10. If electronic glucose meter is available, determine blood glucose (bG) concentration.
11. If the bG concentration is <60 mg. dl or if the patient has signs and/or symptoms of hypoglycemia, and the patient's mental status is "alert" A or becomes alert to "verbal" V stimuli, then administer an ORAL GLUCOSE with approximately 15 grams of GLUCOSE (e.g., Glucola, Glucose 15™, InstaGlucose).
  - ▶ For pediatric patients younger than 1 year of age (<10 kg), contact Medical Control. With authorization from Medical Control, EMTs may administer an ORAL GLUCOSE product as directed by Medical Control.
  - ▶ Repeat administration ORAL GLUCOSE product, approximately 15 grams, if evidence of hypoglycemia persists beyond 15 minutes after first dose.



Do not administer ORAL GLUCOSE product to a patient who is vomiting, nauseated, or not fully awake.

**12. Contact Medical Control for authorization to administer GLUCAGON 1 mg (1 unit) IM or SQ, if available.**

- ▶ Pediatric patients <5 feet tall (<35 kg/75lbs) administer GLUCAGON 0.1 mg/kg, to a maximum of 1 mg (1 unit), IM or SQ.

**ALS PERSONNEL ONLY**

**13. If seizure activity persists, or if the patient has impaired consciousness:**

- ▶ Place the patient on a cardiac monitor.
  - Observe and record the initial ECG rhythm, and any rhythm changes.
  - Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- ▶ Start an IV of NORMAL SALINE or LACTATED RINGER'S solution:
  - Administer NORMAL SALINE or LACTATED RINGER'S solution at KVO rate (~20 mL/hour); or administer boluses of 20 mL/kg over 5- 10 minutes for patients with signs of shock.
  - If unable to establish IV in 2 attempts or 5 minutes transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
- ▶ Draw a sample of the patient's blood for blood glucose (bG) analysis. This may be done while starting the IV.

**14. If patient has demonstrated persistent seizure activity for more than 15 minutes, or has airway compromise with cyanosis or bradycardia, EMT-Ps may administer DIAZEPAM (Valium® or Diastat® gel) or MIDAZOLAM (Versed®) or LORAZEPAM (Ativan®) as indicated below. EMT-Cs must contact Medical Control for authorization to administer DIAZEPAM (Valium® or Diastat® gel) or MIDAZOLAM (Versed®) or LORAZEPAM (Ativan®).**

- ▶ Administer MIDAZOLAM (Versed®) at: 0.05 mg/kg IV at a rate not to exceed 5mg per minute, or IM or IN, to a maximum dose of 2.5 mg.
  - Allow 2 minutes for effect (10 minutes for IM). Medical Control may authorize the administration of subsequent doses. Recommendation: 25% of initial dose, to a maximum total dose of 0.6 mg/kg, to maintain effect.
- ▶ Administer LORAZEPAM (Ativan®) at 0.05-0.1 mg/kg IV or IM (maximum single dose 2mg); a repeat dose of 0.05 mg/kg may be administered 5- 10 minutes after the initial dose.
- ▶ Administer DIAZEPAM (Valium®) at: 0.05-0.1 mg/kg IV at a rate not to exceed 5mg per minute, or PR, to a maximum dose of 2.5 mg.
  - Allow 2 minutes for effect (10 minutes for PR). Medical Control may authorize the administration of subsequent doses. Recommendation: 25% of initial dose, to a maximum total dose of 0.6 mg/kg, to maintain effect.



**NOTE:** The preferred drug for treatment of continuing seizures (*status epilepticus*) is LORAZEPAM (Ativan®). LORAZEPAM can be given IV or IM. MIDAZOLAM (Versed®) is also effective for seizure treatment, and has the advantage that it can be given by IV, IM, IN, or ET routes. DIAZEPAM (Valium®) can be given IV or PR.

- ▶ If patient develops respiratory depression or hypotension, provide appropriate airway, respiratory and ventilatory support.

**15. If seizure activity persists; or if patient has bG <60 mg/dL or unknown:**

- ▶ Administer DEXTROSE. Use D25W (may be prepared by diluting D50W 1:1 with sterile water or NS), and administer as indicated on a pediatric dosing device, at 2 mL/kg (0.5 gm/kg) over 5 minutes.
- ▶ If unable to establish an IV, administer GLUCAGON 0.1 mg/kg, to a maximum dose of 1 mg (1 unit) IM or SQ

**EMT-Ps ONLY**

**16. If seizures continue, contact Medical Control for authorization to administer PHENOBARBITAL, as indicated on a pediatric dosing device:**

- ▶ Administer PHENOBARBITAL 20 mg/kg IV, at rate <50 mg/min.
- ▶ May administer additional doses of 5 mg/kg every 20 minutes, as necessary, to control seizure activity.

**ALL EMTs**

**17. Contact Medical Control**

**18. Transport the patient without delay to a Hospital Emergency Facility.**

**19. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 4.12 Shock

### RECOGNITION

Shock is a state of decreased tissue perfusion that can result from a large variety of causes. Consider the diagnosis of shock for any patient with:

- ✓ Altered mental status;
- ✓ Impaired consciousness, restlessness, coma;
- ✓ Pale, cool, clammy (diaphoretic) skin;
- ✓ Abnormal vital signs, as shown in *Table 1*;
- ✓ Significant hypotension, as indicated for **adult** patients in *Table 2*.

**TABLE 1: Abnormal Vital Signs**

Age	Respiratory Rate		Heart Rate		Sys. BP
	<i>Too Slow</i>	<i>Too Fast</i>	<i>Too Slow</i>	<i>Too Fast</i>	<i>Too Low</i>
Newborn (birth – 1 month)	<30	>80	<100	>200	<40
Infant (1 month – 1 yr)	<20	>70	<80	>180	<60
Preschool (1-6 years)	<16	>40	<70	>160	<75
School Age (6-12 years)	<12	>30	<60	>140	<85
Adolescent (12 – 16 years)	<10	>24	<60	>120	<90
Adult (>16 years)	<10	>24	<60	>120	<90

Note: Absent radial pulse indicates hypotension

**TABLE 2: Significant Hypotension (Adult)**

If unable to palpate pulse at:	Systolic BP is probably:
<b>Radial</b> artery	<90 mm Hg
<b>Brachial</b> artery	<80 mm Hg
<b>Femoral</b> artery	<70 mm Hg
<b>Carotid</b> artery	<60 mm Hg

### ASSESSMENT AND TREATMENT

1. Perform initial assessment while protecting the airway with appropriate maneuver.
2. Control external bleeding by direct pressure or pressure points.
3. Administer OXYGEN with the highest-concentration device tolerated; assist ventilations necessary.

4. If respiratory or ventilatory problems arise, follow the *Airway Management and Respiratory Support* protocol.
5. Assess patient, obtain initial vital signs, and frequently reassess patient's condition.
6. Attempt to determine cause of shock:
  - ▶ If shock is secondary to trauma: Transport as soon as possible; contact Medical Control; and follow the *Trauma* protocol.
  - ▶ If shock is secondary to anaphylaxis (eg: bee sting allergy), follow the *Anaphylaxis* protocol, and then continue as below.
7. Elevate patient's legs, unless contraindicated.
8. Consider use of pneumatic anti-shock garment following the *PASG* protocol.

**ALS PERSONNEL ONLY**

9. Place the patient on a cardiac monitor.
  - ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
10. Establish IV access.
  - ▶ Start a large bore IV of NORMAL SALINE or LACTATED RINGER'S solution at KVO rate (~20 ml per hour).
  - ▶ For all forms of shock **except cardiogenic**:
    - **Adult patients:** Administer IV "wide open" until there is an improvement in systolic BP to a value above 90 mm Hg; or until clinical signs of CHF develop.
    - **Pediatric patients <5 feet tall (<35 kg/75 lbs):** Administer fluid boluses of 20 mL/kg/dose by rapid IV push. Reassess patient after each dose, and repeat boluses as necessary to achieve systolic BP above age-related hypotensive value (refer to table).
    - For pediatric patients with evident or suspected intra-abdominal injury, attempts to start IVs should be made above the diaphragm.
  - ▶ For **cardiogenic shock**:
    - **Adult patients:** Administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (20-30 mL/hour).
    - **Pediatric patients <5 feet tall(<35 kg/75 lbs.):** Administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (10-20 ml/ hour).
  - ▶ If unable to start an IV in 2 attempts or 5 minutes transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
  - ▶ If transport time will be longer than 15 minutes, start a second IV at a different site.

**11. Consider a fluid challenge of NORMAL SALINE or LACTATED RINGER'S solution IV:**

- ▶ **Adult patients:** Administer 500mL “wide open” until there is an improvement in systolic BP to a value above 90 mm Hg; or until clinical signs of CHF develop.
- ▶ **Pediatric patients <5 feet tall (<35 kg/75lbs):** Administer fluid boluses of 20 mL/kg/dose by rapid IV push. Reassess patient after each dose, and repeat boluses as necessary to achieve systolic BP above age-related hypotensive value (refer to table).

**12. EMT-Ps, or EMT-Cs with authorization from Medical Control, may perform the following:**

- ▶ **Adult patients:** Administer DOPAMINE HCL (400 mg in 250 mL NS) and titrate the rate to achieve a systolic blood pressure >90 mm Hg.
- ▶ **Pediatric patients <5 feet tall (<35 kg/75 lbs.):** Administer DOPAMINE HCL as indicated on a pediatric dosing device at 2-20 mcg/kg/min by IV Infusion Pump, and then titrate the rate to achieve a systolic blood pressure above the age –related value (refer to table).



Due to the high risk of side effects with incorrect dosage, DOPAMINE infusions should be administered by IV Infusion Pump when possible. If an IV Infusion Pump is not available, DOPAMINE may be administered by carefully monitoring the drip rate in a “micro-drip” IV administration set. Passive or gravity-controlled rate control devices (e.g., Dial-a-Flo®) are considered incapable of strict mechanical control and their use is not permitted at any time.

**13. If patient is wearing a Medic Alert® or equivalent identification stating “adrenal insufficiency”, administer HYDROCORTISONE SODIUM SUCCINATE (Solu-Cortef®) as indicated below:**

- ▶ **Adult patients:** Administer HYDROCORTISONE SODIUM SUCCINATE (Solu-Cortef®) 100mg IV.
- ▶ **Pediatric patients < 5 feet tall (<35 kg/75 lbs):** Administer HYDROCORTISONE SODIUM SUCCINATE (Solu-Cortef®), 1-2 mg/kg IV.

**ALL EMTs****14. Contact Medical Control.****15. Transport patient without delay to a Hospital Emergency Facility.****16. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 4.13 Stroke (CVA, Brain Attack)

### RECOGNITION

- ✓ Unilateral paralysis, unilateral numbness, language disturbance, monocular blindness, vertigo or abrupt disturbance of gait. For additional stroke assessment see tool in appendix (page 9.3), if needed.

#### “FAST” STROKE RECOGNITION

<b>F</b> ace	<b>A</b> rm	<b>S</b> peech	<b>T</b> ime
Does the <b>face</b> look uneven?	Does one <b>arm</b> drift down?	Does their <b>speech</b> sound strange?	<b>Time</b> is brain – determine last time patient was without symptoms. Contact Medical Control at Stroke Center.

### TREATMENT



If a patient is suspected of having a stroke, and is not hypoglycemic or suspected of having opiate overdose, do not administer ASPIRIN. No further medications should be administered without contacting Medical Control. Do not administer anything by mouth (including medications) unless indicated for treatment of hypoglycemia.

#### 1. Perform initial assessment while protecting the airway.

- ▶ Perform initial assessment while protecting the airway.
- ▶ If the patient has any impaired consciousness, refer to the *Impaired Consciousness* protocol.
- ▶ Obtain vital signs and frequently reassess patient condition.
- ▶ Obtain history from patient, family, and/or bystanders to include:
  - When was the patient last known to be without symptoms?



Obtain accurate time or document if last time without new symptoms cannot be determined. Try to get phone number of, or bring along, person who witnessed last known time without symptoms.

- Did the patient have a seizure or head injury at the time of onset?
- Did the patient complain of a headache, neck pain, or neck stiffness prior to onset?
- Did the patient undergo any recent surgery?
- Has patient had a recent stroke or TIA?
- Does patient have history of hypertension or diabetes?
- Does the patient take any antiplatelet/anticoagulant medications?

**2. Provide supplemental oxygen to maintain SpO<sub>2</sub> > 94%.**

- ▶ If SpO<sub>2</sub> measurement is not available, administer OXYGEN with the highest concentration device tolerated. Assist ventilations as necessary.

**ALS PERSONNEL ONLY****3. Place the patient on a cardiac monitor.**

- ▶ Observe and record the initial ECG rhythm and any rhythm changes.
- ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
- ▶ Start an IV access device or establish an IV of NORMAL SALINE solution only. If not established on first attempt, further attempts should occur during transport.
  - **Adult patients:** Start an IV of NORMAL SALINE at KVO (20-30 ml/hour.)
  - **Pediatric patients < 5 feet tall (<35 kg / 75 lbs.):** Start an IV of NORMAL SALINE at KVO (10-20 ml/hour.)

**ALL EMTs****4. Contact Medical Control at the nearest Stroke Center Hospital**

If a Stroke Center is within a 30-minute transport radius of the patient, it should be the preferred receiving hospital for patients with suspected stroke.

- ▶ For all suspected stroke patients, contact Medical Control at the closest Stroke Center to discuss permission to proceed directly to that facility. Stroke Centers are listed in the *Standard Management of All Patients* protocol.
- ▶ Notify the receiving hospital immediately in order to minimize time to intervention.

**5. Transport patient without delay to a Hospital Emergency Facility.**

- ▶ Transport the patient without delay to a Hospital Emergency Facility, or to a Stroke Center if so directed by Medical Control.
  - **Adult patients:** If within 30 minutes, the preferred destination is a designated Stroke Center (see *Standard Management of All Patients*)
  - **Pediatric patients:** If within 30 minutes, the preferred destination is Hasbro Children's Hospital.

**6. Document procedures by completing the *RI EMS Ambulance Run Report*.**

## 5.1 Trauma

### DEFINITIONS

**Level I Trauma Center:** A hospital emergency facility verified by the American College of Surgeons as a Level I Trauma Center for adult and/ or pediatric patients. For a list of ACS-verified Level I Centers in or near Rhode Island, see *Appendix 3: Trauma Centers*.

### PRINCIPLES

- ✓ Rapid initial assessment is essential. Access to the patient for the initial assessment and initial treatment should take precedence over complete extrication.
- ✓ Transport should always occur as soon as possible after immobilization (ideally, in less than 10 minutes at the scene). Further treatment should be given en route.

### ASSESSMENT AND TREATMENT

1. **Stabilize the patient's neck and spine and immobilize with cervical collar and spineboard as soon as possible.**
2. **Follow the *Airway Management and Respiratory Support* protocol to manage the airway and to ensure oxygenation and ventilation. If an airway emergency exists, follow the *Airway Management and Respiratory Support* protocol.**
  - ▶ Use the jaw-thrust without head-tilt, taking care to avoid movement of the cervical spine.
  - ▶ Clear upper airway manually or by suction, as necessary.
  - ▶ Administer OXYGEN with the highest-concentration device tolerated.
  - ▶ If respirations are absent or ineffective, ventilate or assist, as needed.
3. **Control bleeding by direct pressure. Do not remove penetrating objects unless authorized by Medical Control.**
4. **If the patient is unconscious and pulseless, determine if the *Biological Death or Comfort One* protocol applies. If criteria for *Biological Death or Comfort One* are not met, start basic life support and follow *Cardiac Arrest* protocol.**
5. **Assess patient, obtain initial vital signs, and frequently reassess patient's condition.**
6. **Determine the patient's initial trauma score. Refer to *Revised Trauma Score (Adult)* and *Trauma Score (Pediatric)* tables.**

**7. Transport the patient without delay to an appropriate Hospital Emergency Facility and contact Medical Control en route.**

▶ **Adult patients:**

- If the trauma score <11, or the patient's "situation of injury" includes any of the trauma factors identified on the *RI EMS Ambulance Run Report*, and you are **within** 30 minutes ground transport time to an Adult Level I Trauma Center, transport to that trauma center's emergency department, unless an airway emergency exists.
- If the scene time and/or ground transport time will be **more than** 30 minutes, and a landing site is available, consider transport by air ambulance from the scene to an Adult Level I Trauma Center. Follow the *Air Ambulance* protocol.
- If you are **beyond** 30 minutes ground transport time to an Adult Level I Trauma Center, transport to the nearest Hospital Emergency Facility.

▶ **Pediatric patients <5 feet tall (<35 kg/75 lbs):**

- If the pediatric trauma score is <9 or the patient's "situation of injury" includes any of the trauma factors identified on the *RI EMS Ambulance Run Report*, and you are **within** 30 minutes ground transport time to a Pediatric Level I Trauma Center, transport to that trauma center's emergency department, unless an airway emergency exists.
- If the scene time and/or ground transport time will be **more than** 30 minutes, and a landing site is available, consider transport by air ambulance from the scene to a Pediatric Level I Trauma Center. Follow the *Air Ambulance* protocol.
- If you are **beyond** 30 minutes ground transport time to a Pediatric Level I Trauma Center, transport to the nearest Hospital Emergency Facility.

**8. If the patient is pregnant and no contraindications exist, elevate the patient's right side (or tilt spineboard to the left) during transport.**

**9. If signs of shock are present, priority should be given to early contact with Medical Control and to rapid transport to the appropriate facility. Follow the *Shock* protocol en route.**

- ▶ Apply and inflate the Pneumatic Anti-Shock Garment, following the *PASG* protocol.

**ALS PERSONNEL ONLY**

**10. Establish IV access.**

- ▶ Start a large bore IV of NORMAL SALINE or LACTATED RINGER'S solution at KVO rate (~20 ml per hour).
- ▶ **Adult patients:** Administer IV "wide open" until there is an improvement in systolic BP to a value above 90 mm Hg; or until clinical signs of CHF develop.
- ▶ **Pediatric patients <5 feet tall (<35 kg/75 lbs):** Administer fluid boluses of 20 mL/kg/dose by rapid IV push. Reassess patient after each dose, and repeat boluses as necessary to achieve systolic BP above age-related hypotensive value (refer to table).
  - For pediatric patients with evident or suspected intra-abdominal injury, attempts to start IVs should be made above the diaphragm.



- ▶ If unable to start an IV in 2 attempts or 5 minutes transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
- ▶ If transport time will be longer than 15 minutes, start a second IV at a different site.

**11. Place the patient on a cardiac monitor.**

- ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
- ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.

**ALL EMTs**

**12. Continue further treatment as shown below.**

**13. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

**FURTHER TREATMENT OF CHEST TRAUMA**

- ▶ Administer OXYGEN with the highest-concentration device tolerated; assist ventilations as necessary.
- ▶ **Flail chest** (paradoxical movement of a portion of the chest wall):
  - Position patient with injured side down, unless contraindicated.
  - Provide manual stabilization of flail segment or splint, as needed.
- ▶ **Open pneumothorax** (sucking chest wound):
  - Close on three sides by any appropriate means available (e.g., gauze pad with Vaseline<sup>®</sup>, plastic wrap, defibrillator pad, etc.)
  - Monitor the patient closely for evidence of developing tension pneumothorax.
- ▶ **Tension pneumothorax** (increasing ventilatory impairment; distended neck veins; absent breath sounds with hyper-resonance on one side of the chest; tracheal deviation away from the side without breath sounds):
  - If present, after closure of a sucking chest wound, remove the dressing to convert it to a simple open pneumothorax again.
  - **EMT-Ps ONLY** may attempt pleural decompression.

## FURTHER TREATMENT OF ABDOMINAL TRAUMA

- ▶ **Closed (blunt) injuries:**
  - Place patient supine with legs elevated, with flexion at hips and knees, unless contraindicated.
- ▶ **Open (penetrating) injuries:**
  - Place patient supine with legs elevated, with flexion at hips and knees, unless contraindicated
  - Cover wound with sterile dressing and stabilize any impaled object.
  - If evisceration is present, moisten sterile dressing with sterile saline.

## FURTHER TREATMENT OF HEAD/SPINAL INJURIES

- ▶ Establish airway, and maintain with appropriate maneuver following the *Airway Management and Respiratory Support* protocol.
- ▶ Provide manual inline c-spine stabilization. Stabilize neck and spine with cervical collar and spineboard as soon as possible.
- ▶ Control scalp bleeding by direct pressure unless obvious fracture of skull is present.
- ▶ Assess the patient's neurologic status using the AVPU method or Glasgow Coma Scale, and repeat en route.
- ▶ For an unconscious patient, ventilate with high-concentration OXYGEN following the *Airway Management and Respiratory Support* protocol. Hyperventilate only if there are signs of impending brain herniation.

### ALS PERSONNEL ONLY

- ▶ Maintain IV of NORMAL SALINE or LACTATED RINGER'S solution as indicated below:
  - **Adult patients:** In the absence of shock, reduce NORMAL SALINE or LACTATED RINGER'S IV to KVO rate (20-30mL/hour). If there is evidence of shock, administer IV fluid "wide open."
  - **Pediatric patients <5 feet tall (<35 kg/75 lbs):** In the absence of shock, reduce NORMAL SALINE or LACTATED RINGER'S solution IV to KVO rate (10-20 mL/hour). If there is evidence of shock, administer boluses of 20 ml/kg/dose by rapid IV push.

## FURTHER TREATMENT OF EXTREMITY TRAUMA (AMPUTATION, FRACTURE)

- ▶ Document any unusual circumstance involving the injury (e.g., gross contamination, movement from the original position prior to your arrival) by completing the *RI EMS Ambulance Run Report*.
- ▶ Cover open (compound) fractures or amputation stumps with sterile dressings, then immobilize the limb. Elevation of an immobilized extremity is often helpful in controlling bleeding.

- ▶ Immobilize an apparent fracture, dislocation, or amputation in the position found with appropriate splinting devices, unless:
  - There are no pulses distal to injury site. Contact Medical Control if distal pulses are absent. Medical Control may authorize movement of the extremity.
  - The extremity is angulated and interferes with safe transport.
  - There is an apparent fracture of the shaft of the femur.
  - **Adult patients:** Apply a traction splint.
  - **Pediatric patients <5 feet tall (<35 kg/75 lbs):** Apply a pediatric traction splint, if available.
- ▶ Place amputated parts in a sterile dressing moistened with STERILE SALINE. Place the dressing that contains the amputated part(s) in a towel or a plastic bag, then on an ice pack, if available. **Do not place the amputated parts directly on ice or in any liquids.**

#### ALS PERSONNEL ONLY

- ▶ Maintain IV of NORMAL SALINE or LACTATED RINGER'S solution as indicated below:
  - Start IV(s) in uninvolved extremities or proximal to fracture sites (in cases of multiple fractures).
  - **Adult patients:** In the absence of shock, reduce NORMAL SALINE or LACTATED RINGER'S solution IV to KVO rate (20-30 ml/hour) If there is evidence of shock, administer IV fluid "wide open."
  - **Pediatric patients <5 feet tall (<35 kg/75 lbs):** In the absence of shock, reduce NORMAL SALINE or LACTATED RINGER'S solution IV to KVO rate (10-20 mL/hour). If there is evidence of shock, administer boluses of 20mL/kg/dose by rapid IV push.

#### FURTHER TREATMENT OF EYE TRAUMA

- ▶ Check for pain, loss of vision, and eye muscle function (side-to-side and up-and-down eye motions).
- ▶ Manage eye trauma by:
  - Irrigation of chemical or small foreign body injuries for at least 15 minutes, using at least 500 mL of LACTATED RINGER'S or NORMAL SALINE.
  - **EMT-Ps ONLY:** For chemical or small foreign body injuries only, may instill TETRACAINE HCL 0.5% solution, 1-2 drops into affected eye. May repeat every 5-10 minutes to a maximum of 3 doses.
  - **EMT-Ps ONLY:** Only in cases where irrigation of liquid injuries (chemical or hot liquids) is required, trained personnel may use a soft contact lens-type irrigation system (Morgan Lens® or equivalent) using at least 500ml of LACTATED RINGER'S or NORMAL SALINE solution.
  - Protecting traumatized eye by applying an appropriate dressing and protective eye shield. Do not apply pressure or dressings directly to the eyeball (globe).
  - Covering both eyes to limit sympathetic movement of the injured eye.
- ▶ Document the type of injury (e.g., contusion, laceration, chemical, foreign body) by completing the *RI EMS Ambulance Run Report*.

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## 5.2 Burns

### ASSESSMENT & TREATMENT

1. **Stop the burning process. Remove smoldering, non-adherent clothing.**
2. **Assess the airway and follow the *Airway Management and Respiratory Support* protocol, if necessary.**
  - ▶ Check for breathing and pulse. If not present, start CPR.
  - ▶ Suspect an inhalation injury if any of the following is present on assessment:
    - Closed space burn (facial burn; singed nasal hairs, beard or mustache);
    - Sooty or bloody sputum;
    - Difficulty breathing or brassy cough.
  - ▶ Assist ventilation with a bag-valve-mask device and high-flow OXYGEN, if necessary; or administer OXYGEN by highest-concentration device tolerated if respirations are normal.



Do not use an Esophageal Obturator Airway (EOA).

- ▶ **EMT-Ps ONLY:** Consider early intubation for patients with signs of inhalation injury or respiratory distress due to increased incidence of obstruction from airway edema.
3. **Remove the patient's clothing and rings (but do not pull off skin or tissue).**
  4. **For pediatric patients <5 feet tall (<35 kg/75 lbs) who demonstrate respiratory distress from suspected upper airway swelling, administer EPINEPHRINE 5 mL of 1:1000 solution by nebulizer over 5-15 minutes.**



BLS PERSONNEL must contact Medical Control for authorization before administering EPINEPHRINE 1:1000 as described above.

5. **Assess for any trauma that may not have been suspected initially.**
6. **Wash chemical burns with copious amounts of clean water, NORMAL SALINE or other appropriate solutions/decontaminants.**
  - ▶ For exposure to hydrofluoric acid (HF), apply CALCIUM GLUCONATE 2.5% topical gel, if available, directly to the exposed area.
7. **In burns of <10% of body surface area, apply moist saline dressings to comfort the patient. (Third degree burns are not usually painful).**
  - ▶ Use aseptic technique as much as possible.

- ▶ Cover burned areas >10% of body surface area with sterile dressings or sheets.

8. Do not allow the patient to consume any food or liquids.

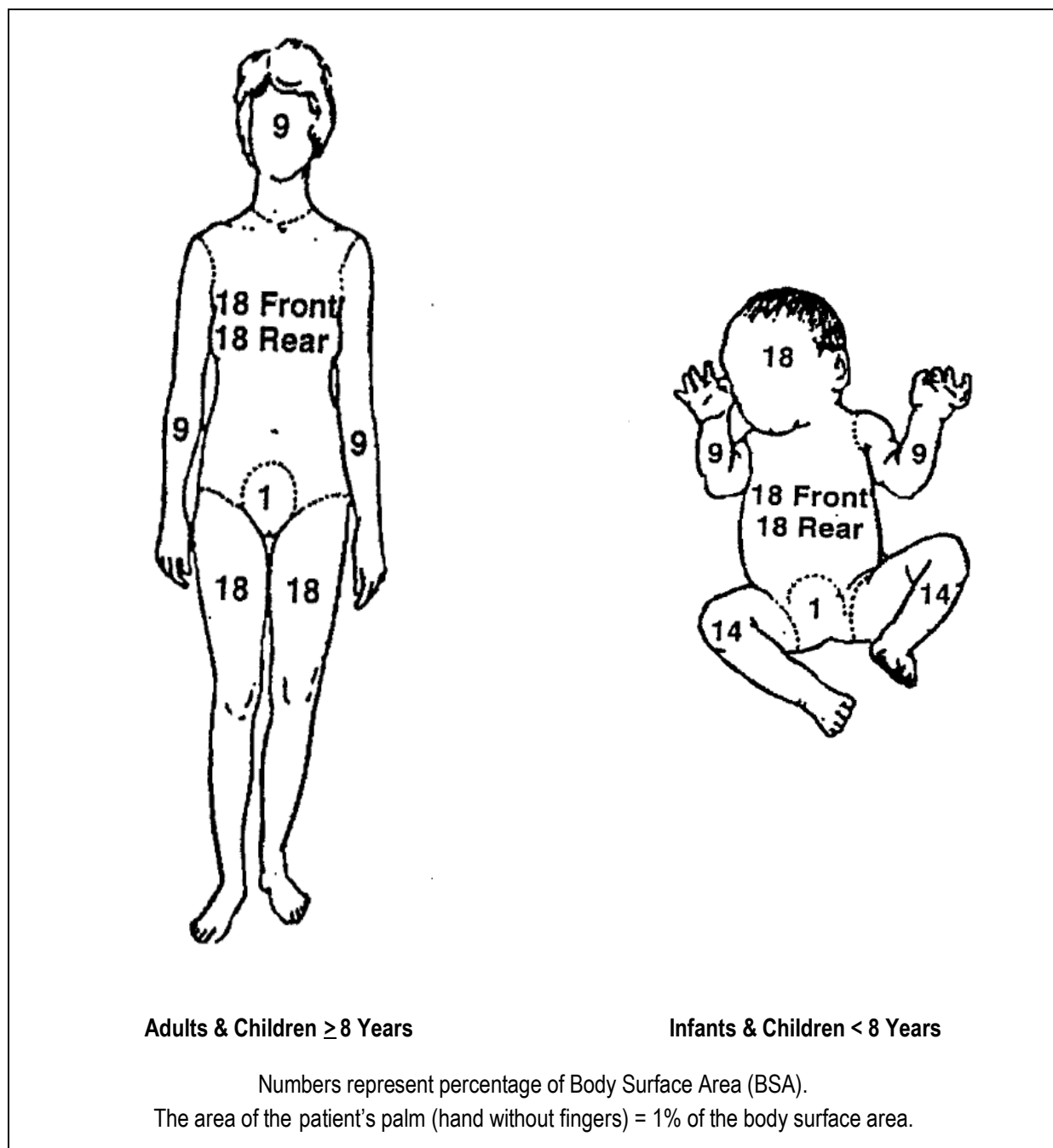
#### ALS PERSONNEL

9. For any patient with a serious burn (second and/or third degree >20% of the body surface area), start a large bore IV of **NORMAL SALINE** or **LACTATED RINGER'S** solution, as indicated below.
- ▶ **Adult patients:** Administer **NORMAL SALINE** or **LACTATED RINGER'S** solution at 300mL/hour; or "wide open" if there is evidence of shock.
  - ▶ **Pediatric patients <5 feet tall (<35 kg/75lbs):** Administer **NORMAL SALINE** or **LACTATED RINGER'S** solution, 20 mL/kg/hr; or as 20 mL/kg boluses by rapid IV push if there is evidence of shock.
  - ▶ If unable to establish an IV in 2 attempts or 5 minutes, transport the patient to a Hospital Emergency Facility. Any further attempt at IV placement must occur en route.
10. For patients exhibiting moderate to severe pain, provide pain relief, following the *Pain Management and Sedation* protocol.

#### ALL EMTs

11. Transport the patient without delay to a Hospital Emergency Facility.
- ▶ Under certain circumstances, transport by air ambulance may be indicated. Refer to *Air Ambulance* protocol.
12. For any serious burn of the body and for all inhalation injuries, contact Medical Control en route. Refer to *Figure 1*.
13. Re-evaluate and monitor for airway distress.
14. Document all incident information by completing the *RI EMS Ambulance Run Report*.

FIGURE 1: Burn Injury Chart



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## 5.3 Patient Subdued by Taser®

### INTRODUCTION

- ✓ State and local police departments may use a conductive energy weapon called a Taser®. The Taser is designed to restrain violent/potentially violent individuals when alternative restraint tactics have failed or are reasonably likely to fail and/or where it would be unsafe for law enforcement officers to approach a subject to apply restraints. When used, the Taser® discharges a thin, insulated, high-voltage wire(s), that at the distal end contains arrow-like barbed projectiles (probes) that penetrate the subject's skin and embed themselves, resulting in a short incapacitating electric shock to be administered. Depending on the agency, law enforcement officers may initiate an EMS response when the device is discharged on a suspect.

### TREATMENT

1. **Ensure the officer has disconnected the wires from the hand held unit before contact with patient.**
  - ▶ Confer with the officer and determine the patient's condition prior to the Taser's deployment. Further, determine the patient's condition from the time of the Taser® discharge until EMS arrival. Any report of extreme irrational behavior prior to the tasing is significant, regardless of the patient's current presentation.
2. **Initiate routine patient care per the *Standard Management of all Patients* protocol.**
  - ▶ "Tased" patients may fall without the ability to protect themselves. Beware of head, neck and musculoskeletal injuries. Consider immobilization with cervical collar and spine board.
  - ▶ Consider that children may be more susceptible to nerve or muscle damage from a Taser® due to their smaller size.
  - ▶ Consider the potential for fetal trauma if the patient is pregnant.
3. **Obtain history from the patient including the date of last tetanus shot and any cardiac history.**
4. **Identify location of probes on the patient's body.**
5. **Cut the wires no closer than 12" from the patient.**
  - ▶ Do not remove the probes from the patient's body. Consider the probe an impaled object that should be left in place. Pad and secure as needed.
  - ▶ Probes that have been removed should be handled and disposed of like contaminated sharps in a designated sharp container.
6. **Clean puncture sites and bandage.**
7. **Follow all appropriate *RI EMS Prehospital Care Protocols and Standing Orders* to identify and treat life-threatening and critical conditions.**
8. **Contact Medical Control.**

9. Transport the patient without delay to a Hospital Emergency Facility.
10. Document all incident information by completing the *RI EMS Ambulance Run Report*.

**ALS PERSONNEL ONLY**

11. Place the patient on a cardiac monitor.
  - ▶ Observe and record the initial ECG rhythm, and any rhythm changes.
  - ▶ Attach a copy of the initial rhythm strip to the hospital copy of the *RI EMS Ambulance Run Report*.
12. Start an IV access device or at least one IV of NORMAL SALINE or LACTATED RINGER'S solution to run at KVO rate (~20ml)
  - ▶ If unable to establish IV in 2 attempts or 5 minutes, transport the patient to a Hospital Emergency Department. Any further attempt at IV placement must occur en route.
13. If there is evidence of shock, follow the *Shock* protocol.
14. Consider pain management if necessary and appropriate following the *Pain Management and Sedation* protocol.

**IMPORTANT INFORMATION**

Electrical outputs of the Taser® fall within safe levels defined by international standards. There is no increased risk to patients with either pacemakers or implantable defibrillators.

The Taser® has the ability to ignite flammable liquids or vapors. Beware of environments where flammables are obviously present.

## 6.1 Air Ambulance (Helicopter)

### BACKGROUND

- ✓ An air ambulance may be called to the scene in severe trauma cases if scene time and transport time will be prolonged and if a landing site is available. The air crew will determine which trauma center is appropriate to receive the patient.
- ✓ An air ambulance may be called with authorization from Medical Control in cases of critical illness or injury. The air crew will determine which specialized care center is appropriate to receive the patient.
- ✓ Listed in *Table 1* are the air ambulance services that are available for scene response. Their aircraft bases are noted to provide geographic reference, but estimated time of arrival to a request should be obtained by calling the individual service.

**TABLE 1: Air Ambulance Services**

Life Flight UMASS-Memorial (Worcester, MA)	1-800-343-4354
Life Star (Hartford and Norwich, CT)	1-800-221-2569
Med Flight (Bedford and Plymouth, MA)	1-800-233-8998

### PROCEDURE

1. **Contact air ambulance service.**
  - ▶ NOTE: If transport by air ambulance is to be undertaken, early contact with an air ambulance service is essential. Care of the patient should not be interrupted.
2. **Select, prepare, and approach the landing site only as directed by the air ambulance service.**
3. **Identify a landing area with a minimum open space of 60 feet by 60 feet (100 feet by 100 feet for night landings.)**
4. **Inform the air ambulance service of any obstacles at the landing site (trees, telephone lines, antennas, etc.)**
5. **Secure the landing area to prevent unauthorized persons from approaching the air ambulance.**
6. **Keep the landing zone clear of loose articles and hazardous debris, and protect the patient from rotor wash.**
7. **Keep well clear of the landing area when the air ambulance is approaching or taking off.**
8. **Do not approach the air ambulance unless requested by the flight crew.**
9. **If requested, approach within the pilot's field of vision.**
10. **Carry equipment horizontally, below your waist level; never upright or over your shoulder.**

## **6.1-2**

*Air Ambulance (Helicopter)*

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11. Follow the suggestions of the flight crew when assisting near the air ambulance.
12. NO SMOKING in or within 50 feet of the air ambulance.

## 6.2 Biological Death

### RECOGNITION OF BIOLOGICAL DEATH

- ✓ An **adult patient** may be considered biologically dead if there is a lack of vital signs and at least one of the following:
  - Rigor mortis (rigid stiffness of the body);
  - Dependent lividity (purple/blue discoloration of those body areas closest to the ground);
  - Obvious injury incompatible with life (e.g., decapitation);
  - Palpably cold body in the absence of any of the following: hypothermia from cold exposure; cold water drowning; drug overdose;
  - Obvious changes of decomposition (i.e., bloating, skin slippage, extensive green or black skin discoloration).
- ✓ A **pediatric patient** may be considered biologically dead if there is a lack of vital signs and at least one of the following:
  - Obvious injury incompatible with life (e.g., decapitation);
  - Obvious changes of decomposition (i.e., bloating, skin slippage, extensive green or black skin discoloration).

### PATIENT CARE



By recognizing the evidence of lifelessness (as specified in RECOGNITION above) the EMS rescue personnel have made the **determination** of death. This **determination** by a licensed EMT does not constitute a **pronouncement** or certification of death, which are the responsibilities of a licensed physician.

1. **The responsibility for a patient who is biologically dead lies with the state or local police department. Accordingly, the police should be contacted immediately. The police department is responsible for contacting the Medical Examiner's Office. The body should not be removed from the scene and the scene should be disturbed as little as possible.**
2. **Any patient who DOES NOT meet the criteria above for biological death should be considered alive and treated as follows:**
  - ▶ Any **adult patient** who does not meet the criteria above for biological death should be considered alive and treated following the *Cardiac Arrest* protocol and transport to a Hospital Emergency Facility.
  - ▶ Any **pediatric patient** without signs of life, including a newborn or potential SIDS fatality, who does not meet the criteria above for biological death, should receive full resuscitative measures and be transported to a Hospital Emergency Facility.
  - ▶ For patients wearing a Comfort One bracelet, follow the *Comfort One* protocol.

- ▶ Transport to a Hospital Emergency Facility. Follow the *Cardiac Arrest* protocol and contact Medical Control en route.

**3. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

## 6.3 Comfort One

### INTRODUCTION

Advances in home health and hospice care have resulted in more chronically and terminally ill patients living in private residences or in nursing homes. Many of these patients do not wish to have CPR performed and have made formal **Living Will Declarations**; executed **Durable Power of Attorney** documents; or have a physician's **Do-Not-Resuscitate Order** recorded in their medical records.

### LEGAL AUTHORITY

§ 23-4.1 to 23-4.10-12 RIGL (*Emergency Medical Transportation Services*)

§ 23-4.10 to 23-4.10-12 RIGL (*Health Care Power of Attorney*)

§ 23-4.11-2 to 23-4.11-14 RIGL (*Rights of the Terminally Ill Act*)

### PURPOSE

- ✓ To provide symptom control, patient care and comfort measures during the dying process for Comfort One patients.
- ✓ To avoid resuscitation of patients who have Comfort One status.
- ✓ To clarify the role and responsibilities of prehospital care providers at the scene and/or while providing transportation for Comfort One patients.

### DEFINITIONS

- ✓ The *Comfort One* protocol is a set of standardized, state-wide patient care orders to be followed by emergency medical services personnel when encountering a Comfort One patient. The protocol emphasizes that the patient will receive palliative, supportive care; but **no** resuscitative measures.
- ✓ A Comfort One patient is a patient who:
  - Has executed a Living Will and/or Durable Power of Attorney; and
  - Has been diagnosed as having a terminal condition; and
  - Has been issued a Comfort One bracelet.
  - This designation also applies to patients having a physician authorized Do-Not-Resuscitate (DNR) Order recorded in the patient's medical record or a DNR order received directly from a physician in compliance with the *Medical Control at the Emergency Scene* protocol.

### APPLICATION

- ✓ The *Comfort One* protocol is applicable to emergency medical services personnel acting in the EMS setting.

## ACTIVATION / IDENTIFICATION

1. The Comfort One status of a patient is confirmed and this protocol is activated when prehospital personnel have been presented with:
  - ▶ A Comfort One bracelet on the patient (no further Comfort One documentation is necessary).
    - Determine that Comfort One bracelet is intact and not defaced or damaged.
    - Location of bracelet: wrist or ankle; necklace if extremities not available (sealed and closed bracelet on necklace chain).

## EMS PROVIDER ACTIONS

2. Proceed with usual patient assessment and care including resuscitative measures until Comfort One status is confirmed.
3. Upon verification of Comfort One status:
  - ▶ **DO NOT:**
    - Initiate CPR
    - Administer chest compressions
    - Intubate (ET or EOA)
    - Initiate cardiac monitoring
    - Start an IV for resuscitation
    - Administer cardiac resuscitation drugs
    - Defibrillate
    - Provide ventilatory assistance
  - ▶ **DO** (as indicated by the patient's condition):
    - Suction airway
    - Administer oxygen
    - Position for comfort
    - Splint
    - Control bleeding
    - Provide emotional support
    - If possible, determine if **hospice** or **home health agency** patient and contact appropriate agency.
    - Contact the patient's attending physician or Medical Control for further orders.
4. If efforts are begun prior to confirmation of Comfort One status, discontinue the resuscitative measures upon verification of Comfort One status.
  - ▶ EMS personnel will not continue:
    - CPR
    - Ventilatory assistance



- Administration of cardiac medications
- ▶ Do not initiate IV lines, EOA or Endotracheal Intubation.
  - NOTE: Established IV lines, EOA or ET tube should remain in place.

## REVOCATION

**5. BY THE PATIENT – Regardless of mental or physical condition, the patient may revoke his/her Comfort One status by:**

- ▶ Physical cancellation or destruction of the Comfort One bracelet by:
  - The patient; or
  - The patient's surrogate decision-maker; or
  - Another in the patient's presence and at the patient's direction.
- ▶ Direct communication with the prehospital care provider or other licensed health care provider by:
  - The patient; or
  - The patient's surrogate decision-maker; or
  - Another in the patient's presence and at the patient's direction.
- ▶ Direct communication with the prehospital care provider, physician or other licensed health care provider by any person or witnesses the revocation of Comfort One status by a qualified patient.



A revocation communicated by family or by another who did not witness the revocation is **not valid** in the emergency or transport setting.

- 6. BY A PHYSICIAN – A physician may revoke a Do-Not-Resuscitate Order by writing such a revocation in the patient's medical record, provided there is no Comfort One bracelet present.**
- 7. BY MEDICAL CONTROL – A Do-Not-Resuscitate Order may be revoked directly by a physician in compliance with the *Medical Control at the Emergency Scene* protocol, provided there is no Comfort One bracelet present.**
- 8. EMS personnel or other licensed health care providers, upon witnessing or verifying a Comfort One revocation, must communicate that revocation in writing so as to include this information in the patient's medical record. For prehospital care providers, the revocation shall be documented on the standard *RI EMS Ambulance Run Report*.**

## DOCUMENTATION

- 9. The minimum Comfort One ambulance/rescue report information shall include:**
- ▶ Use of a standard *RI EMS Ambulance Run Report*
    - Indicate the use of Comfort One in the space allotted.
  - ▶ Patient's name, gender, estimated age

- ▶ Attending physician
  - ▶ Comfort One identification seen. (Document method of identification [Comfort One bracelet or Do-Not-Resuscitate Order per medical record] that was used to confirm Comfort One status. Note that Comfort One bracelet was intact, not defaced, not cancelled, or not officially revoked. Include the name of the patient's attending physician.)
  - ▶ Time, date, location, and description of event.
  - ▶ Assessment findings and care provided.
  - ▶ Any Comfort One revocation directly witnessed by EMS personnel or communicated to EMS personnel by family, surrogate decision maker or another who witnessed the revocation
10. If transporting the patient, keep Comfort One bracelet (intact or removed) and/or *Interagency Referral Form* with the patient.
11. If Comfort One order was issued per the *Medical Control at the Emergency Scene* protocol, provide date and physician's name as well as other pertinent information per protocol.

## INTERACTION WITH FAMILY/BYSTANDERS

12. If family/bystanders request resuscitative efforts for a patient with Comfort One status:
- ▶ Provide explanation, reassurance and support to family/bystanders.
  - ▶ Do not initiate CPR.
  - ▶ Provide palliative care and comfort to patient.
  - ▶ If possible, determine if **hospice** or **home health agency** patient and contact appropriate agency.
  - ▶ Contact Medical Control for guidance.

## GENERAL CONSIDERATIONS

13. Comfort One status means providing all possible comfort care. Treat both the patient and the family with care and concern.
14. Consider Comfort One status invalid if:
- ▶ No Comfort One bracelet is present.
  - ▶ The Comfort One bracelet is not attached or has been tampered with.
  - ▶ A written Do-Not-Resuscitate Order authorized by a physician and documented in the patient's medical record is **not** presented to prehospital care personnel.
15. If the patient has expired on arrival:
- ▶ Comfort family and follow *Biological Death* protocol.
  - ▶ Document all incident information by completing the *RI EMS Ambulance Run Report*.

## 6.4 EMS Scene Photographs (Optional Procedure)

### PURPOSE

- ✓ Research shows that there is a direct correlation between severity of injury to car crash trauma patients and the amount and type of motor vehicle damage. This damage provides invaluable information about the mechanism of injury and can help medical personnel better diagnose and treat a victim's injuries.

### PROCEDURE

1. EMS personnel respond to call.
2. Provide patient care per protocol and transfer patient to rescue/ambulance.
3. Photograph maximum points of impact.
4. Photograph interior specifically where patient was located. **DO NOT PHOTOGRAPH THE PATIENT.**
5. Continue care and transport patient without delay to a Hospital Emergency Facility.
6. Complete *RI EMS Ambulance Run Report*, and attach photos to the hospital copy.
7. Present *RI EMS Ambulance Run Report* and attached photos to medical personnel.
8. Check film status in camera and reload film if necessary.

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## 6.5 Interfacility Transfer

### PURPOSE

- ✓ To clarify the staffing patterns, vehicle selection, and scope of authority of individuals attending patients during interfacility transfers.

### DEFINITIONS

**Infusion device:** An IV infusion pump capable of strict mechanical control of an IV infusion drip rate must be used with all admixtures to ensure accurate dosage administration and prevent excessive flow rates. Passive or gravity-controlled flow rate devices are unacceptably inaccurate to control admixture medication administration.

**Interfacility transfer:** A patient transfer between licensed health care facilities.

**EMT-B, EMT-I, EMT-C, EMT-P:** As defined in the *Rules and Regulations Relating to Emergency Medical Services* (R23-4.1-EMS), Rhode Island Department of Health.

**RN:** A Rhode Island licensed Registered Nurse meeting the appropriate standards of care pertinent to the patient's condition, as determined by the referring physician.

**PA:** A Rhode Island licensed Physician's Assistant meeting the appropriate standards of care pertinent to the patient's condition, as determined by the referring physician.

**Physician:** A Rhode Island licensed physician.

**Referring Physician:** The physician at the point of origin of the transfer directly responsible for the patient's care.

### CLASSIFICATION PROTOCOL

1. **The patient classification shall be determined by the referring physician. The following system shall be used to define classes of patients with their respective minimum vehicle and personnel requirements.**
  - ▶ **Class A:** Clearly and completely stable patients with minimal potential to decompensate en route.
    - ▶ Example: *Patient with no running IV line, going for routine test. Staffing: EMT-B/I. Vehicle: BLS; Class: A-1, A-1A, A-2, B.*
  - ▶ **Class B:** Stable as above with IV running, no medications in the fluids.
    - ▶ Example: *Cancer patient with maintenance fluids running. Staffing: EMT-B/I + EMT-C or EMT-P. Vehicle: ALS; Class: A-1, A-1A.*
  - ▶ **Class C:** Has been stabilized as much as possible, but may deteriorate en route. Has no medications being administered or infusion devices in use which are beyond the scope of the assigned EMTs. Approved medications are listed in the *RI EMS Prehospital Care Protocols and Standing Orders*. Dial-a-

Flow® or similar devices are not approved for this purpose. EMT-Cs and EMT-Ps may transport patients in Class C.

- ▶ Example: *Cardiac patient on LIDOCAINE drip who can be given sublingual NITROGLYCERIN for chest pain. Staffing: EMT-B/I + EMT-C or EMT-P, depending on medications. Vehicle: ALS; Class: A-1, A-1A.*
  - ▶ **Class D:** Patient with acute medical problem who may become unstable en route. Requires administration of drugs not in the approved *RI EMS Prehospital Care Protocols and Standing Orders*. In addition, the patient may develop complications where treatment is beyond the capabilities of the assigned EMTs.
  - ▶ Example: *ICU transfer with IV NITROGLYCERIN drip and receiving thrombolytic drug infusion en route. Staffing: EMT-B/I + EMT-C /EMT-P + RN/ PA/Physician Vehicle: ALS; Class: A-1, A-1A.*
2. **EMT-Ps who have successfully completed Department-approved training in IV NITROGLYCERIN and IV anticoagulants may transport patients receiving those medications.**
  3. **In cases where an ALS unit is required and the hospital makes a reasonable effort to utilize an ALS unit and is unable to access one due to time constraints or patient condition, a BLS unit may be utilized, providing that appropriate supplies, equipment (refer to list below and Table A), and written/verbal orders have been provided and staff qualified to provide expected care accompany the patient.**

## EQUIPMENT FOR TRANSFERS USING A BLS UNIT

4. **The following equipment required for facility-staffed transfers using a BLS unit:**
  - Manual defibrillator unit with integral oscilloscope, strip chart recorder and synchronized cardioversion capability.
  - Sterile intravenous solutions of NORMAL SALINE or LACTATED RINGER'S, preferably in 500 mL plastic bags with administration kits (at least 2 of each), and D5W (100 or 200 ml) in appropriate bag and administration kit (PVC Free) for administration of AMIODARONE.
  - IV catheters (3 each of 14,16,18,20 gauge).
  - Supply of current ALS medications authorized by the RI Department of Health, as listed in *Table 1: Required Medications for Facility-Staffed Interfacility Transport with BLS unit*.

**TABLE 1: Required Medications for Facility-Staffed Interfacility Transfer with BLS unit**

Adenosine	Dopamine HCL	Morphine Sulfate
Amiodarone	Epinephrine 1:1000	Naloxone
Atropine Sulfate	Epinephrine 1:10,000	Nitro spray/nitroglycerin
Calcium Chloride	Furosemide	
Dextrose 25%(D25W)	Glucagon	
Dextrose 50%(D50W)	Hydrocortisone SS	
Diazepam	Lidocaine HCL	
Diltiazem	Magnesium Sulfate	
Diphenhydramine HCL(injectable)	Sodium Bicarbonate	
Diphenhydramine HCL(oral)		

## SCOPE OF AUTHORITY

- ▶ **Class A, B, or C transfers:** The EMT with the highest level of training will assume ultimate authority for patient treatment within the scope of the appropriate *RI EMS Prehospital Care Protocols and Standing Orders*. Medical Control shall assume such responsibility when called for by the respective protocol.
- ▶ **Class D:** The ultimate authority rests with the referring physician, as defined above unless a physician is present during the transport. In that case, responsibility and authority are shared during the transport. If no physician is present during transport, the RN or PA present during the transport shall assume ultimate authority for the case under the orders of the referring physician for treatment beyond the scope of the EMTs present. The EMTs present retain authority for EMS care under their scope as defined in RI EMS regulations and protocols and standing orders. If questions arise, contact Medical Control regarding patient care during transport.
- ▶ Notwithstanding the requirements of the regulations and the protocols, hospitals may elect to transport a patient with hospital staff. In such cases, the hospital has ultimate authority for patient management beyond the scope of the EMTs present, providing written/verbal orders accompany the patient. The EMTs present retain authority for EMS care under their scope as defined in RI EMS regulations and protocols and standing orders. If questions arise, contact Medical Control regarding patient care during transport.
- ▶ In the absence of hospital staff, the EMT with the highest level of training will assume ultimate authority for patient treatment within the scope of the appropriate protocols. Medical Control shall assume such responsibility when called for by the respective protocol.

**Biohazardous waste:** Disposable sharps (hypodermic needles, etc.) should be placed in a container designed for such purpose.

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## 6.6 Major Incident

### Hazardous Materials / Multiple Casualties / Disasters / Technical Rescue

#### OVERVIEW

- ✓ **Hazardous Materials** include WMD agents, chemical agents, biologic agents, radioactive materials, unstable or explosive compounds, and other noxious or hazardous materials.
- ✓ A **Multiple Casualty Incident (MCI)** is one that generates large numbers of patients and often makes traditional EMS response ineffective because of special circumstances surrounding the event. Such incidents may require varying levels of response:
  - ▶ **Class One MCI:** Declared by the Incident Commander upon either:
    - A Level 3 request for resources (as defined by the Southern New England Fire Emergency Assistance Plan); or
    - Establishment of an equivalent amount of resources on-scene as defined in the Southern New England Emergency Fire Assistance Plan.
    - A Class One MCI can be handled by local resources and the existing Southern New England Fire Emergency Assistance Plan including the use of the regional Mass Casualty Incident Support trailers.
    - The declaration of a Class One MCI implies that notifications are to be made from Incident Command to: RIEMA via (401) 946-9996 (24/7) and Local area hospital(s) via the Nextel radio network.
  - ▶ **Class Two MCI:** Declared by the Incident Commander utilizing the same criteria and notification procedure described in a Class One MCI. In addition, requires immediate **state intervention** to begin planning for a prolonged event.
  - ▶ **Class Three MCI:** Requires a significant expansion of all areas of command and general staff positions utilized in a Class Two MCI, along with the likelihood of **federal intervention** and a national disaster declaration.
- ✓ A **Disaster** is a situation requiring extensive resources in number, scope, type, or time commitment.
- ✓ A **Technical Rescue Situation** is one where significant hazard(s), time and/or situation(s) require assistance gaining access to and/or extricating a victim or victims.
- ✓ While these situations may differ or overlap, this protocol provides guidance for such situations, together referred to as **Major Incidents**. Persons involved in Major Incidents may be:
  - ▶ **Victims:** persons affected by the incident, regardless of location or injury.
  - ▶ **Casualties:** persons directly ill or injured by the incident events.
  - ▶ **Patients:** casualties or victims who seek professional medical attention related to the incident events.
- ✓ Major incidents present additional challenges.
  - ▶ There may be gaps in immediately available resources followed by an uncontrolled excessive response. Initially, there may be too few EMTs to locate, treat and transport all patients. Later, scene

access and operations may be overwhelmed by excess response unless the perimeter is well controlled.

- ▶ The situation (hazardous materials, terrorist incident, crime scene, etc.) may present unique challenges and require operations in PPE (personal protective equipment) or other protective equipment.
- ▶ A major incident may be statewide, or may involve a single victim in a challenging situation.
- ▶ The response, if not well-coordinated, may cause confusion and inefficiency sufficient to harm patients and EMTs. A coordinated, flexible, and successful response requires careful planning, training, and use of support technology.
- ▶ Use of the National Incident Management System and local Incident Command System, including a Medical Command Sector that includes a RI-licensed EMT and/or physician Medical Control will facilitate the best possible response.

## KEY POINTS IN ALL MAJOR INCIDENTS

- ✓ Approach the scene cautiously from upwind and uphill if possible. Before taking action, fully assess the situation to protect yourself and other responders.
- ✓ Secure the scene. Isolate affected areas without entering any immediately hazardous sections.
- ✓ Establish an Incident Command System following the National Incident Management System guidelines.
- ✓ Establish decontamination, triage, and treatment areas outside the containment area.
- ✓ Hazardous areas should be entered only by personnel trained in hazardous materials response and wearing appropriate protective gear.
- ✓ Maintain an awareness that major incidents, particularly terrorist-related incidents, may involve more than a single obvious hazard.

## RECOGNITION

- ✓ The EMT may encounter a Major Incident in two ways:
  - ▶ The EMT arrives at a scene and recognizes conditions that fit the *Major Incident* protocol. Appropriate procedures should be followed to notify the dispatch network and initiate operations as defined in this protocol.
  - ▶ The EMT is briefed that the response is to a Major Incident. Hazards, needs, and supervisory assignments have already been determined at the time of response. The EMT should be dispatched to a specific location, such as a staging area or a particular treatment or access area.

## GENERAL SCENE MANAGEMENT

### 1. Recognition of Major Incident upon arrival at the scene

- ▶ Assess available resources, operational needs, and characteristics of the situation at each scene.
- ▶ Use an "all-hazards" approach to Personal Protective Equipment (PPE). Do not enter known or suspected hazardous areas or areas where multiple patients are apparently unconscious or deceased

without adequate PPE or other equipment (typically Level A or B). A hazardous materials team should be requested for such situations.

- ▶ EMTs exposed to hazardous substances presenting an inhalation hazard or potential inhalation hazard shall wear positive pressure SCBA (self-contained breathing apparatus) while engaged in emergency response, until such time that Incident Command determines that a decreased level of respiratory protection will not result in hazardous exposure.
- ▶ Level C PPE may only be worn under the following conditions:
  - While treating/transporting patients who have been adequately decontaminated; or
  - Incident Command has evaluated the situation and determined that positive-pressure SCBA (self-contained breathing apparatus) is not required.
- ▶ If the situation meets Major Incident criteria, declare use of the Major Incident Protocol and request assistance through the dispatch network according to the Southern New England Emergency Fire Assistance Plan, including notification of RIEMA and local area hospitals. Increased staffing and capability at dispatch centers and backfill of EMS units should be accomplished to assure adequate response.
- ▶ No unit should respond unless dispatched.
- ▶ Establish Incident Command structure including a Medical Branch Sector with a RI Licensed EMT and/or Medical Control.
- ▶ Early attention should be focused on the following:
  - Assignment of experienced, senior personnel to lead roles necessary to locate, decontaminate, treat, and transport patients while maintaining safety, supply and support operations.
  - Uniform identifiers and standardized credentialing should be used to clarify roles and responsibilities and protect the scene perimeter. Plain language and uniform color codes for marking clothing are encouraged.
  - Radio and telephone communications should use plain language and commonly used interoperable communications channels and systems.
  - Each person assigned to a leadership role should have an assistant to facilitate communication and documentation.
  - Leaders should maintain accountability for all personnel under their supervision.
  - Control of the incident scene perimeter, with access allowed only for requested, assigned, and adequately identified personnel.
  - See Appendix I for actions and precautions appropriate for the specific hazard(s) at hand.
- ▶ Avoid further contamination or spread of hazardous materials.
  - Level C (or better) PPE is required for assessment and care of patients removed from a hazardous area and possibly contaminated with biologic or chemical agents or radioactive materials. Normally, assessment and care patients should occur only after proper decontamination.
  - Ambulatory patients should be instructed to move from a contaminated area to one where decontamination, assessment, and treatment can occur.

- ▶ If an EMT is exposed, rapidly decontaminate, evaluate, and treat using appropriate procedures. The EMT must don PPE to avoid further contamination. The EMT may continue activities, if possible, once decontaminated, treated and protected.
- ▶ Triage and treat patients, within capabilities, following existing patient treatment protocols. Categorize and be prepared to report the number of patients as:
  - Red (Immediate): Life-threatening and critical conditions that cannot be stabilized at the scene given available resources. Require first priority for transport to hospital or designated alternative care site after appropriate decontamination.
  - Yellow (Urgent): Serious emergencies that can be stabilized at the scene and appropriately decontaminated. Second priority for transport to hospital or designated alternative care site. Could deteriorate to Red if left unattended.
  - Green (Delayed): Medical problems that can receive delayed treatment or are resolved with on-scene treatment. Includes those with minor injuries or exposures and/or minor contamination whose symptoms resolve with appropriate decontamination. May, after appropriate decontamination and follow-up planning, be released from care at the scene as directed by Incident Command in consultation with Medical Control.
  - Black (Dead): Dead or dying without hope of recovery despite treatment given available resources. Managed as a last priority after other patients are treated. Deceased persons should not be moved without permission from the Medical Examiner and Incident Command. Contamination and scene investigation issues should be considered in treatment of bodies and/or body parts.
- ▶ RIDOH-approved tag/tracking identification should be attached to every patient upon initial contact.
- ▶ Once requested resources arrive, follow the steps outlined below.

## 2. Responding to a known Major Incident

- ▶ Follow instructions from dispatch and Incident Commander. Refer to Appendix I and DOH-approved resources for situation-specific facts and treatment Protocols. During a major incident, EMTs may be authorized to function in field hospitals, clinics, emergency departments and other health care facilities. EMTs may also be authorized to distribute or administer medications from the MMRS (Metropolitan Medical Response System) cache, CHEMPAK system, or other sources according to situational instructions.
- ▶ Use proper PPE, following an “all-hazards” approach until specific hazards are identified. If the preliminary site evaluation does not produce sufficient information to identify the hazards or suspected hazards of the site, an ensemble providing the equivalent of Level B (or better) PPE shall be used as minimum protection and direct-reading instruments shall be used by the proper personnel for identifying IDLH (Immediately Dangerous to Life and Health) conditions.
- ▶ Triage and treat patients following appropriate patient treatment protocols. Medical Control may issue special orders for the incident, including medications, alternate transport destinations, and other care through Incident Command.
- ▶ Follow existing documentation and communications standards for patients transported to hospitals or other approved treatment sites. RIDOH-approved electronic or paper *RI EMS Ambulance Run Reports* or RIDOH-approved documentation tags/forms should be used to document care of transported patients.
- ▶ EMTs are released from need to document care of patients they do not personally transport to hospitals or other approved care sites, but triage/tracking tags should be attached to all patients and records kept for incident documentation and debriefing. Documentation of care on a *RI EMS Ambulance Run*

*Reports* or other RIDOH-approved forms should occur as soon as possible, and must accompany each patient to hospital or other approved care site.

- ▶ Ambulances should not be used to transport deceased victims. Alternate vehicles (trailers, busses, vans, command posts, etc.) may be used to support incident operations for shelter, operations coordination, responder rehabilitation, resupply, and patient transport. All patient transport vehicles must be properly staffed with an EMT or properly qualified personnel.
3. **Refer to *RI EMS Prehospital Care Protocols* Appendix I and *Rhode Island Mass Casualty Incident Disaster Plan* for fact Sheets, PPE guidelines, and contact information for state and local resources (including the Rhode Island Emergency Mobile Command Post operated by the Rhode Island Emergency Management Agency), and the Mass Fatality Plan as provided by the Rhode Island Medical Examiner's Office.**

## AGENT-SPECIFIC PROTOCOLS

### Biological Agents (Anthrax, Smallpox, and Other)

1. Don appropriate PPE as defined in Appendix I.
2. Treat patient symptoms according to established protocols.
3. Contact Medical Control for additional treatment and destination information. The RIDOH smallpox plan calls for use of a smallpox hospital but this facility is NOT intended to be a primary receiving point for possible smallpox patients. Interfacility transfers are likely.
4. Complete documentation for all transported patients on a *RI EMS Ambulance Run Report* or other RIDOH-approved form.
5. Don appropriate PPE while disinfecting vehicles and equipment with a hazard-appropriate disinfectant (see Appendix I). Place any contaminated materials in properly labeled plastic bags and seal for biohazard disposal.

### Botulinum Toxin

1. Only properly trained teams in appropriate PPE (see Appendix I) should enter the contaminated area.
2. Level C PPE is adequate for treating exposed and symptomatic patients AFTER decontamination. Level C PPE will be worn only under the following conditions:
  - ▶ While treating/transporting patients who have been appropriately decontaminated; **or**
  - ▶ Incident Command has evaluated the situation and determined that positive pressure SCBA is not required.
3. Universal precautions are adequate for treating exposed and symptomatic patients **AFTER** decontamination.
4. Avoid contact with contaminated materials, including food and water.
5. Decontaminate self and/or partner as indicated using appropriate procedures (see Appendix I).

## 6. Treat Patients:

- ▶ If necessary, decontaminate patients as soon as possible following appropriate procedures. Decontamination must be performed by personnel trained to at least the Hazardous Materials Operations level and equipped with appropriate PPE (see Appendix I). **Assure fresh air during decontamination.**
- ▶ Administer airway support as indicated, following proper protocols. This may include supplemental oxygen, ALBUTEROL, and airway adjuncts such as BVM ventilation, and/or EOA as indicated.
- ▶ If indicated, EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may perform endotracheal intubation (patients >1 month old) following the Endotracheal Intubation protocol.
- ▶ Administer botulism antitoxin, if available, as directed by Medical Control.

**Cyanide**

1. Only properly trained teams in appropriate PPE (see Appendix I) should enter the contaminated area.
2. Level C PPE is adequate for treating exposed and symptomatic patients **AFTER** decontamination. Level C PPE will be worn only under the following conditions:
  - ▶ While treating/transporting patients who have been appropriately decontaminated; **or**
  - ▶ Incident Command has evaluated the situation and determined that positive pressure SCBA is not required.
3. Avoid contact with contaminated materials, including food and water.
4. Decontaminate self and/or partner using appropriate procedures (see Appendix I).
5. Treat Patients:
  - ▶ Decontaminate patients as soon as possible following appropriate procedures. Decontamination must be performed by personnel trained to at least the Hazardous Materials Operations level and equipped with appropriate PPE (see Appendix I). Assure fresh air during decontamination.
  - ▶ Administer airway support as indicated, following proper protocols. This may include supplemental oxygen, ALBUTEROL, and airway adjuncts such as BVM ventilation, and/or EOA as indicated.
  - ▶ If indicated, EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may perform endotracheal intubation (patients >1 month old) following the Endotracheal Intubation protocol.
  - ▶ **[ALS PERSONNEL ONLY]:** Start an IV of NORMAL SALINE or LACTATED RINGER'S solution:
    - **Adult patients:** Administer NORMAL SALINE or LACTATED RINGER'S solution at a KVO (~20 mL/hour).
    - **Pediatric patients < 5 feet tall (<35 kg / 75 lbs):** Administer NORMAL SALINE or LACTATED RINGER'S solution at KVO (10-20 mL/hour) or administer boluses of 20 mL/kg over 5-10 minutes for patients in shock.

- If unable to establish an IV in 2 attempts or 5 minutes transport the patient to a designated hospital emergency facility or other approved care site. Any further attempt at IV placement must occur en route.
- ▶ **[ALS PERSONNEL ONLY]:** Administer antidotes from cyanide antidote kit if available, following instructions in the kit. Focus on administration of IV antidotes, starting with SODIUM NITRITE (0.33 mL/kg of 3% solution slow IV push, not to exceed 10 mL). This may produce hypotension. In consultation with Medical Control, reduce dose if patient is anemic or has a history of cardiovascular disease.
- ▶ Transport to designated hospital emergency facility or other approved care site.

### Blistering Agents (Lewisite)

1. Only properly trained teams in appropriate PPE (see Appendix I) should enter the contaminated area.
2. Level C PPE may be worn only after Incident Command has evaluated the situation and determined that positive-pressure SCBA is not required.
3. Universal precautions are adequate for treating exposed and symptomatic patients **AFTER** decontamination.
4. Avoid contact with contaminated materials, including food and water.
5. Decontaminate self and/or partner as indicated using appropriate procedures (see Appendix I).
6. Treat self and/or partner if symptomatic.
7. Treat Patients:
  - ▶ Decontaminate patients as soon as possible following appropriate procedures. Decontamination procedures must be performed by personnel trained to at least the Hazardous Materials Operations level and equipped with appropriate PPE (see Appendix I). **Assure fresh air during decontamination.**
  - ▶ Administer airway support as indicated, following proper protocols. This may include supplemental oxygen, ALBUTEROL, and airway adjuncts such as BVM ventilation, and/or EOA as indicated.
  - ▶ If indicated, EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may perform endotracheal intubation (patients >1 month old) following the Endotracheal Intubation protocol.
  - ▶ If the patient has signs of shock or respiratory distress administer British Anti-Lewisite (BAL), if available, 3-5mg/kg IM. (**Do not administer BAL IV.**)

### Nerve Agents

1. Don appropriate PPE (see Appendix I) and evacuate contaminated area if inhalation exposure is suspected.
2. Only properly trained teams utilizing appropriate PPE (see Appendix I) should enter the contaminated area.
3. Level C PPE is adequate for treating exposed and symptomatic patients AFTER decontamination. Level C PPE may be worn only under the following conditions:
  - ▶ While treating/transporting patients who have been appropriately decontaminated; **or**

- ▶ Incident Command has evaluated the situation and determined that positive pressure SCBA is not required.
- 4. Avoid contact with contaminated materials, including food and water.
- 5. Decontaminate self and/or partner as indicated following appropriate procedures (see Appendix I).
- 6. Treat self and/or partner if symptomatic.
- 7. Consider activation of CHEMPAK program through Incident Command.
- 8. Treat Patients:
  - ▶ Decontaminate patients as soon as possible following appropriate procedures. Decontamination must be performed by personnel trained to at least the Hazardous Materials Operations level and equipped with appropriate PPE (see Appendix I). **Assure fresh air during decontamination.**
  - ▶ Administer airway support as indicated, following proper protocols. This may include supplemental oxygen, ALBUTEROL, and airway adjuncts such as BVM ventilation, and/or EOA as indicated.
  - ▶ If indicated, EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may perform endotracheal intubation (patients >1 month old) following the Endotracheal Intubation protocol.
  - ▶ Administer nerve agent antidotes for all symptomatic patients over 15kg/5 years of age:
    - ATROPINE, 2mg IM (by MK-1 Autoinjector or by syringe and needle). For mild to moderate cases, repeat every 5 minutes if symptoms are not improved, to a maximum of 3 doses (6mg). In severe cases (seizures, respiratory distress requiring BVM support) the treatment may be repeated every 3 minutes to a maximum of 10 doses (20mg).
    - 2-PAM (Pralidoxime Chloride) 600mg IM (by MK-1 Autoinjector or by syringe and needle). For mild to moderate cases, repeat after 1 hour if symptoms are not improved. For severe cases (seizures, respiratory distress requiring BVM support), repeat every 5 minutes to a maximum of 3 doses (1800mg).
    - **[ALS PERSONNEL ONLY]:** MIDAZOLAM (Versed®) 2.5mg IM or IV should be administered to all patients with seizures, respiratory distress requiring BVM support, or other signs of severe effects. The dose may be repeated every 15 minutes as needed to control seizures to a maximum of 3 doses (7.5mg).
  - ▶ Transport decontaminated patient(s) to a designated receiving facility (may not necessarily be a hospital emergency department during a declared major incident). Notify receiving facility as instructed by Incident Command. Medical Control consultation should be sought for severe cases or if patient condition is worsening.
  - ▶ Document all incident information for transported patients by completing the *RI EMS Ambulance Run Report* or other RIDOH-approved form.

### Phosgene/Choking Agent

1. Don appropriate PPE (see Appendix I) and evacuate contaminated area(s) if inhalation exposure is suspected.
2. Only properly trained teams in appropriate PPE (see Appendix I) should enter the contaminated area.



3. Level C PPE is adequate for treating exposed and symptomatic patients AFTER decontamination. Level C PPE may be worn only under the following conditions:
  - ▶ While treating/transporting patients who have been appropriately decontaminated; **or**
  - ▶ Incident Command has evaluated the situation and determined that positive pressure SCBA is not required.
4. Avoid contact with contaminated materials.
5. Decontaminate self and/or partner as appropriate (see Appendix I).
6. Treat self and/or partner if symptomatic.
7. Treat patients:
  - ▶ Decontaminate patients as soon as possible following appropriate procedures. Decontamination must be performed by personnel trained to at least the Hazardous Materials Operations level and equipped with appropriate PPE. (see Appendix I). **Assure fresh air during decontamination.**
  - ▶ Administer airway support as indicated, following proper Protocols. This may include supplemental oxygen, ALBUTEROL, and airway adjuncts such as BVM ventilation, and/or EOA as indicated.
  - ▶ If indicated, EMTs trained and licensed/certified by the RI Department of Health to perform endotracheal intubation may perform endotracheal intubation (patients >1 month old) following the Endotracheal Intubation protocol.
  - ▶ Transport decontaminated patient(s) to a designated care facility (may not necessarily be a hospital emergency department during a declared major incident situation). Notify receiving facility as instructed by Incident Command. Medical Control consultation should be sought for severe cases or if patient condition is worsening.
  - ▶ Document all incident information for transported patients by completing the *RI EMS Ambulance Run Report* or other RIDOH-approved form.

### Radiation Exposure

1. Don appropriate PPE (see Appendix I) and evacuate contaminated area(s). Move victims away from the radiation source as soon as possible.
2. Request and obtain equipment and resources necessary to measure the level of radiation and identify sources present at the scene. Shorter time, greater distance, and better shielding are the best protection against radiation exposure.
3. Level C PPE is the minimum level to be used after Incident Command has evaluated the situation and determined that positive pressure SCBA is not required.
4. After decontamination (if needed), victims should be treated according to the proper *RI EMS Prehospital Care Protocols*.
  - ▶ Decontaminate patients, partner, and/or self as soon as possible to remove potentially radioactive dust, ash, and other contaminants. Decontamination procedures must be performed by personnel trained to at least the Hazardous Materials Operations level and equipped with appropriate PPE (see Appendix I).

- ▶ Victims with embedded radioactive foreign bodies should be discussed with Medical Control to minimize risk/exposure to the EMT and hospital staff.
- ▶ Transport symptomatic, decontaminated patient(s) to a designated care facility (may not necessarily be a hospital emergency department during a declared major incident). Notify receiving facility as instructed by Incident Command. Medical Control consultation should be sought for severe cases or if patient condition is worsening.
- ▶ Document all incident information for transported patients by completing the *RI EMS Ambulance Run Report* or other RIDOH-approved form.

### Ricin

1. Only properly trained teams utilizing appropriate PPE (see Appendix I) should enter the contaminated area.
2. Level C PPE may be worn only after Incident Command has evaluated the situation and determined that positive-pressure SCBA is not required.
3. Universal precautions are adequate for treating exposed and symptomatic patients **AFTER** decontamination.
4. Decontaminate patients, partner, and/or self, following appropriate procedures (see Appendix I).
5. If injection exposure is suspected, protect the injection site and identify it to hospital personnel for possible surgical removal.
6. Treat symptoms according to appropriate *RI EMS Prehospital Care Protocols*.
7. Transport to nearest hospital emergency facility.

### RIOT CONTROL AGENTS

1. Assure a safe patient treatment environment. Enlist police support for victims in custody and/or with violent behavior.
2. Only properly trained teams utilizing appropriate PPE (see Appendix I) should enter the contaminated area.
3. Level C PPE may be worn only after Incident Command has evaluated the situation and determined that positive-pressure SCBA is not required.
4. Decontaminate partner and/or self as indicated.
5. Treat patients:
  - ▶ Decontaminate patients as soon as possible following appropriate procedures (see Appendix I). Decontamination procedures must be performed by personnel trained to at least the Hazardous Materials Operations level and equipped with appropriate PPE.
  - ▶ Irrigate with a stream of cool water or milk (unless allergic), flushing so that the stream runs away from the symptom area (typically eyes).
  - ▶ Treat other symptoms according to appropriate *RI EMS Prehospital Care Protocols*.
  - ▶ Transport victims to the nearest hospital emergency facility.

## 6.7 Medical Control at the Emergency Scene

1. **Control of a medical emergency scene is the responsibility of the individual in attendance who is most appropriately trained and knowledgeable in providing prehospital emergency stabilization and transport.**
  - ▶ If the patient's private physician is present and assumes responsibility for the patient's care:
  - ▶ The EMT should defer to the orders of the private physician.
  - ▶ Local medical control should be contacted.
  - ▶ The EMT reverts to following prehospital protocols and on-line medical direction at any time when the patient's private physician is no longer in attendance.
2. **If a physician is present who is not the patient's physician and on-line medical direction by radio contact CANNOT be established:**
  - ▶ An EMT on an emergency scene should relinquish responsibility for patient management when the physician has identified himself and has demonstrated his willingness to assume responsibility and document his intervention. When these conditions exist, the EMT should defer to the wishes of the physician on the scene.
  - ▶ If the treatment at the emergency scene differs from that outlined in the prehospital protocols, the physician should agree in advance to accompany the patient to the hospital. However, in the event of a mass casualty incident or disaster, patient care needs may require the physician to remain at the scene.
3. **If a physician is present who is not the patient's physician and on-line medical direction by radio contact DOES exist:**
  - ▶ The on-line physician is ultimately responsible. If there is any disagreement between the physician at the scene and the on-line physician, the EMT should take orders from the on-line physician and place the intervenor physician in radio contact with the on-line physician.
  - ▶ The on-line physician has the option of managing the case entirely, working with the physician, or allowing him to assume responsibility.
4. **Document all incident information by completing the *RI EMS Ambulance Run Report*.**

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## 6.8 Specialized Patient Care

### RECOGNITION

- ✓ A patient who needs specialized healthcare should have an Emergency Care Plan developed in conjunction with their physician and filed with the Department of Health. The patient should make the plan available to responding EMS providers through various means and the EMS provider should refer to the treatment described in the Emergency Care Plan.
- ✓ If an Emergency Care Plan is not provided, then a patient who needs specialized care may be recognized through the presence of equipment, medications or other circumstances not familiar to the EMT through training or protocol.

### TREATMENT

#### 1. Determine if an Emergency Care Plan is present

- ▶ An Emergency Care Plan should be sought in patients with observed need for specialized care. The Plan may be referred to in bracelet, wallet card or other EMS notification. It must include:
  - Patient identification, including photograph;
  - A brief description of the patient's specialized care needs;
  - Instructions for care in anticipated emergency situations;
  - Reference numbers for further information;
  - Filing and effective date from the Department of Health.

#### 2. Attempt to contact or locate the person most knowledgeable about the patient's specialized health care needs in order to obtain advice during the care and transport process.

#### 3. Contact Medical Control.

#### 4. If an Emergency Care Plan IS present, follow the Emergency Care Plan.

- ▶ While reviewing the Plan, contact Medical Control and other references noted in the plan. Medical Control should be requested to provide guidance and an explanation of equipment and medications referenced in the Emergency Care Plan.

#### 5. If no Emergency Care Plan IS NOT present:

- ▶ If the patient is attached to portable special medical equipment that appears to be working properly, transport it with the patient.
- ▶ If the patient is attached to specialized medical equipment that is either too large to transport or does not appear to be working properly, disconnect it as safely as possible from the patient and provide alternative support as indicated.
- ▶ If the patient has a specialized health care need not related to equipment, follow the instructions of the person most knowledgeable, with the advice of Medical Control, in providing treatment and transport.

- 6. Transport patient without delay to a Hospital Emergency Facility.**
  - ▶ Maintain contact with Medical Control.
  - ▶ If there is an Emergency Care Plan, keep it with the patient.
  - ▶ If available, transport should include the person most knowledgeable about the patient's specialized health care needs.
- 7. Document all incident information by completing the *RI EMS Ambulance Run Report*.**

## 7.1 IV Access and Admixtures [ALS]

### Establishing IV Access, IV Fluid Administration, and Administration of IV Medications

#### ESTABLISHING IV ACCESS

1. If unable to establish an IV before beginning transport of an adult patient within two (2) attempts or five (5) minutes, any additional attempts must be undertaken en route.
2. In general, IV attempts on scene should be limited to less than five minutes for stable patients, and two minutes for unstable patients; further attempts may be made en route.
  - ▶ IV access may be difficult to obtain in infants and children, particularly those who are cold or in shock. Although many pediatric patients will benefit from prehospital intravenous (IV) therapy, establishing an IV should not unnecessarily delay transport.
3. Attempts to establish IVs for both adult and pediatric patients should be made in the peripheral veins of the upper extremities, whenever possible.
  - ▶ **EMT-Ps ONLY** may attempt to establish an IV in the external jugular vein.
  - ▶ Other intravenous access routes are discussed in the *Advanced IV Access* protocol.

#### IV FLUID ADMINISTRATION

4. NORMAL SALINE (NS) and LACTATED RINGER'S (LR) solution are the IV fluids of choice for all EMS patients.
5. The "keep vein open" (KVO) rate for both adult and pediatric patients is approximately 20 mL/hour.
6. Fluid challenges for adult patients should be administered as 250-500 mL boluses of NORMAL SALINE or LACTATED RINGER'S solution, administered as rapidly as possible, or as ordered by Medical Control.
7. Fluid boluses for pediatric patients should be administered as 20 mL/kg of NORMAL SALINE or LACTATED RINGER'S solution over 5-10 minutes, or as ordered by Medical Control.
8. For patients who have poor circulation or are in cardiac arrest, follow each dose of IV medication with a rapid flush of NORMAL SALINE or LACTATED RINGER'S solution as indicated below.
  - ▶ **Adult patients:** flush with 20 mL of NORMAL SALINE or LACTATED RINGER'S solution.
  - ▶ **Pediatric patients < 16 years of age:** flush with 5-20 mL of NORMAL SALINE or LACTATED RINGER'S solution.

#### MEDICATION INFUSIONS (ADMIXTURES)

9. The medications listed in *Table 1* may be administered by an IV infusion ("drip"), as indicated in the *RI EMS Prehospital Care Protocols and Standing Orders*. *Table 1* shows the recommended admixture ratios and yields for adult patients.

TABLE 1: Admixture Ratios &amp; Yields

Medication	Preparation	Yield
Amiodarone	150mg in 100 mL D5W	1.5mg/mL
Dopamine	400 mg in 250 mL NS	1600 micrograms/mL
Epinephrine	1 mg in 250 mL NS	4 micrograms/mL
Lidocaine	1 gm in 250 mL NS	4 mg/mL
Nitroglycerine	25mg in 250 ml NS	100 micrograms/mL

10. IV medication infusions should be delivered by IV Infusion Pump when possible.

- ▶ If an IV Infusion Pump is not available, some infusions may be administered by carefully monitoring the drip rate in a “micro-drip” IV administration set.
- ▶ Where protocols indicate that a given infusion **MUST** be delivered by IV Infusion Pump (e.g., AMIODARONE infusion), that infusion may not be administered by any other method.



Passive or gravity-controlled rate control devices (e.g., Dial-a-Flo®) are considered incapable of strict mechanical control and their use is not permitted at any time.

11. For pediatric patients < 16 years of age, a pediatric dosing device provides rate and admixture information.

12. Observe the following procedures to administer IV medication infusions:

- ▶ Contact Medical Control.
- ▶ Identify medication to be given by name, dosage and route.
- ▶ Set up new IV bag and rate of IV Pump (if applicable).
- ▶ Wipe injection site with antiseptic swab.
- ▶ Recheck medication and dosage, inject it into IV bag while maintaining aseptic technique.
- ▶ Admixtures are to be “piggy-backed” into an established IV of NORMAL SALINE or LACTATED RINGER’S solution with the exception of AMIODARONE, which requires an isolated IV of D5W and appropriate IV administration kit (PVC-free if available).
- ▶ With special attention to maintaining proper infusion rate, the patient must be placed on a cardiac monitor, and vital signs must be re-assessed frequently during transport to a Hospital Emergency Facility.

## DOCUMENTATION

13. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.



## 7.2 Advanced IV Access [ALS]

### Intraosseous (IO) Access, Central Venous Cannulation, and Umbilical Catheterization

#### INTRAOSSIOUS (IO) ACCESS

**EMT-Cs and EMT-Ps with specific training only** may utilize the intraosseous (IO) route for IV fluids and/or IV medications. When used, the IO route may be substituted for the intravenous route, whenever IV access is indicated.

#### INDICATIONS

- ✓ Intraosseous (IO) infusion is indicated in any of the following circumstances:
  - Cardiac arrest; OR
  - Profound hypovolemia; OR
  - No available vascular access, or following two unsuccessful peripheral IV attempts for patients with any other life-threatening illness or injury requiring immediate pharmacological or volume intervention; OR
  - With authorization from Medical Control.
- ✓ Use of an IO infusion is contraindicated by trauma to, or infection of, the extremity under consideration, and by pre-existing bone disease.

#### PROCEDURE (ADULT & PEDIATRIC PATIENTS)

1. Locate an appropriate site (usually the anteromedial surface of the proximal tibia, inferior to the tibial tuberosity or the lateral humerus) and prepare the site with an antiseptic solution, using aseptic or sterile technique. Sternal IO access is not allowed.
2. Use a commercially available intraosseous cannulation device according to the manufacturer's instructions. Check the site for evidence of infiltration, and re-check frequently. Stabilize and secure the IO device and IV tubing.
3. Administer LIDOCAINE to prevent or treat localized pain during an IO infusion.
  - ▶ **For adult patients:** administer 20-40 mg of 2% (1-2 mL) LIDOCAINE IO.
  - ▶ **For pediatric patients ≥ 40 kg:** Administer 20-40 mg of 2% (1-2 mL) LIDOCAINE IO.
  - ▶ **For pediatric patients < 40kg:** Consult Medical Control.
4. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

## CENTRAL VENOUS CANNULATION [EMT-P ONLY]

### INDICATIONS

- ✓ **[EMT-P ONLY]** Central venous cannulation is indicated in any of the following circumstances:
  - When attempts to establish peripheral IV or IO access are unsuccessful for a patient in cardiac arrest;
  - After peripheral IV access is established for a patient in cardiac arrest;
  - With authorization from Medical Control.

### PROCEDURE

1. Attempt to cannulate any of the central veins listed below:
  - Internal jugular vein;
  - Femoral vein;
  - Subclavian vein.
2. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

## UMBILICAL VENOUS CATHETERIZATION [EMT-P ONLY]

### INDICATIONS

- ✓ **[EMT-P ONLY]** Umbilical venous access is indicated for newborns who require resuscitation with medications or fluids which cannot be administered by the endotracheal route, and for whom attempts to establish IV or IO access have been unsuccessful.

### PROCEDURE

1. Apply a ligature at the base of the cord to control bleeding, and locate the umbilical vein. Prepare the cord with an antiseptic solution using aseptic or sterile technique.
2. Use a commercially available umbilical catheter (or an IV catheter without a needle if nothing else is available). Attach a syringe, then flush and fill the catheter with NORMAL SALINE or LACTATED RINGER'S solution.
3. Introduce the catheter so that the distal tip is just deep to the abdominal wall. Aspirate blood to confirm placement, then flush with 1-2 mL of NORMAL SALINE or LACTATED RINGER'S solution.
4. Connect IV administration set and infuse fluids and/or medications at the desired rate.
5. Stabilize and secure the catheter and IV tubing.
6. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

## 8.1 Advanced Airway Procedures



Ambulance services may choose different options regarding the advanced airway devices their personnel utilize. EMTs may **ONLY** use advanced airway devices and interventions applicable to their level of licensure, for which they have been specifically trained, **AND** for which they have been authorized by their service based on verification of competency. See *Standard Management of All Patients*.

### SELECTION OF DEVICES/PROCEDURES

- ✓ *Table 1* summarizes all advanced airway devices and interventions approved for pre-hospital use in Rhode Island. These devices are not described in any particular order related to preference of use. EMTs must use their skill and judgment to select the best airway device for each patient in need, keeping in mind the need to avoid hypoxia and hypercarbia during advanced airway procedures, and the need to avoid interrupting other necessary care (such as CPR compressions) during airway management.
  - In general, EMTs should utilize the least invasive device suitable for managing the patient's airway.
  - Oro-endotracheal intubation should be attempted only in those patients for whom the EOA, LMA, or LTA are contraindicated or insertion has been unsuccessful.
  - For a breathing patient in respiratory distress, CPAP should be utilized, if available, before attempting oro- or nasotracheal intubation (only EMT-Ps may attempt nasotracheal intubation.)

**TABLE 1: Summary of Advanced Airway Devices & Interventions**

Device	B	C	P	General Use
Esophageal Obturator Airway (EOA)	✓	✓	✓	Respiratory or cardiac arrest
Laryngeal Mask Airway (LMA)	✓	✓	✓	Respiratory or cardiac arrest
			✓	Respiratory distress without a gag reflex
LaryngoTracheal Airway (LTA)	✓	✓	✓	Respiratory or cardiac arrest
Continuous Positive Airway Pressure (CPAP)		✓	✓	Respiratory distress in a breathing patient
Orotracheal Intubation		✓*	✓	Respiratory or cardiac arrest (NOTE: Only Paramedics may intubate patients < 1 month of age.)
			✓	Respiratory distress without a gag reflex OR impending airway obstruction
Nasotracheal Intubation			✓	Respiratory distress in a breathing patient for whom orotracheal intubation would be difficult.
Cricothyrotomy			✓	Respiratory failure or apnea, when all other methods of opening and maintaining a patent airway have been attempted and have failed
Nasogastric Tube			✓	Intubated adult patients exhibiting signs and symptoms of gastric distension that compromise ventilation or circulation.

B=EMT-Basic C=EMT-Cardiac P=Paramedic

\*only if specifically licensed for ETT

## GENERAL PROCEDURES

1. **Select the most appropriate advanced airway device.**
2. **Insert the device per device-specific instructions herein, and in accordance with manufacturer's directions. The following considerations are applicable to ALL advanced airway devices:**
  - ▶ Do not interrupt ventilation for more than 30 seconds to insert the advanced airway device.
  - ▶ Whenever possible, ventilate the patient with OXYGEN prior to advanced airway device insertion.
  - ▶ Never use force to insert the advanced airway device.
  - ▶ Always check to see that the chest rises with ventilation efforts after insertion of the advanced airway device and that there are bilateral breath sounds, and recheck periodically thereafter.
    - Whenever possible, confirm proper advanced airway device placement using pulse oximetry and/or end-tidal CO<sub>2</sub> measurement if available.
  - ▶ Do not remove the advanced airway device in the field unless the patient begins breathing spontaneously or assessment determines that the advanced airway device is or has become incorrectly positioned.
    - If you do remove the advanced airway device, be prepared for regurgitation with suction immediately available.
3. **Confirm placement of advanced airway device.**
  - ▶ Listen with stethoscope in at least two locations on each side of the chest to assess for bilateral breath sounds.
  - ▶ Listen for air escape over epigastrium with stethoscope.
  - ▶ All advanced airway device insertions must have placement confirmed with an objective airway placement verification device (Easy-Cap®, Tube-Check®, or end-tidal carbon dioxide monitor) to confirm placement and monitored (unless patient is in cardiac arrest) using at least continuous cardiac rhythm and pulse oximetry (SpO<sub>2</sub>). The addition of continuous waveform end-tidal CO<sub>2</sub> is preferred.
  - ▶ Any interfacility transfer patient with an advanced airway device inserted must be continuously monitored by cardiac rhythm, continuous waveform end-tidal CO<sub>2</sub>, and pulse oximetry (SpO<sub>2</sub>) monitoring. Attach a properly identified waveform recording that documents the device insertion (if performed) and subsequent monitoring to the *RI EMS Ambulance Run Report*.
  - ▶ If, after listening to the lungs and over the epigastrium, there are inadequate breath sounds and there is air escape over the epigastrium and/or there are indications by pulse oximetry or end-tidal CO<sub>2</sub> measurement that the advanced airway device is not correctly placed, the advanced airway device should be removed. Ventilate the patient with an alternate method, check the balloon for leaks and reinsert.
  - ▶ Frequently recheck advanced airway device position using all available means.
4. **Transport the patient.**
  - ▶ When an advanced airway device is in place a qualified EMT must be in attendance continuously managing the airway.
5. **Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.**

## Esophageal Obturator Airway (EOA)

### and Esophageal Gastric Tube Airway (EGTA)

#### DESCRIPTION & INDICATIONS

- ✓ The Esophageal Obturator Airway (EOA) is an advanced airway device that ventilates the patient by occluding the esophagus with a balloon and the nasal/oral area with an occlusive mask.
- ✓ The EGTA is functionally similar to the EOA except that it provides an additional lumen for passage of a gastric tube. The EGTA should be utilized in exactly the same manner as described herein for the EOA.
- ✓ Use the EOA only in deeply unconscious patients without a gag reflex. This usually means cardiac arrest, but may occur in other settings of respiratory failure.

#### CONTRAINDICATIONS & PRECAUTIONS

- ✓ Do not use the EOA for any of the patients listed below:
  - Conscious or semi-conscious patients
  - Children, and adult patients <5 feet tall
  - Patients known or suspected to have swallowed corrosive materials
  - Patients known or suspected to have diseases of the esophagus
  - Patients with inhalation burn injuries
  - Patients with trauma to the head or neck region that may alter airway anatomy or cause hemorrhage into the airway

#### PROCEDURE

1. **Assemble EOA. Apply water-soluble lubricant to the device as directed by the manufacturer.**
2. **If c-spine trauma is not suspected, flex the head slightly. If c-spine trauma is possible, maintain a neutral head position using manual stabilization.**
3. **Grasp lower jaw and tongue between thumb and index fingers and lift upwards.**
4. **With the mask attached, insert tube into mouth and place so that the curvature of the tube is the same as the curvature of pharynx.**
5. **Advance the tube into the esophagus and seal mask firmly over nose and mouth. It is best to have one EMT hold the mask seal and a second EMT operate the BVM attached to the EOA.**
6. **Ventilate and see if the chest rises.**
  - ▶ If the chest does not rise, remove EOA. Ventilate with an alternate method and attempt reinsertion.
  - ▶ Once chest rise with ventilation is assured, inflate obturator cuff with 30-35 mL of air.
7. **Ventilate with bag valve mask device to achieve chest rise.**
8. **Confirm placement of EOA as described under General Procedures.**
9. **Ventilate the patient using a BVM or ventilator.**

## Laryngeal Mask Airway (LMA)

### DESCRIPTION & INDICATIONS

- ✓ The LMA is an advanced airway device that ventilates the patient by occluding the region around the tracheal opening with an inflatable cuff. Some LMA models provide additional features to facilitate passage of an endotracheal tube, a gastric tube, or ease LMA insertion. LMAs are available in multiple sizes and the correct size must be chosen for each patient.
- ✓ Use the laryngeal mask airway (LMA) only in deeply unconscious patients without a gag reflex. This usually means cardiac arrest, but may occur in other settings of respiratory failure.

### CONTRAINDICATIONS & PRECAUTIONS

- ✓ Do not use the LMA for any of the patients listed below:
  - Conscious or semi-conscious patients
  - Patients whose size does not match the available LMA size range
  - Patients known or suspected to have swallowed corrosive materials
  - Patients known or suspected to have diseases of the esophagus or throat, or who have received radiotherapy to the neck or throat area
  - Patients with inhalation burn injuries
  - Patients with trauma to the head or neck region that may alter airway anatomy or cause hemorrhage into the airway.

### PROCEDURE

1. **Select the correct size LMA.**
2. **Test the LMA cuff to be sure it holds air, then deflate the cuff according to manufacturer's instructions to improve shape for insertion. Apply water-soluble lubricant to the device as directed by the manufacturer.**
3. **Position the airway.**
  - ▶ If C-spine trauma is not suspected, position the patient as recommended by the device manufacturer.
  - ▶ If C-spine trauma is suspected, an assistant should maintain the patient's head in the neutral anatomical position and perform a jaw thrust to open the patient's mouth. Attempt to insert the LMA with care, to avoid moving the patient's head or neck.
4. **Insert the device according to manufacturer's instructions, inflate the cuff and assure proper placement, then secure the device in place.**
5. **Ventilate and see if the chest rises.**
  - ▶ If the chest does not rise, remove LMA. Ventilate with an alternate method and attempt reinsertion.
  - ▶ Once chest rise with ventilation is assured, check the cuff inflation according to manufacturer's instructions.
6. **Confirm placement of LMA as described under General Procedures.**
7. **Ventilate the patient with a BVM or ventilator.**

## King LaryngoTracheal Airway (LTA)

### DESCRIPTION & INDICATIONS

- ✓ The King LaryngoTracheal Airway (LTA) is an advanced airway device that ventilates the patient by occluding the esophagus with a balloon and the nasal/oral area with a second balloon. Some King LTA models provide an additional lumen for passage of a gastric tube. The King LTA is available in a range of sizes from pediatric to large adult.
- ✓ Use the LTA only in deeply unconscious patients without a gag reflex. This usually means cardiac arrest, but may occur in other settings of respiratory failure.

### CONTRAINDICATIONS & PRECAUTIONS

- ✓ Do not use the King LTA for any of the patients listed below:
  - Conscious or semi-conscious patients
  - Patients outside the size range of the available device
  - Patients known or suspected to have swallowed corrosive materials
  - Patients known or suspected to have diseases of the esophagus
  - Patients with inhalation burn injuries
  - Patients with other trauma to the head or neck region that may alter airway anatomy or produce hemorrhage into the airway.

### PROCEDURE

1. **Obtain the correct size LTA for the patient.**
2. **Test the cuff inflation system according to manufacturer instructions. Apply water-soluble lubricant to the device as directed by the manufacturer.**
3. **Position the airway.**
  - ▶ If C-spine trauma is not suspected, position the patient as recommended by the device manufacturer.
  - ▶ If C-spine trauma is suspected, an assistant should maintain the patient's head in the neutral anatomical position and perform a jaw thrust to open the patient's mouth. Attempt to insert the LTA with care, to avoid moving the patient's head or neck.
4. **Insert the device according to manufacturer's instructions, inflate the cuff and assure proper placement, then secure the device in place.**
5. **Ventilate and see if the chest rises.**
  - ▶ If the chest does not rise, remove LTA. Ventilate with an alternate method and attempt reinsertion.
  - ▶ Once chest rise with ventilation is assured, check the cuff inflation according to manufacturer's instructions.
6. **Confirm placement of LTA as described under General Procedures.**
7. **Ventilate the patient with a BVM or ventilator.**

## Continuous Positive Airway Pressure (CPAP)

### and Bilevel Positive Airway Press. (BiPAP)

#### DESCRIPTION & INDICATIONS

- ✓ Respiratory distress or failure, due to cardiogenic pulmonary edema, CHF, or COPD/Asthma in which the patient demonstrates spontaneous respirations and a patent, self-maintained airway

#### CONTRAINDICATIONS

- ✓ Circumstances in which endotracheal intubation or a surgical airway is preferred or necessary to secure a patent airway
- ✓ Circumstances in which the patient does not improve or continues to deteriorate despite CPAP administration
- ✓ Patients under 15 years of age



For circumstances in which the patient does not improve or continues to deteriorate despite CPAP and/or medical therapy, terminate CPAP administration, ventilate the patient with a bag-valve-mask, and consider endotracheal intubation, if available.

#### PROCEDURE

1. Assure airway patency.
2. Administer 100% O<sub>2</sub> via appropriate delivery system.
3. Perform appropriate patient assessment, including obtaining vital signs, pulse oximeter (SpO<sub>2</sub>) reading, and cardiac rhythm.
4. Apply CPAP device per manufacturer's instructions.
5. Continuously reassess the patient.
6. Monitor continuous pulse oximetry.
7. Monitor continuous end tidal CO<sub>2</sub>, if available.
8. Follow appropriate protocols for continued treatment.
9. Contact Medical Control as soon as possible to allow for prompt availability of hospital CPAP equipment and respiratory personnel.



## Orotracheal Intubation [ALS]

### DESCRIPTION & INDICATIONS

- ✓ Endotracheal tubes may be orally inserted only in deeply unconscious patients without a gag reflex. This usually means cardiac arrest, but may occur in other settings of respiratory failure.
- ✓ An endotracheal tube is a single-lumen tube (double lumen tubes exist, but are not approved for EMS use in RI) that is typically placed from the mouth through the vocal cords under direct visualization using a laryngoscope (traditional, video, or other). Most have an inflatable cuff that helps seal the tracheal end, although uncuffed tubes are sometimes used for pediatric patients. Other approved insertion techniques (with appropriate training) are:
  - Use of a lighted stylet;
  - Use of a guide stylet (i.e., Bougie®)
  - Intubation through a SALT airway or LMA; or
  - Digital (blind) intubation [EMT-P ONLY].
- ✓ Only EMTs who are licensed/certified by the RI Department of Health to perform endotracheal intubation may perform orotracheal intubation during prehospital care. **EMT-Ps ONLY** may attempt to intubate newborn infants (<1 month old). When an endotracheal tube is in place, an EMT licensed/certified by the RI Department of Health to perform endotracheal intubation on patients of similar age must be in attendance continuously managing the airway.



NOTE: Any references to "Endotracheal Intubation" should be presumed to refer to oral insertion (Orotracheal Intubation) unless specific reference is made to Nasotracheal Intubation. Only EMT-Ps may attempt nasal insertion of an endotracheal tube.

### SELECTION OF TUBE SIZE

- ✓ Use the following guidelines to select the appropriate size endotracheal tube. In order to avoid mainstem placement, typical distance from the teeth to the tip of the inserted tube should be about three times the tube size (24cm for an 8.0 tube, for example).

TABLE 2: ET Tube Sizes for Adult Patients ≥ 16 years of Age

Gender	Age	Endotracheal Tube Size
Male	≥ 16 years of age	8.0 mm
Female	≥ 16 years of age	7.0 mm

TABLE 3: ET Tube Sizes for Newborn Patients (Premature-Full Term Infants) [EMT-P ONLY]

Weight kg	Gestational Age in weeks	Laryngoscope Blade Size	Endotracheal Tube Size	Depth of Insertion from Upper Lip
<1	<28	0	2.5	6.5-7.0
1-2	28-34	0	3.0	7.0-8.0
2-3	34-38	0-1	3.5	8.0-9.0
>3	>38	1	3.5-4.0	>9.0



### Pediatric ET Tube Size Formula

For pediatric patients (Toddlers/Children <35 kg/75 lbs), use the endotracheal tube size recommended by the Pediatric Dosing Device. If the device is unavailable, use the following formula to determine the correct size:

$$\text{ETT size (mm ID)} = [\text{age (in years)} / 4] + 4$$

*EXAMPLE: ETT size for 6 year old*

$$\begin{aligned} \text{ETT size (mm ID)} &= [6 / 4] + 4 \\ &= [1.5] + 4 \\ &= \mathbf{5.5 \text{ mm ID}} \end{aligned}$$

- ✓ If using a stylette, it should be placed inside the tube to one-half inch from end. It must not protrude beyond the end of the tube.
- ✓ Prior to intubation, ventilate and oxygenate the patient whenever possible. Suction equipment should be available during intubation, and used to remove debris when necessary.
- ✓ When using cuffed endotracheal tubes, check to ensure that the cuff is intact, and does not leak air.

## PROCEDURE

### 1. Position the airway.

- ▶ Unless C-spine trauma is suspected, place the patient in the “sniffing position.” In this position, the neck is flexed (to elevate the occipital region), and the head is hyperextended. Insert the laryngoscope with the left hand. Place the blade to the right of the midline and push the tongue to the left, so that the blade rests in the midline.
- ▶ If C-spine trauma is suspected, an assistant should maintain the patient’s head in the neutral anatomical position and perform a jaw thrust to open the patient’s mouth. Attempt to intubate with care, to avoid moving the patient’s head or neck.

### 2. Slowly advance the blade.

- ▶ A curved blade should enter the vallecula; a straight blade should rest beneath the epiglottis.
- ▶ Exert gentle traction upward; do not use the teeth as a fulcrum.

### 3. Visualize the vocal cords and insert the appropriate size endotracheal tube between the cords.

- ▶ Use the right hand to guide the tube from the right side of the mouth into the midline, and pass the tube through the vocal cords.
- ▶ Tube placement efforts may be repeated once during each intubation attempt. Each intubation attempt should not take more than 30 seconds. A second person should time the procedure and call out when 30 seconds have passed.

- ▶ After an unsuccessful attempt, resume ventilation with a bag-valve-mask device using high flow OXYGEN. This is best performed as a two-person procedure with one person assuring a mask seal while the other provides adequate ventilation volume. After the patient is re-oxygenated, a second attempt is permitted. Any further attempts at endotracheal intubation require the approval of Medical Control and must be undertaken while en route.
- 4. **If a cuffed tube is used, inflate the cuff with enough air to occlude back flow when ventilating the patient.**
  - ▶ Avoid over-inflation as it causes tracheal damage.
- 5. **Confirm placement of endotracheal tube as described under General Procedures.**
- 6. **Secure and protect the tube.**
  - ▶ Insert an oropharyngeal airway or other appropriate device as a bite-block to protect the tube.
  - ▶ Secure the tube to prevent displacement and stabilize the head and neck to prevent motion that may dislodge the endotracheal tube (i.e., cervical collar, headblocks and backboard).

#### ALS PERSONNEL

7. **Medication may be administered through the endotracheal tube, as indicated in the *RI EMS Prehospital Care Protocols and Standing Orders*, using one of the following techniques. For medications to be administered through the ET tube, use 2.0-2.5 times the usual IV dose.**



An endotracheal tube is the least-preferred option for medication administration, and should be used only if other routes are unavailable.

- ▶ **Dilution technique:**
  - **Adult patients:** Add enough NORMAL SALINE to the medication to make a total volume of 10 mL. Inject the diluted medication down the ET tube.
  - **Pediatric patients <5 feet tall (<35 kg/75lbs):** Add enough NORMAL SALINE to the medication to make a total volume of 3- 5 mL. Inject the diluted medication down the ET tube.
- ▶ **Flush technique:**
  - **Adult patients:** After injection of the medication down the ET tube, inject 10 mL of NORMAL SALINE down the ET tube to flush the medication and then ventilate.
  - **Pediatric patients <5 feet tall (<35 kg/75lbs):** After injection of the medication down the ET tube, inject 3-5 mL of NORMAL SALINE down the ET tube to flush the medication and then ventilate.

## Nasotracheal Intubation [EMT-P only]

### DESCRIPTION & INDICATIONS

- ✓ Nasal intubation is the technique of passing an endotracheal tube through the nose and pharynx into the trachea. This is done without using a laryngoscope to visualize the vocal cords (blind technique). The procedure is limited to breathing patients in whom oral intubation is difficult.
- ✓ Hypoxemic CHF and COPD patients
- ✓ Closed head injury patients with clenched teeth
- ✓ Respiratory distress and an oxygen saturation of < 90% in a patient on 100% oxygen by face mask
- ✓ A respiratory rate of 8 or less per minute or 35 or greater per minute
- ✓ A Glasgow Coma Score of 8 or less
- ✓ Loss of gag reflex

### CONTRAINDICATIONS & PRECAUTIONS

- ✓ Do not use nasotracheal intubation for any of the patients listed below:
  - Patient receiving anticoagulants, such as Coumadin (warfarin)
  - Patient with upper airway hemorrhage, significant mid-facial trauma, or laryngeal trauma
  - Patient with cerebral spinal fluid leakage or evidence of basilar skull fracture
  - Patient less than 12 years of age

### PROCEDURE

#### 1. Select an appropriate sized endotracheal tube.

- ▶ Typically one full size smaller than the size used for orotracheal intubation.)
- ▶ Select and check appropriate size ET tube, lubricate distal 4 cm with LIDOCAINE 2% spray or gel.

#### 2. Prepare patient.

- ▶ Place patient in position of comfort.
- ▶ Topical anesthesia (LIDOCAINE 2% spray or gel) should be applied to both nares to minimize discomfort.
- ▶ Visually inspect each nares for foreign bodies or large polyps. Digitally inspect and dilate the selected nares with a gloved and lubricated fifth finger.

#### 3. Slowly advance the tube.

- ▶ Gently, but firmly advance the tube into the nasal pharynx.
- ▶ When the tube has been advanced to the oropharynx, listen over the end for air moving in and out with each respiration. Attempt to advance the tube through the larynx during inspiration. Keep your other hand on the cricoid cartilage to palpate and assist tube passage.
- ▶ If the tube does not go in easily on the first try, pull it back into the oropharynx, slightly extend head and attempt reinsertion during inhalation. Do not remove it completely unless you have decided to abandon the procedure.

- ▶ If unsuccessful after three (3) attempts, abandon the procedure, place the patient on high flow oxygen or assist ventilations as necessary, proceed with prompt transport and appropriate medical management.
- 4. Inflate the cuff with enough air to occlude back flow when ventilating the patient.**
  - ▶ Avoid over-inflation as it causes tracheal damage.
- 5. Confirm placement of endotracheal tube as described under General Procedures.**
- 6. Secure and protect the tube.**
  - ▶ Document tube depth at the nares.
  - ▶ Secure the tube to prevent displacement and stabilize the head and neck to prevent motion that may dislodge the endotracheal tube (i.e. cervical collar and backboard).
- 7. Ventilate the patient with a BVM or ventilator.**

## Cricothyrotomy [EMT-P only]

### INDICATIONS

- ✓ Cricothyrotomy may be performed with authorization from Medical Control, **and as a standing order if unable to contact Medical Control**, in the following circumstances:
  - For a patient with evidence of respiratory failure or apnea, when all other methods of opening and maintaining a patent airway have been attempted and have failed;
  - When there is severe laryngeal trauma;
  - When there is foreign body upper airway obstruction that cannot be removed with direct laryngoscopy.

### PROCEDURE



Because of risks inherent to the procedure, only attempt cricothyrotomy when absolutely sure of competency, and when no other means is available to secure the patient's airway. UNDER NO CIRCUMSTANCES SHOULD TRANSPORT BE DELAYED.

1. **Unless contraindicated, place and maintain the patient's head in hyperflexion to position the larynx as far anterior as possible.**
2. **Locate the cricothyroid membrane, between the thyroid and cricoid cartilages, and prepare the site with an antiseptic solution, using aseptic or sterile technique.**
3. **Surgical technique for patients  $\geq 8$  years of age:**
  - ▶ Stabilize the site. Use a scalpel to make a small midline incision through the overlying skin.
  - ▶ Within the surgical wound, use the scalpel to make a transverse incision through the cricothyroid membrane, taking care not to incise too deeply or too laterally.
  - ▶ If necessary to widen the incision, invert the knife and rotate the handle.
  - ▶ Insert an appropriate cannulating device (e.g., tracheostomy or endotracheal tube) to maintain the patency of the surgical opening.
  - ▶ Confirm placement and patency by observing chest rise with ventilation/inspiration; listening for air exchange through the surgical airway; and observing clinical improvements.
  - ▶ Stabilize and secure the cannulating device.
4. **Percutaneous ("needle") technique for patients  $< 8$  years of age:**
  - ▶ Connect a 10 mL syringe to a large bore, over-the-needle catheter placement unit.
  - ▶ Stabilize the site. While applying gentle suction to the syringe, angle the needle caudally, and puncture the skin and cricothyroid membrane.
  - ▶ Confirm entry into the trachea by aspirating air. Advance the catheter while withdrawing the needle.
  - ▶ Fit an adapter to the hub of the catheter (e.g., a 3.0 or 3.5 mm ET tube adapter, or the barrel of a syringe.)

- ▶ Confirm placement and patency as described under General Procedures.
- ▶ Apply intermittent positive-pressure or continuous high-flow oxygen, as indicated; pause for “passive exhalation” as indicated.

**5. Stabilize and secure the cannulating device.**

## **Nasogastric/Orogastric Tube [EMT-P only]**

### **INDICATIONS**

- ✓ Intubated patients exhibiting signs and symptoms of gastric distension that compromise ventilation or patient care
- ✓ Impaired consciousness
- ✓ Poisoning/overdose
- ✓ Respiratory and cardiorespiratory arrest
- ✓ As ordered by Medical Control

### **CONTRAINDICATIONS**

- ✓ Significant trauma to the head or face;
- ✓ Suspected basilar skull fracture.

### **PROCEDURE**

1. Lubricate the distal tip of an appropriately-sized nasogastric/orogastric tube.
2. Coach conscious patient to swallow as the tube is advanced to the stomach.
3. Verify placement by auscultating the epigastrium, while injecting 15-30 mL of air into the tube.
4. Stabilize and secure the tube.
5. Withdraw and save a sample of gastric aspirate for analysis.



## 8.2 Defibrillation: Automatic (AED)

### INDICATIONS

- ✓ Use of fully automatic or semi-automatic defibrillators is permitted for all patients >1 year of age.
- ✓ Infant paddles and a manual defibrillator are indicated for patients <1 year of age (see *Defibrillation: Manual protocol*).



For patients between 1 and 8 years of age, it is highly recommended that fully automatic or semi-automatic defibrillators with a pediatric attenuator system be used. This decreases the delivered energy to doses suitable for children, and with particular capability that includes sensitivity and specificity for pediatric shockable rhythms.

### PROCEDURE

1. **Immediately upon arrival, verify cardiac arrest (unresponsive, no respirations, no pulse).**
2. **Initiate CPR if there is a delay in attaching the AED or if the cardiac arrest was not witnessed by the EMT.**
  - ▶ A Witnessed Cardiac Arrest is one where the patient's collapse and pulselessness occur in the presence of the EMT and a defibrillator shock can be delivered within 30 seconds.
3. **Initiate AED when recommended by the 2005 American Heart Association (AHA) guidelines (see appropriate protocols, may be after 2 minutes of CPR).**
  - ▶ Turn defibrillator power on (Note: recorder may be turned on separately).
  - ▶ Begin verbal report, if applicable.
4. **Attach electrode pads with appropriate placement.**
  - ▶ Use the largest size paddles or self-adhering electrodes that will fit on the chest without touching (leave at least 1.5 inches/3cm between paddles/electrodes).
  - ▶ Use pediatric paddles or self-adhering electrodes, if available, for patients between the ages of 1 and 8.
  - ▶ Infant paddles and a manual defibrillator are indicated for patients <1 year of age.
  - ▶ Use adult standard paddles/pads for all patients >1 year old (10 kg) and ensure adequate spacing (>3 cm) between paddles/pads.
  - ▶ Anterior/posterior placement where possible is preferred.
5. **Clear the patient.**

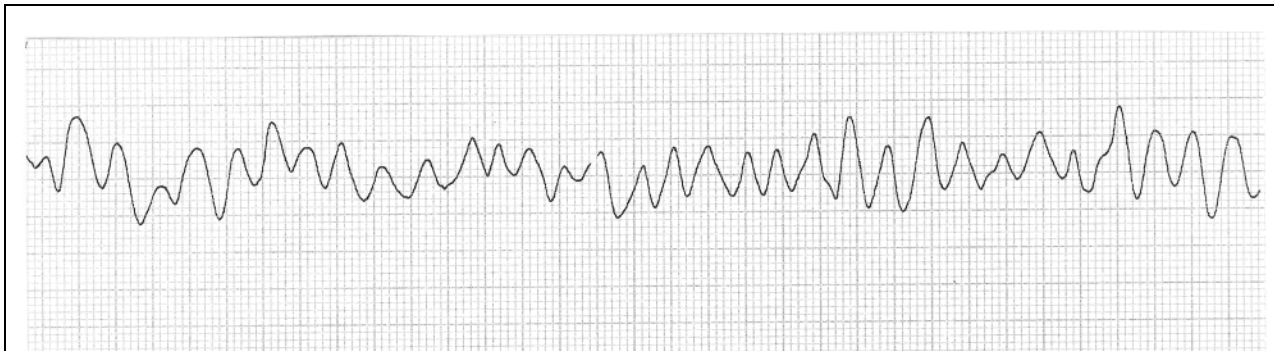
6. Switch to “assess” mode.
7. Follow directions of AED and the 2005 AHA Guidelines to deliver shocks.
  - ▶ If a pulse is restored after defibrillation, follow the *Chest Pain* other appropriate protocol.
  - ▶ If a pulse is not restored after defibrillation, follow the *Cardiac Arrest* or other appropriate protocol.
8. Document the procedure (and attempts to perform the procedure) by completing the ***RI EMS Ambulance Run Report***.



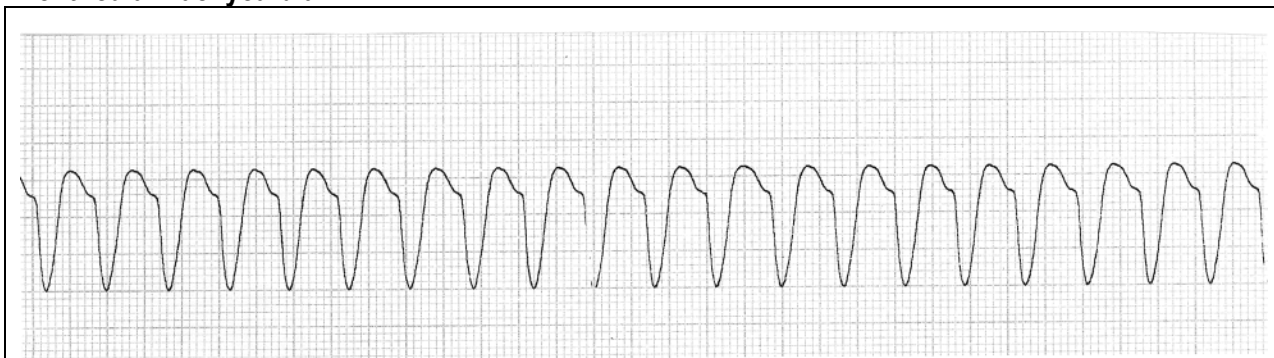
**SAFETY CONSIDERATION:** Stop the vehicle prior to all defibrillations using hand-held paddles or if necessary to interpret the patient's rhythm. Proceed cautiously while defibrillating using self-adhering electrodes.

## 8.3 Defibrillation: Manual [ALS]

### Ventricular Fibrillation



### Ventricular Tachycardia



## RECOGNITION

- ✓ Unresponsive, apneic, pulseless patient with either ventricular fibrillation (VF) or ventricular tachycardia (VT) on a cardiac monitor.



Only EMT-Cs and EMT-Ps may perform manual defibrillation during prehospital care.

## PROCEDURE

### 1. Select appropriate paddles and placement.

- ▶ Use standard (adult) size paddles for all patient who weigh more than 10 kg (~25 lbs).
- ▶ Use “pedi” (ie: infant) paddles only for patients who weight less than 10 kg/25 lbs (about 1 year of age).
- ▶ Use the largest size paddles or self-adhering electrodes that will fit on the chest without touching (leave at least 1.5 inches/3cm between paddles/electrodes).
- ▶ Anterior/posterior placement where possible is preferred.

**2. Check the pulse.**

- ▶ Defibrillate only if the pulse is absent and the rhythm is ventricular fibrillation (VF) or ventricular tachycardia (VT).

**3. Record initial ECG rhythm.**

- ▶ Attach copies of the rhythm strips to the hospital copy of the *RI EMS Ambulance Run Report* as part of required documentation.

**4. Immediately attempt defibrillation as follows:**

Use of defibrillators without low energy levels (5-200 joules monophasic) is permitted only for patients  $\geq 8$  years of age or whose weight is  $\geq 25$  kg/55 lbs.

- ▶ **Adult patients:** Defibrillate at 360 joules monophasic or manufacturer's biphasic setting (typically 200 Joules).
- ▶ **Pediatric patients:** Defibrillate at 2 joules/kg (~1 joule/lb) monophasic or manufacturer's biphasic setting. Use Pediatric Dosing Device to determine patient weight in kg.
  - All subsequent defibrillations to be at  $>4$  joules/kg (~ 2 joules/lb) monophasic or manufacturer's biphasic setting.



**SAFETY CONSIDERATION:** Stop the vehicle prior to all defibrillations using hand-held paddles or if necessary to interpret the patient's rhythm. Proceed cautiously while defibrillating using self-adhering electrodes.

- 5. After defibrillation, immediately resume CPR and perform any additional defibrillations per current AHA guidelines.**
- 6. If the pulse is restored after defibrillation, follow the *Chest Pain* or other appropriate protocols.**
- 7. If a pulse is not restored after defibrillation, follow the *Cardiac Arrest* protocol.**
- 8. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.**

## 8.4 Patient Comfort

### ASSESSMENT

- ✓ Assess and record the following and reassess frequently: level of consciousness; level of pain; heart rate, respiratory rate, blood pressure; ECG\*; oxygen saturation\*; capnometry\*.

\*if available

### PAIN MANAGEMENT



Where indicated in the protocols, EMT-Cs or EMT-Ps are authorized to administer an initial dose of pain management medication without further orders. However, authorization from Medical Control is required for all subsequent doses and for administration of pain management and sedation medications for any purpose other than pain management (e.g. for sedation or treatment of CHF) unless specifically authorized by protocol (e.g. *Seizures, Major Incident*).

1. For alert patients able to swallow and who are exhibiting mild to moderate pain from isolated extremity trauma (except for open fractures) all EMTs may consider administering ACETAMINOPHEN (Tylenol®).

- ▶ All patients  $\geq 2$  years of age: Administer ACETAMINOPHEN 10 mg/kg PO (typical adult dose is 650 mg.)



NOTE: Infant and children's liquid formulations may have different concentrations. Use caution to avoid dosing errors.

### ALS PERSONNEL ONLY

2. For patients exhibiting moderate to severe pain, ALS PERSONNEL ONLY may consider administering MORPHINE SULFATE:

- ▶ **Adult patients:** Administer MORPHINE SULFATE 0.1 mg/kg (typical initial adult dose 2-6 mg) IV, in increments of 2 mg every minute, until pain is relieved or until reaching a maximum initial dose of 6 mg.
  - If unable to establish IV access, administer MORPHINE SULFATE 0.1 mg/kg IM, with a maximum initial dose of 6 mg.
  - Contact Medical Control for permission to administer additional doses of MORPHINE at 5-30 minute intervals to maintain effect.
- ▶ **Pediatric patients < 16 years of age:** Administer MORPHINE SULFATE 0.1 mg/kg slow IV push, in increments of 1 mg every minute, to a maximum initial dose of 4 mg.
  - If unable to establish IV access, administer MORPHINE SULFATE 0.05 mg/kg IM, with a maximum initial dose of 4 mg.
  - Contact Medical Control for permission to administer additional doses of MORPHINE at 5-30 minute intervals to maintain effect.

**3. For patients exhibiting moderate to severe pain, EMT-Ps ONLY may consider administering FENTANYL:**

- ▶ **Adult patients: Administer FENTANYL 0.5 mcg/kg (typical initial adult dose 25-50 mcg) slow IV push, in increments of 12.5 mcg every minute, until desired effect is achieved or until reaching a maximum initial dose of 50 mcg.**
  - If unable to establish IV access, administer FENTANYL 0.5 mcg/kg IM or IN, with a maximum initial dose of 50 mcg.
  - Contact Medical Control for permission to administer additional doses of FENTANYL at 5-30 minute intervals to maintain effect.
- ▶ **Pediatric patients 3-16 years of age: Administer FENTANYL 0.5 mcg/kg IV push, in increments of 12.5 mcg every minute, to a maximum initial dose of 50 mcg.**
  - If unable to establish IV access, administer FENTANYL 0.5 mcg/kg IM or IN, with a max initial dose of 50 mcg.
  - Contact Medical Control for permission to administer additional doses of FENTANYL at 5-30 minute intervals to maintain effect.
- ▶ **Pediatric patients 1-3 years of age: Administer FENTANYL 1 mcg/kg IV push, in increments of 12.5 mcg every minute, to a maximum initial dose of 25 mcg.**
  - If unable to establish IV access, administer FENTANYL 1 mcg/kg IM or IN, with a max initial dose of 2500 mcg.
  - Contact Medical Control for permission to administer additional doses of FENTANYL at 5-30 minute intervals to maintain effect.

**4. If patient develops respiratory depression, hypotension, or depressed consciousness, ALS PERSONNEL ONLY may administer NALOXONE HCl (Narcan®):**

- ▶ **Provide appropriate airway and ventilatory support.**
- ▶ **Administer NALOXONE HCl (Narcan®) 0.01 mg/kg IV push, IM or IN.**
  - Dose may also be diluted in NORMAL SALINE and administered by endotracheal tube, PRN.



NOTE: This dose is appropriate to reduce the side effects induced by therapeutic narcotic use, in contrast to the dose used to reverse narcotic overdose (0.1 mg/kg.)

**PATIENT SEDATION [ALS PERSONNEL ONLY]**

5. For patients who are to be cardioverted, or for others who would benefit from sedation, **ALS PERSONNEL ONLY** may consider administering **ONE** of the following medications:



NOTE: The following benzodiazepine doses are appropriate for sedation and anxiolysis, NOT for seizure management. See *Seizures & Postictal State*.

► **Administer MIDAZOLAM (Versed®) as follows:**

- **Adult patients > 60 years of age:** Administer MIDAZOLAM (Versed®) 0.025 mg/kg (typical initial adult dose 0.5-1.5 mg) IV, in increments of 0.25-0.5 mg every minute until desired effect is achieved or until reaching a maximum initial dose of 1.5 mg. If unable to establish IV access, administer MIDAZOLAM 0.05 mg/kg (maximum initial dose 1.5mg) IM or IN.
- **Adult patients 16-60 years of age:** Administer MIDAZOLAM (Versed®) 0.05 mg/kg (typical initial adult dose 1-2.5 mg) IV, in increments of 0.5-1 mg every minute until desired effect is achieved or until reaching a maximum initial dose of 2.5 mg. If unable to establish IV access, administer MIDAZOLAM 0.05 mg/kg (maximum initial dose 2.5mg) IM or IN.
- **Pediatric patients 6-16 years of age:** Administer MIDAZOLAM (Versed®) at 0.025mg/kg IV, in increments of 0.25-0.5 mg every minute, to a maximum dose of 2.5 mg. If unable to establish IV access, administer MIDAZOLAM 0.025 mg/kg, to a maximum dose of 2.5mg, IM or IN.
- **Pediatric patients 6 months to 6 years of age:** Administer MIDAZOLAM (Versed®) at 0.05 mg/kg IV, in increments of 0.25-0.5 mg every minute, to a maximum dose of 1.5 mg. If unable to establish IV access, administer MIDAZOLAM 0.05mg/kg to a maximum dose of 1.5 mg IM or IN.
- Allow 2 min. for effect (10 min. for IM). Contact Medical Control for authorization to administer additional doses of MIDAZOLAM to maintain effect.
- Do not administer MIDAZOLAM to patients less than 6 months of age.

► **OR Administer LORAZEPAM (Ativan®) as follows:**

- **Adult patients:** Administer LORAZEPAM (Ativan®) 0.05 mg/kg (typical initial adult dose 2-4 mg) IV, in increments of 1 mg every minute, until desired effect is achieved or until reaching a maximum dose of 4 mg. If unable to establish IV access, administer LORAZEPAM 0.05 mg/kg IM.
- **Pediatric patients 2 months to 16 years of age:** Administer LORAZEPAM (Ativan®) 0.025 mg/kg IV, in increments of 0.5 mg every minute, until desired effect is achieved or until reaching a maximum dose of 2 mg. If unable to establish IV access, administer LORAZEPAM 0.025 mg/kg to a maximum dose of 2mg IM.
- Allow 2 min. for effect (10 min. for IM). Contact Medical Control for authorization to administer additional doses of LORAZEPAM to maintain effects.
- Do not administer LORAZEPAM to patients less than 2 months of age.

► **OR Administer DIAZEPAM (Valium®) as follows:**

- **Adult patients:** Administer DIAZEPAM (Valium®) 0.05 mg/kg (typical initial adult dose 2-4 mg) IV, in increments of 1 mg every minute, or PR, until desired effect is achieved or until reaching a maximum dose of 4 mg.
- **Pediatric patients <16 years of age:** Administer DIAZEPAM (Valium®) 0.05 mg/kg IV, in increments of 0.5 mg every minute, or PR, until desired effect is achieved or until reaching a maximum dose of 2.5 mg.
- Allow 2 min. for effect (10 min. for IM). Contact Medical Control for authorization to administer additional doses of DIAZEPAM to maintain effects.

- ▶ If patient develops respiratory depression or hypotension, provide appropriate airway, respiratory and ventilatory support.
- 6. For certain patients, EMT-Ps ONLY may consider administering both a narcotic (MORPHINE SULFATE or FENTANYL) and a benzodiazepine (MIDAZOLAM [Versed®], LORAZEPAM [Ativan®], DIAZEPAM [Valium®]).



The use of medications, including narcotics and/or benzodiazepines, to sedate patients or otherwise produce conditions that facilitate intubation or insertion of other advanced airways is not permitted. "Rapid Sequence Intubation" (RSI) is NOT an approved skill for Rhode Island EMTs. The only occasions when it is acceptable to administer sedatives for advanced airway management are for patients who already have an advanced airway in place, as might be encountered during an interfacility transfer, and then only with permission from Medical Control and in accordance with this protocol.

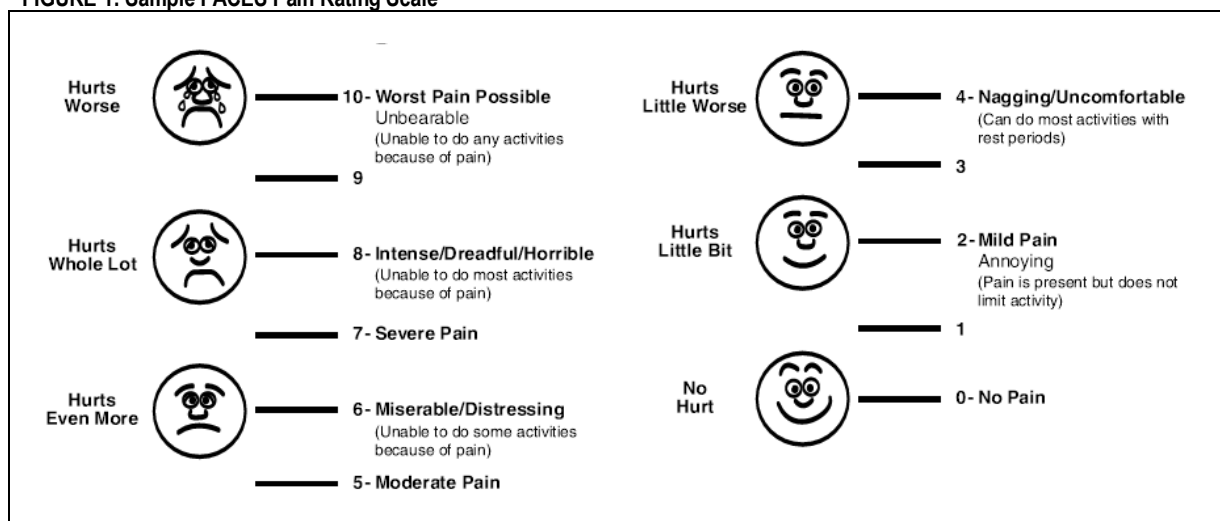
## NAUSEA & VOMITING [ALS PERSONNEL ONLY]

- 7. For patients who exhibiting nausea or vomiting, ALS PERSONNEL ONLY may consider administering ONDANSETRON (Zofran®).
- ▶ All patients  $\geq$  1 month of age: Administer ONDANSETRON (Zofran®) 0.1 mg/kg IM or IV over 2-5 minutes. Maximum dose 4 mg.

## ALL PATIENTS

- 8. Document procedures to provide pain management and sedation by completing the *RI EMS Ambulance Run Report*.

FIGURE 1: Sample FACES Pain Rating Scale





## 8.5 Pleural Decompression [EMT-P only]

### INDICATION

- ✓ Pleural decompression may be performed with authorization from Medical Control, **and as a standing order if unable to contact Medical Control**, for a patient with a suspected tension pneumothorax.

### PROCEDURE

1. **Locate the appropriate site for decompressing the affected hemithorax:**
  - ▶ The second or third intercostal space in the mid-clavicular line; or
  - ▶ The fourth or fifth intercostal space in the mid-axillary line.
2. **Prepare the site with an aseptic solution, using aseptic or sterile technique.**
3. **Connect a 10 mL syringe to a large bore, over-the-needle catheter placement unit.**
4. **Stabilize the site.**
  - ▶ While applying gentle suction to the syringe, insert the needle over the superior border of the rib perpendicular to the chest wall, and puncture the skin.
5. **Advance the needle while applying suction to the syringe.**
  - ▶ Confirm entry into the pleural space by aspirating air. Advance the catheter while withdrawing the needle.
6. **Confirm placement by observing clinical improvements.**
7. **Fit a stopcock/syringe assembly or flutter valve to the hub of the catheter.**
8. **Stabilize and secure the cannulating device.**
9. **Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.**

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## 8.6 Pneumatic Anti-Shock Garment (PASG)

### INDICATIONS FOR USE

- ✓ Hypotension due to ruptured abdominal aortic aneurysm or similar abdominal hemorrhage;
- ✓ Hypotension due to suspected pelvic fracture;
- ✓ Anaphylactic shock;
- ✓ Otherwise uncontrollable lower extremity hemorrhage;
- ✓ Sever traumatic hypotension (shock) when the transportation time to a Hospital Emergency Facility is longer than five (5) minutes.
- ✓ For other patients, or in situations in which there is any cause for doubt, the EMT should contact Medical Control prior to inflation of the garment.

### GENERAL INFORMATION

- ✓ Do not delay transport to apply the garment.
- ✓ When used for shock, the garment should be inflated to produce a systolic blood pressure that exceeds the age-related hypotensive values shown in Table 1.

TABLE 1: Abnormal Vital Signs

Age	Systolic BP	
Preschool (1-6 years)	<75	Note: Absent radial pulse indicates hypotension
School Age (6-12 years)	<85	
Adolescent (12 – 16 years)	<90	
Adult (>16 years)	<90	

- ✓ In most circumstances, the PASG should be deflated slowly and only with an order from Medical Control. Deflation should occur while monitoring the blood pressure to insure that the blood pressure continues to be greater than the age-related value for hypotension.



If evidence of pulmonary edema develops after inflation, deflate the garment immediately without requesting Medical Control authorization.

- ✓ **Contraindications to use of the PASG:**
  - Adjunct to CPR
  - Penetrating chest injury
  - Pulmonary edema
  - Isolated extremity injury or fracture without shock
  - Acute myocardial infarction, cardiac tamponade, or cardiogenic shock
  - Pregnancy
- ✓ In other situations, if use is considered, contact Medical Control.

## INFLATION PROCEDURE

1. Assess the patient for shock and record sign/symptoms. If spinal injury is suspected, maintain spinal immobilization.
2. Determine the patient's blood pressure by palpation or auscultation.
3. Auscultate breath sounds.
4. Check patient for bulky/sharp objects in pockets or remove clothing from patient's abdomen and lower extremities.
5. Open PASG and arrange garment.
6. Apply garment:
  - ▶ Log roll patient, maintaining spinal immobilization.
  - ▶ Locate the superior edge of garment just below the lower margin of the ribs.
  - ▶ Attach the Velcro® straps with maximum contact, in order to fasten the garment securely.
  - ▶ Attach the inflation pump lines to garment and open all in-line valves.
7. When use is indicated, inflate all compartments simultaneously to produce a level of consciousness and/or vital signs that are within normal limits, as identified in *Table 2*, or until full inflated per garment specifications.

TABLE 2: Age-Related Normal Vital Signs

Age	Respiratory Rate	Heart Rate	Sys. BP
Preschool (1-6 years)	16-40	70-160	>75
School Age (6-12 years)	12-30	60-140	>85
Adolescent (12 – 16 years)	10-24	60-120	>90
Adult (>16 years)	10-24	60-120	>90

Note: Absent radial pulse indicates hypotension

8. Close all in-line valves.
9. Frequently reassess and record blood pressure, pulse, breath sounds, respiratory rate, and patient's level of consciousness, while en route to a Hospital Emergency Facility.

## DEFLATION PROCEDURE

10. Assess and record patient's vital signs.
11. Slowly deflate the abdominal segment while monitoring the blood pressure to insure that the blood pressure continues to be greater than the age-related value for hypotension.
12. After abdominal deflation is achieved, gradually deflate both legs while monitoring the blood pressure to insure that the blood pressure continues to be greater than the age-related value for hypotension.

## DOCUMENTATION

13. Document the procedure (and attempts to perform the procedure) by completing the *RI EMS Ambulance Run Report*.

## 9.1 Glasgow Coma Scale and "AVPU" Scale

### Glasgow Coma Scale

EYES	Adult	Child	Infant	Score
	Open <b>spontaneously</b> during initial assessment.	Open <b>spontaneously</b> during initial assessment.	Open <b>spontaneously</b> during initial assessment.	4
	Open <b>to verbal stimulus</b> .	Open <b>to verbal stimulus</b> .	Open <b>to verbal stimulus</b> .	3
	Open only <b>to painful stimulus</b> .	Open only <b>to painful stimulus</b> .	Open only <b>to painful stimulus</b> .	2
	<b>Do not open</b> during initial evaluation period.	<b>Do not open</b> during initial evaluation period.	<b>Do not open</b> during initial evaluation period.	1
VERBAL	Adult	Child	Infant	Score
	<b>Oriented</b> to person, place, time.	<b>Oriented</b> to person, place, time.	<b>Coos and babbles</b> .	5
	Converses, but is <b>disoriented</b> or <b>confused</b> .	Converses, but is <b>disoriented</b> or <b>confused</b> .	<b>Irritable cries</b> .	4
	<b>Disoriented</b> ; speech clear, but <b>inappropriate</b> .	<b>Disoriented</b> ; speech clear, but <b>inappropriate</b> .	<b>Cries to pain</b> .	3
	<b>Garbled</b> . Includes grunting or moaning.	<b>Garbled</b> . Includes grunting, moaning, non-specific sounds.	<b>Moans to pain</b> .	2
	<b>No verbal responses</b> to any stimulation.	<b>No verbal responses</b> to any stimulation.	<b>No verbal responses</b> to any stimulation.	1
MOTOR	Adult	Child	Infant	Score
	<b>Obeys</b> verbal commands by moving extremities or facial muscles (if C-spine injuries).	<b>Obeys</b> verbal commands by moving extremities or facial muscles (if C-spine injuries).	Moves <b>spontaneously</b> and <b>purposely</b> .	6
	Can <b>localize</b> a painful stimulus by moving an extremity to an injured area in a purposeful manner.	Can <b>localize</b> a painful stimulus by moving an extremity to an injured area in a purposeful manner.	<b>Withdraws</b> to touch.	5
	<b>Withdraws</b> an extremity from painful stimulus, but unable to localize/prevent recurring pain.	<b>Withdraws</b> an extremity from painful stimulus, but unable to localize/prevent recurring pain.	<b>Withdraws</b> in response to painful stimulus.	4
	Abnormal <b>flexor response</b> to painful stimulus, ie: decorticate (flexion) posturing.	Abnormal <b>flexor response</b> to painful stimulus, ie: decorticate (flexion) posturing.	Abnormal <b>flexor response</b> to painful stimulus, ie: decorticate (flexion) posturing.	3
	Abnormal <b>extensor response</b> to painful stimulus, ie: decerebrate (extension) posturing.	Abnormal <b>extensor response</b> to painful stimulus, ie: decerebrate (extension) posturing.	Abnormal <b>extensor response</b> to painful stimulus, ie: decerebrate (extension) posturing.	2
	<b>No response</b> , no motion to any painful stimulus.	<b>No response</b> , no motion to any painful stimulus.	<b>No response</b> , no motion to any painful stimulus.	1

Glasgow Coma Score = "Eyes" score + "Verbal" score + "Motor" score:

### "AVPU" Scale

<b>A</b>	=	Patient is conscious and <b>alert</b> .
<b>V</b>	=	Patient is responsive to <b>verbal</b> stimuli.
<b>P</b>	=	Patient is responsive to <b>painful</b> stimuli.
<b>U</b>	=	Patient is <b>unresponsive</b> to any stimuli.

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## 9.2 Prehospital Formulary

The following list summarizes all medications, both required and optional, for all Rhode Island EMS practice levels. For more specific information, refer to the *Rhode Island Ambulance Licensure & Inspection Manual*.

	Generic Name	Common Trade Names
A	Acetaminophen (oral, rectal)	Tylenol <sup>®</sup>
	Activated Charcoal	Actidose <sup>®</sup> , Charcodote <sup>®</sup>
	Adenosine (injectable)	Adenocard <sup>®</sup>
	Albuterol 0.083%	Ventolin <sup>®</sup> , Proventil <sup>®</sup>
	Amiodarone (injectable, admixture)	Cordarone <sup>®</sup>
	Antacid (oral)	Mylanta <sup>®</sup>
	Aspirin (oral)	(aspirin)
	Atropine Sulfate (injectable)	(atropine)
C	Calcium Chloride (injectable)	Calcium Chloride <sup>®</sup>
	Calcium Gluconate 2.5% (gel)	Calgonate
	Cyanide Antidote Kit	Cyanokit <sup>®</sup>
D	Dextrose 5% (admixture)	(5% dextrose)
	Dextrose 10% (admixture)	(10% dextrose)
	Dextrose 25% (injectable)	(25% dextrose)
	Dextrose 50% (injectable)	(50% dextrose)
	Diazepam (injectable, rectal)	Valium <sup>®</sup> , Diastat <sup>®</sup>
	Diltiazem (injectable)	Cardizem <sup>®</sup>
	Diphenhydramine HCL (injectable, oral)	Benadryl <sup>®</sup>
	Dopamine HCL (admixture)	Intropin <sup>®</sup>
E	Epinephrine HCL 1:1000 (injectable)	Adrenalin <sup>®</sup>
	Epinephrine HCL 1:10,000 (injectable, admixture)	Adrenalin <sup>®</sup>
F	Fentanyl Citrate (injectable)	Duragesic <sup>®</sup>
	Furosemide (injectable)	Lasix <sup>®</sup>

## 9.2-2

G	Glucagon (injectable)	(glucagon)
	Glucose (oral)	Glucola <sup>®</sup> , Glutose <sup>®</sup> , InstaGlucose <sup>®</sup>
H	Hydrocortisone Sodium Succinate (injectable)	Solu -Cortef <sup>®</sup>
I	Ipratropium Bromide 2.9% (injectable)	Atrovent <sup>®</sup>
L	Lidocaine HCL 2% (injectable, gel/spray, admixture)	Xylocaine <sup>®</sup>
	Lorazepam (injectable)	Ativan <sup>®</sup>
M	Magnesium Sulfate (injectable)	(magnesium sulfate)
	Midazolam (injectable)	Versed <sup>®</sup>
	Morphine sulfate (injectable)	(morphine)
N	Naloxone HCL (injectable)	Narcan <sup>®</sup>
	Nitroglycerin (tablets/spray, paste, admixture)	Nitrostat <sup>®</sup> , Nitrobid <sup>®</sup>
O	Ondansetron (injectable)	Zofran <sup>®</sup>
	Oxygen (gas)	(oxygen)
P	Phenobarbital (injectable)	(phenobarbital)
	Organophosphate Auto-Injector (injectable)	2 PAM, Protopam, Mark-I <sup>®</sup> , Duo-Dote <sup>®</sup>
S	Sodium Bicarbonate 8.4% (injectable)	(sodium bicarbonate)
T	Terbutaline Sulfate (injectable)	Brethine <sup>®</sup> , Bricanyl <sup>®</sup>
	Tetracaine HCL 0.5% (drops)	Pontocaine <sup>®</sup>
	Thiamine HCL (injectable)	(thiamine)
V	Verapamil HCL (injectable)	Calan <sup>®</sup> , Isoptin <sup>®</sup>



## 9.3 Stroke Scale

<b>ASSESSMENT</b>	<b>NORMAL FINDING(S)</b>	<b>ABNORMAL FINDING(S)</b>
<i>Facial Droop</i> (ask patient to smile or show teeth)	Both sides of the face move equally well.	One side of the face does not move as well as the other
<i>Arm Drift</i> (ask the patient to close eyes and hold arms straight out for 10 seconds)	Both arms move the same or both arms do not move at all.	One arm does not move or one arm drifts down.
<i>Speech</i> (ask the patient to say "you can't teach an old dog new tricks")	Patient uses correct words with no slurring.	Patient slurs words, uses the wrong words, or is unable to speak.
<i>Vision</i> (ask the patient to read your name tag with one eye at a time)	Patient is able to read equally well with both eyes.	Patient is unable to read with one eye or it is blurry.
<i>Coordination</i> (ask the patient to place their index finger from their nose to the examiners finger, held at a distance of 12-18". Test one side, then the other)	Patient is able to complete the task as indicated	Patient is unable to complete the task as indicated.

Note: Abnormality in any one assessment area is strongly suggestive of stroke.

Some patients with stroke symptoms may benefit from medications administered at the hospital within a few hours of symptom onset.

### Recognition:

Unilateral paralysis:	Weakness, clumsiness or heaviness, usually involving one side of the body.
Unilateral numbness:	Sensory loss, tingling or abnormal sensation, usually involving one side of the body.
Language Disturbance:	Trouble understanding or speaking (aphasia) or slurred speech (dysarthria).
Monocular blindness:	Painless visual loss in one eye often described as a curtain dropping.
Vertigo:	Sense of spinning or whirling that persists at rest.
Ataxia:	Poor balance, stumbling gait, staggering, or incoordination of one side of the body.

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## 9.4 Trauma Score

### ADULT TRAUMA SCORE

Component	Method	Values	Score
<b>Respiratory Rate</b>	Count respirations in 15 seconds, then multiply by 4.	10–24 = 4 25–35 = 3 ≥36 = 2 1–9 = 1 none = 0	
<b>Systolic Blood Pressure</b>	Measure systolic BP with stethoscope or by palpation.	≥90 = 4 70–89 = 3 50–69 = 2 1–49 = 1 no pulse = 0	
<b>Glasgow Coma Scale</b> Obtain sub-scores for each assessment (Eyes, Verbal, Motor). Total these sub-scores, then convert the sum as indicated.	<b>EYES</b> 4 Eyes open <b>spontaneously</b> during initial assessment. 3 Eyes open to <b>verbal command</b> or speech. 2 Eyes open only to <b>painful stimulus</b> . 1 Eyes <b>do not open</b> during initial evaluation period.		
	<b>VERBAL</b> 5 Patient is <b>oriented</b> to person, place, time; converses. 4 Patient converses, but is <b>disoriented</b> or <b>confused</b> . 3 Patient is <b>disoriented</b> ; speech clear, but inappropriate. 2 Speech is <b>garbled</b> . Includes grunting or moaning. 1 <b>No verbal responses</b> to any stimulation.		
	<b>MOTOR</b> 6 <b>Obeys</b> verbal commands by moving extremities or facial muscles (if C-spine injuries). 5 Can <b>localize</b> a painful stimulus by moving an extremity to an injured area in a purposeful manner. 4 <b>Withdraws</b> an extremity from painful stimulus, but unable to localize/prevent recurring pain. 3 Abnormal <b>flexor response</b> to painful stimulus, ie: decorticate (flexion) posturing. 2 Abnormal <b>extensor response</b> to painful stimulus, ie: decerebrate (extension) posturing. 1 <b>No response</b> , no motion to any painful stimulus.		
	Sum of three sections (EYES + VERBAL + MOTOR) →		
	Conversion	Sum      Conversion 13–15      =      4 9–12        =      3 6–8         =      2 4–5         =      1 <4          =      0	
	Converted Score →		
<b>Revised Trauma Score:</b> → Sum of RR + BP + converted Glasgow Coma scores			

## PEDIATRIC TRAUMA SCORE

Component	+2 points	+ 1 point	- 1 point	Score
<i>Weight</i>	>20 kg	10–20 kg	<10 kg	
<i>Airway</i>	open/no assist	assist needed	intubated	
<i>Systolic BP</i>	>90 mm Hg (+ radial pulse)	50–90 mm Hg (+ femoral/carotid)	<50 mm Hg (no palpable pulse)	
<i>Consciousness</i>	awake, alert	obtunded	unresponsive	
<i>Fractures</i>	none	closed fracture	multiple or open	
<i>Wounds</i>	none	minor wounds	major/penetrating	
<b>TOTAL:</b>				

# Appendix 1: Major Incident Fact Sheets



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## BIOLOGIC AGENTS: SMALLPOX



- Overview**
- ✓ A viral illness causing a rash. The virus is called variola.
  - ✓ About 30% of smallpox patients die.
  - ✓ Considered eradicated except for laboratory stockpiles, but may also be in the hands of terrorists.
  - ✓ May be used as a WMD agent.
  - ✓ Can be prevented with a vaccine. The vaccine, vaccinia, is a live virus similar to but not the same as smallpox. Adverse effects from the vaccine can be reduced through screening questions and local care of the vaccine site. The vaccine cannot cause smallpox.
  - ✓ Immunity decreases with time, so individuals immunized in the past may need to be immunized again.

- Transmission**
- ✓ Highly infectious, highly communicable (easily spread person-to-person).
  - ✓ May be disbursed as an aerosol mist.
  - ✓ Also transmitted person-to-person by:
    - ✓ Prolonged face-to-face contact;
    - ✓ Contact with infected body fluids or contaminated objects such as bedding or clothing;
    - ✓ Inhalation or ingestion of airborne droplets (rare).
  - ✓ Not known to be transmitted by animals or insects.

- Symptoms and Course**
- ✓ Incubation period 7-17 days.
  - ✓ Fever, aches and vomiting 2-4 days.
  - ✓ Rash, beginning in mouth and on face, spreading to whole body in 24 hours. This is the most contagious phase, and rash may not be visible except in mouth. 2-4 days.
  - ✓ Rash begins as red spots, developing into pus-filled pustules (pox) 5-10 days.
  - ✓ Pustules form a crust, then scab. 5-7 days.

- EMS Issues**
- ✓ Recognized through characteristic rash and symptoms, or by laboratory confirmation and reporting.
  - ✓ Already contagious when symptoms are non-specific, rash is in mouth only, and diagnosis not made.
  - ✓ Treatment is entirely supportive.
  - ✓ RI plan includes a smallpox specialty hospital; interfacility transfers are likely.
  - ✓ Vaccine can cause adverse reactions. Keep vaccine site covered with a bandage.
  - ✓ Screening required before vaccination.

<b>Protective Measures</b>	<ul style="list-style-type: none"> <li>✓ Patient isolation/quarantine.</li> <li>✓ Respiratory and secretion precautions: gloves, gown (tied at wrists), goggles, mask (N95 or better).</li> </ul>
<b>Decontamination</b>	<ul style="list-style-type: none"> <li>✓ Effective disinfectants include: 1% bleach; 1% peracetic acid; formaldehyde; ethylene oxide; radiation.</li> <li>✓ Decontaminate equipment by: steam or gas sterilization; chemical disinfectant; or incineration.</li> </ul>
<b>Further Info</b>	<ul style="list-style-type: none"> <li>✓ <a href="http://www.bt.cdc.gov/agent/smallpox/basics/index.asp">http://www.bt.cdc.gov/agent/smallpox/basics/index.asp</a></li> </ul>

## BIOLOGIC AGENTS: ANTHRAX



<b>Overview</b>	<ul style="list-style-type: none"> <li>✓ An acute infectious disease caused by the spore-forming bacterium <i>Bacillus anthracis</i>.</li> <li>✓ Commonly occurs in hoofed mammals but can also infect humans.</li> <li>✓ Large stockpiles of anthrax have been weaponized in several countries.</li> <li>✓ Can be used as a terrorist weapon through distribution of the spores.</li> <li>✓ Anthrax spores are hardy. They can survive for years in soil and on surfaces.</li> </ul>
<b>Transmission</b>	<ul style="list-style-type: none"> <li>✓ Disbursed as a fine, dry, white or off-white powder.</li> <li>✓ Highly infectious but not communicable (cannot be transmitted person-to-person)</li> <li>✓ Three serious routes of transmission to humans are: <ul style="list-style-type: none"> <li>○ Inhalation of anthrax spores, causing a lung infection.</li> <li>○ Ingestion of contaminated food, causing an intestinal infection. (Undercooked or raw meat or dairy products from infected animals can cause anthrax.)</li> <li>○ Absorption of contaminated material, causing skin (cutaneous) infection.</li> </ul> </li> </ul>
<b>Symptoms and Course</b>	<ul style="list-style-type: none"> <li>✓ <b>Inhalation</b> Incubation period typically &lt;1 week, but may be weeks to 2 months. May resemble a cold for 2-3 days. Progresses to severe shortness of breath and shock, often leading to death within 2-3 days of severe symptom onset.</li> <li>✓ <b>Intestinal</b> Nausea and vomiting, fever, loss of appetite for 1 to 3 days. Abdominal pain, vomiting blood, severe diarrhea follow.</li> <li>✓ <b>Cutaneous</b> Begins as a papule or blister within a day of contact. Progresses to grouped vesicles, then black eschar surrounded by edema w/in 7-10 days. Usually not painful. Without treatment, can progress to septicemia and death in about 20% of cases. With treatment, fatality is rare.</li> </ul>
<b>EMS Issues</b>	<ul style="list-style-type: none"> <li>✓ Recognized through awareness of exposure, laboratory confirmation of cases. Anthrax is rapidly lethal (1-2 days) in domestic cats. This may serve to warn of a widespread attack prior to human symptoms.</li> <li>✓ Licensed vaccine available for those considered to be at risk. Initial series administered at 0, 2, 4 weeks, boosters at 6, 12, 18 months and annual booster.</li> <li>✓ Prophylaxis for known or imminent exposure with oral ciprofloxacin (500mg po bid) or doxycycline (100mg po bid). Continue antibiotics for 4 weeks while beginning vaccination series if exposure confirmed, or withdraw antibiotics under medical supervision if exposure doubtful.</li> </ul>
<b>Protective Measures</b>	<ul style="list-style-type: none"> <li>✓ Respiratory and secretion precautions: gloves, gown (tied at wrists), goggles, respirator.</li> </ul>
<b>Decontamination</b>	<ul style="list-style-type: none"> <li>✓ Decontaminate equipment with sporicidal agent such as iodine or 0.5% sodium hypochlorite (bleach).</li> </ul>
<b>Further Info</b>	<ul style="list-style-type: none"> <li>✓ <a href="http://www.bt.cdc.gov/agent/anthrax/anthrax-hcp-factsheet.asp">http://www.bt.cdc.gov/agent/anthrax/anthrax-hcp-factsheet.asp</a></li> </ul>



## OTHER BIOLOGIC AGENTS

Other bacterial or viral infections may occur in epidemic form or through terrorist attack. These may include influenza, meningitis, cholera, plague, Q fever, salmonella, staphylococcal enterotoxin B, and others. These agents, in general, can be treated similarly. When and if such an event is identified, specific information will be promulgated from DOH.

NOTE: Botulinum toxin is a poisonous substance produced by a bacterium, *Clostridium botulinum*, but is discussed with chemical agents since it is a toxin, not an infection (in most cases), that causes rapid paralysis and respiratory failure that may be confused with a nerve agent. Similarly, ricin is often considered a biological agent but is discussed here as a chemical agent since it too is a toxin, not an infection.



## CHEMICAL AGENTS: NERVE AGENTS/ORGANOPHOSPHATES

### Background

Various chemicals, known as nerve agents, can cause symptoms and death within seconds to hours after exposure. These chemicals are similar to organophosphate insecticides but more potent. They block the activity of an enzyme (acetylcholinesterase) that controls the neurotransmitter acetylcholine. The result is over-stimulation of muscles and secretory glands. This over-stimulation leads to symptoms such as muscle twitching or seizures, runny nose, salivation, tearing (lacrimation), sweating, airway constriction (wheezing), small pupils (miosis), diarrhea, urination, and other symptoms, leading to death in some cases if untreated. Contact can be from breathing vapor, absorption of liquid through skin or mucous membranes, or by eating contaminated food or water.

### Recognition

Known or reported exposure of patients to nerve agent, including Sarin (GB), Tabun (GA), Soman (GD), GF, VX, BX, Parathion, Sevin, Malathion, or other organophosphate insecticides.

Patient or reported patient with symptoms of nerve agent exposure including:

- Dim or dull vision, pupil constriction, tearing;
- Chest tightness, wheezing or dyspnea, respiratory arrest;
- Upper airway secretions, runny nose, salivation;
- Sweating;
- Nausea, vomiting, diarrhea, uncontrolled urination and/or defecation;
- Muscle weakness, twitching, collapse, flaccid muscles, seizure;
- Respiratory and/or cardiac arrest.

Patients may have some or all of these symptoms, and severity may range from mild to severe. Judge severity of exposure based on: speed of onset (short contact-to-symptom time more severe); progression of symptoms (more or worse symptoms over time more severe); and type of symptoms (respiratory, seizure more severe).



## CHEMICAL AGENTS: SARIN

### Overview

- ✓ Man-made chemical warfare nerve agent.
- ✓ Also called GB.
- ✓ Clear, colorless, tasteless, and odorless in pure form.
- ✓ Will persist in soil for 2 to 24 hours at 41-77°F.
- ✓ Most volatile of the nerve agents, so it evaporates more rapidly than others.
- ✓ Will dissolve easily in water, making water and food contamination possible.
- ✓ May produce hydrogen gas (explosion hazard) when vapors react with metals or concrete.

### Transmission

- ✓ Primarily a vapor hazard, may be sprayed as a liquid or evaporated and disbursed as a vapor (vapor is heavier than air).
- ✓ Normally inhaled or absorbed through skin and mucous membranes. May also be ingested.
- ✓ Human-to-human spread is possible only if one is contaminated with liquid.

<b>Symptoms and Course</b>	✓ <b>Liquid on skin</b>	Very small drop – sweating and twitching at site in minutes to hours. Small drop – nausea, vomiting, diarrhea in minutes to hours. Large drop – convulsions, flaccid paralysis, breathing stops within minutes.
	✓ <b>Inhaled vapor</b>	Small amount – small pupils, runny nose, increased salivation, shortness of breath, tightness in chest, cough within seconds. Large amount – loss of consciousness, convulsions, flaccid paralysis, breathing stops, heart stops within seconds to 1 minute.
<b>EMS Issues</b>	✓	Recognized through symptoms, clusters of affected patients, or report after testing.
	✓	Only a slight difference between a fatal dose and a dose that produces more mild health effects.
	✓	Treatment is mostly supportive.
	✓	Atropine and Pralidoxime (2-PAM) may reverse effects.
<b>Protective Measures</b>	✓	PPE at Level B or better is required to decontaminate patients or to enter a contaminated area where vapor or liquid is present.
	✓	PPE at Level C or above necessary to treat victims who have been decontaminated. Chemical-resistant gloves are mandatory for any contact with exposed skin or clothing.
<b>Decontamination</b>	✓	Decontamination for those not wet with liquid (inhaled vapor only) consists of fresh air, removal of contaminated clothing, and washing hair with high-volume, low-pressure water. Soap and water speeds this process. Clothing exposed to sarin vapor can continue to release sarin for about 30 minutes.
	✓	Decontamination for those wet with liquid consists of complete removal of clothing and washing victims with household bleach and copious amounts of water.
	✓	Decontaminate equipment with diluted alkali solution, steam and ammonia, or bleach solution.
<b>Further Information</b>	✓	Centers for Disease Control and Prevention Public Response Hotline (CDC) English (888) 246-2675    Español (888) 246-2857    TTY (866) 874-2646
	✓	Agency for Toxic Substances and Disease Registry (ATSDR) (1-888-422-8737)

## CHEMICAL AGENTS: VX



<b>Overview</b>	✓	Nerve chemical warfare agent.
	✓	Odorless and tasteless.
	✓	Amber oily liquid; slow to evaporate (evaporates at about the same rate as motor oil).
	✓	Because it evaporates so slowly, VX persists on objects for days to months.
	✓	The most potent nerve agent, it is much more toxic than sarin. A tiny droplet of liquid VX, about the size of the head of a pin, is lethal in 50% of patients.
<b>Transmission</b>	✓	Primarily a contact hazard, VX may be inhaled or absorbed through skin and mucous membranes. May also be ingested.
	✓	Disbursed by spraying, aerosolizing, mixing with water, or misting so that it settles on objects.
<b>Symptoms and Course</b>	✓ <b>Liquid on skin</b>	Very small drop – nausea, vomiting, diarrhea in minutes to hours. Small drop – convulsions, flaccid paralysis, breathing stops within minutes. Large drop – convulsions, collapse, death in seconds to minutes.
	✓ <b>Inhaled vapor</b>	Small amount – small pupils, runny nose, increased salivation, shortness of breath, tightness in chest, cough within seconds. Large amount – loss of consciousness, convulsions, flaccid paralysis, breathing stops, heart stops within seconds to 1 minute.



<b>EMS Issues</b>	<ul style="list-style-type: none"> <li>✓ Recognized through symptoms, clusters of affected patients, or report after testing.</li> <li>✓ Only a slight difference between a fatal dose and a dose that produces more mild health effects</li> <li>✓ Treatment mostly supportive.</li> <li>✓ Effects may be reversed with Atropine and Pralidoxime (2-PAM).</li> </ul>
<b>Protective Measures</b>	<ul style="list-style-type: none"> <li>✓ PPE at Level B or better is required to decontaminate patients or to enter a contaminated area where vapor or liquid is present.</li> <li>✓ PPE at Level C or above is necessary to treat victims who have been decontaminated. Chemical-resistant gloves are mandatory for any contact with exposed skin or clothing.</li> </ul>
<b>Decontamination</b>	<ul style="list-style-type: none"> <li>✓ Water alone is not effective for decontamination. Individuals exposed to VX should wash thoroughly with bleach or soapy water.</li> <li>✓ Decontamination for those contaminated with liquid VX consists of removing contaminated clothing and washing victims with household bleach and copious amounts of water.</li> <li>✓ Clothing exposed to VX vapor or mist can continue to release VX for hours and should be double bagged in plastic bags at the scene.</li> </ul>
<b>Further Information</b>	<ul style="list-style-type: none"> <li>✓ Centers for Disease Control and Prevention Public Response Hotline (CDC) English (888) 246-2675 Español (888) 246-2857 TTY (866) 874-2646</li> <li>✓ Agency for Toxic Substances and Disease Registry (ATSDR) (1-888-422-8737)</li> </ul>



## CHEMICAL AGENTS: TABUN

<b>Overview</b>	<ul style="list-style-type: none"> <li>✓ A nerve warfare agent.</li> <li>✓ Also called GA.</li> <li>✓ May form hydrogen cyanide in some situations.</li> <li>✓ Colorless to brown liquid.</li> <li>✓ Odorless in pure form, faintly fruity odor occasionally.</li> <li>✓ Soluble in most organic solvents; poorly soluble in water.</li> <li>✓ Vaporizes if heated.</li> <li>✓ If inhaled, tabun is about half as toxic as sarin.</li> <li>✓ Quite persistent, half-life of 24-36 hours on soil.</li> </ul>
<b>Transmission</b>	<ul style="list-style-type: none"> <li>✓ Both a contact and a vapor hazard, may be inhaled or absorbed through skin and mucous membranes. May also be ingested.</li> <li>✓ Most transmission is by contact with liquid or mist.</li> </ul>
<b>Symptoms and Course</b>	<ul style="list-style-type: none"> <li>✓ <b>Liquid on skin</b> <ul style="list-style-type: none"> <li>Very small drop – nausea, vomiting, diarrhea in minutes to hours.</li> <li>Small drop – convulsions, flaccid paralysis, breathing stops within minutes.</li> <li>Large drop – convulsions, collapse, death in seconds to minutes.</li> </ul> </li> <li>✓ <b>Inhaled vapor</b> <ul style="list-style-type: none"> <li>Small amount – small pupils, runny nose, involuntary urination and defecation, increased salivation, shortness of breath, tightness in chest, cough w/in 2-5 min.</li> <li>Large amount – loss of consciousness, convulsions, flaccid paralysis, breathing stops, heart stops within minutes-hours</li> </ul> </li> </ul>
<b>EMS Issues</b>	<ul style="list-style-type: none"> <li>✓ Recognized through symptoms, clusters of affected patients, or report after testing.</li> <li>✓ Only a slight difference between a fatal dose and a dose that produces more mild health effects.</li> <li>✓ Treatment mostly supportive.</li> <li>✓ Effects may be reversed with Atropine and Pralidoxime (2-PAM).</li> </ul>

<b>Protective Measures</b>	<ul style="list-style-type: none"> <li>✓ PPE at Level B or better is required to decontaminate patients or to enter a contaminated area where vapor or liquid is present.</li> <li>✓ PPE at Level C or above is necessary to treat victims who have been decontaminated. Chemical-resistant gloves are mandatory for any contact with exposed skin or clothing.</li> </ul>
<b>Decontamination</b>	<ul style="list-style-type: none"> <li>✓ Decontamination for those not wet with liquid (inhaled vapor only) consists of fresh air, removal of contaminated clothing, and washing hair with high-volume, low-pressure water. Soap and water speeds this process. Clothing can continue to release tabun vapor for about 30 minutes.</li> <li>✓ Decontamination for those wet with liquid consists of complete removal of clothing and washing victims with household bleach and copious amounts of water.</li> </ul>
<b>Further Information</b>	<ul style="list-style-type: none"> <li>✓ Centers for Disease Control and Prevention Public Response Hotline (CDC) English (888) 246-2675 Español (888) 246-2857 TTY (866) 874-2646</li> <li>✓ Agency for Toxic Substances and Disease Registry (ATSDR) (1-888-422-8737)</li> </ul>



## CHEMICAL AGENTS: SOMAN

<b>Overview</b>	<ul style="list-style-type: none"> <li>✓ A nerve warfare agent.</li> <li>✓ Also called GD or, if thickened, TGD.</li> <li>✓ May form hydrogen gas in some situations, creating an explosion risk.</li> <li>✓ Colorless to brown liquid.</li> <li>✓ Faintly fruity odor in pure form, camphor odor and brown with impurities.</li> <li>✓ Soluble in most organic solvents; can be mixed with water but poorly soluble in water.</li> <li>✓ Vaporizes if heated.</li> <li>✓ Soman is about as toxic as sarin if inhaled.</li> <li>✓ Fairly persistent, longer than sarin but not as long as tabun.</li> </ul>
<b>Transmission</b>	<ul style="list-style-type: none"> <li>✓ Both a contact and a vapor hazard, may be inhaled or absorbed through skin and mucous membranes. May also be ingested.</li> <li>✓ Most transmission is by contact with liquid or mist.</li> </ul>
<b>Symptoms and Course</b>	<ul style="list-style-type: none"> <li>✓ <b>Liquid on skin</b>      Very small drop or amount – nausea, vomiting, diarrhea in minutes to hours. Small drop or amount – convulsions, flaccid paralysis, breathing stops within minutes. Large drop or amount – convulsions, collapse, death in seconds to minutes.</li> <li>✓ <b>Inhaled vapor</b>      Small amount – small pupils, runny nose, involuntary urination and defecation, increased salivation, shortness of breath, tightness in chest, cough within 2-5 minutes. Large amount – loss of consciousness, convulsions, flaccid paralysis, breathing stops, heart stops within minutes to hours.</li> </ul>
<b>EMS Issues</b>	<ul style="list-style-type: none"> <li>✓ Recognized through symptoms, clusters of affected patients, or report after testing.</li> <li>✓ Only a slight difference between a fatal dose and a dose that produces more mild health effects.</li> <li>✓ Treatment mostly supportive.</li> <li>✓ Effects may be reversed with Atropine. Because soman “ages” rapidly (within two minutes) when it binds to cholinesterase molecules, Pralidoxime (2-PAM) may not be effective.</li> <li>✓ Benzodiazepines both stop and prevent seizures and subsequent neurological damage.</li> </ul>
<b>Protective Measures</b>	<ul style="list-style-type: none"> <li>✓ PPE at Level B or better is required to decontaminate patients or to enter a contaminated area where vapor or liquid is present.</li> </ul>

- ✓ PPE at Level C or above is necessary to treat victims who have been decontaminated. Chemical-resistant gloves are mandatory for any contact with exposed skin or clothing.

**Decontamination**

- ✓ Decontamination for those not wet with liquid (inhaled vapor only) consists of fresh air, removal of contaminated clothing, and washing hair with high-volume, low-pressure water. Soap and water speeds this process. Clothing can continue to release tabun vapor for about 30 minutes.
- ✓ Decontamination for those wet with liquid consists of complete removal of clothing and washing victims with household bleach and copious amounts of water.

**Further Information**

- ✓ Centers for Disease Control and Prevention Public Response Hotline (CDC)  
English (888) 246-2675 Español (888) 246-2857 TTY (866) 874-2646
- ✓ Agency for Toxic Substances and Disease Registry (ATSDR) (1-888-422-8737)
- ✓ <http://www.bt.cdc.gov/agent/Nerve/Soman/ctc0004.asp>

**CHEMICAL AGENTS: BOTULINUM TOXIN****Overview**

- ✓ Botulism is a muscle-paralyzing disease caused by the toxin made by a bacterium called *Clostridium botulinum*. An average of 110 cases of botulism are reported each year in the U.S. Of these, approximately 25% are foodborne, 72% are infant botulism, and the rest are wound botulism.
- ✓ Outbreaks of foodborne botulism involving two or more persons occur most years and usually caused by eating contaminated home-canned foods.
- ✓ Botulism toxin is the most potent lethal substance known to man (lethal dose 1mg/kg).
- ✓ Botulinum toxin has been developed as an aerosol weapon by several countries. No human data exist on the effects inhaling botulinum toxin, but it may resemble the foodborne syndrome.
- ✓ Spores of *C. botulinum* are found in soil worldwide. Terrorists with the technical capacity to grow cultures of the bacterium, and harvest and purify the toxin, could therefore use it as a bioterrorism agent.
- ✓ Contaminating food with botulinum toxin could cause a devastating event.
- ✓ Most patients eventually recover after weeks to months of supportive care.

**Transmission**

- ✓ Can be produced in large quantities and may be disbursed by aerosol or used to contaminate food.
- ✓ May be ingested, inhaled, or absorbed through wounds.
- ✓ There are three main kinds of botulism:
  - Foodborne botulism occurs when a person ingests pre-formed toxin that leads to illness within a few hours to days. Foodborne botulism is a public health emergency because the contaminated food may still be available to other persons besides the patient.
  - Infant botulism occurs in a small number of susceptible infants each year who harbor *C. botulinum* in their intestinal tracts.
  - Wound botulism occurs when wounds are infected with *C. botulinum* that secretes the toxin
- ✓ Botulism is not spread from one person to another.
- ✓ Foodborne botulism can occur in all age groups.

**Symptoms and Course**

- ✓ With foodborne botulism, symptoms begin within 6 hours to 2 weeks (most commonly between 12 and 36 hours) after eating toxin-containing food.
- ✓ Symptoms of botulism include double vision, blurred vision, drooping eyelids, slurred speech, difficulty swallowing, and dry mouth.
- ✓ Muscle weakness from botulism always descends through the body: first shoulders are affected, then upper arms, lower arms, thighs, calves, etc.
- ✓ Paralysis of breathing muscles can cause a person to stop breathing and die, unless assistance with breathing (mechanical ventilation) is provided.
- ✓ In foodborne botulism, symptoms generally begin 18 to 36 hours after eating a contaminated food, but they can occur as early as 6 hours or as late as 10 days.

<b>EMS Issues</b>	<ul style="list-style-type: none"> <li>✓ Recognized through classic symptoms, clusters of affected patients, or reporting from authorities that an incident has occurred.</li> <li>✓ May occur naturally in small clusters due to consumption of improperly canned or stored foods, etc.</li> <li>✓ Symptoms may overlap with symptoms of nerve agent exposure, but treatment is different.</li> <li>✓ Treatment is mostly supportive.</li> <li>✓ The CDC maintains a stock of botulism antitoxin for treatment. It must be requested through the state Department of Health. The antitoxin is effective in reducing the severity of symptoms if administered early in the course of the disease.</li> </ul>
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<b>Protective Measures</b>	<ul style="list-style-type: none"> <li>✓ PPE at Level B or better is required to decontaminate patients or to enter a contaminated area where vapor or liquid is present.</li> <li>✓ Treatment of decontaminated patients requires universal precautions but no other special equipment.</li> </ul>
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<b>Decontamination</b>	<ul style="list-style-type: none"> <li>✓ Susceptible to direct sunlight, heat, and most disinfectants (including bleach).</li> <li>✓ Exposure to heat (80°C/176°F for 30 minutes or 100°C/212°F for 5 minutes) will inactivate the toxin.</li> <li>✓ Exposed skin should be washed with soap and water.</li> <li>✓ Reusable equipment should be cleaned with soap and water as well as with an appropriate disinfectant.</li> <li>✓ Disposable equipment should be discarded in appropriate containers.</li> </ul>
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<b>Further Information</b>	<ul style="list-style-type: none"> <li>✓ Centers for Disease Control and Prevention (CDC), National Institute for Occupational Safety and Health (NIOSH)</li> <li>✓ <a href="http://www.bt.cdc.gov/agent/botulism/factsheet.asp">http://www.bt.cdc.gov/agent/botulism/factsheet.asp</a></li> </ul>
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## CHEMICAL AGENTS: LEWISITE



<b>Overview</b>	<ul style="list-style-type: none"> <li>✓ A type of chemical warfare agent called a vesicant or blistering agent, because it causes blistering of the skin and mucous membranes on contact.</li> <li>✓ Also known as Agent L.</li> <li>✓ Pure lewisite is a colorless, odorless oily liquid.</li> <li>✓ May be dark brown and have a strong geranium odor when industrially produced.</li> <li>✓ Lewisite vapor is heavier than air, so it will settle in low-lying areas.</li> <li>✓ Lewisite remains a liquid under a wide range of environmental conditions, from below freezing to very hot temperatures. Therefore, it can last for a long time in the environment.</li> </ul>
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<b>Transmission</b>	<ul style="list-style-type: none"> <li>✓ Both a contact and a vapor hazard, may be ingested, inhaled, or absorbed through the skin or mucous membranes.</li> <li>✓ May be disbursed as a gas, released in water, or applied to food.</li> </ul>
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<b>Symptoms and Course</b>	<ul style="list-style-type: none"> <li>✓ Immediate burning pain in contact area.</li> <li>✓ Skin redness within 30 minutes, itching for 24 hours, blisters within 12 hours.</li> <li>✓ Pain lasting 2-3 days.</li> <li>✓ Deep skin burns.</li> <li>✓ Permanent eye damage or blindness within 1 minute of contact.</li> <li>✓ Profuse nasal secretions and violent sneezing.</li> <li>✓ Cough with frothing material and lung edema.</li> <li>✓ Systemic effects include weakness, hypothermia, hypotension, anemia, hemolysis, focal necrosis of liver and injury to intestine.</li> </ul>
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<b>EMS Issues</b>	<ul style="list-style-type: none"> <li>✓ Symptoms may appear similar to nerve agent, but Lewisite causes pain and redness / blistering.</li> </ul>
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	<ul style="list-style-type: none"> <li>✓ Topical application of BAL (British Anti-Lewisite) deactivates lewisite locally.</li> <li>✓ Patient care includes pain management and respiratory support.</li> <li>✓ Strict attention must be paid to fluid and electrolyte replacement.</li> <li>✓ Patients with large areas of blisters or erythema will require hospitalization.</li> </ul>
<b>Protective Measures</b>	<ul style="list-style-type: none"> <li>✓ PPE at Level B or better is required to decontaminate patients or to enter a contaminated area where vapor or liquid is present. A barrier cream such as SERPACWA should also be used.</li> <li>✓ Treatment of decontaminated patients requires universal precautions but no other special equipment is usually needed.</li> </ul>
<b>Decontamination</b>	<ul style="list-style-type: none"> <li>✓ Droplets of oily agent may be removed from skin by blotting and then cleansing with soap and water or decontamination solutions.</li> <li>✓ Washing with household bleach (diluted 1:10) is recommended.</li> </ul>
<b>Further Information</b>	<ul style="list-style-type: none"> <li>✓ Centers for Disease Control and Prevention (CDC), National Institute for Occupational Safety and Health (NIOSH)</li> </ul> <p><a href="http://www.bt.cdc.gov/agent/lewisite/basics/facts.asp">http://www.bt.cdc.gov/agent/lewisite/basics/facts.asp</a> <a href="http://www.bt.cdc.gov/agent/lewisite/ctc0020.asp">http://www.bt.cdc.gov/agent/lewisite/ctc0020.asp</a></p>

## CHEMICAL AGENTS: CHOKING AGENTS (PHOSGENE)



<b>Overview</b>	<ul style="list-style-type: none"> <li>✓ Chemical agents that attack lung tissue, primarily causing pulmonary edema, are classed as lung damaging agents, or choking agents. This group includes: Phosgene (CG); Diphosgene (DP); Chlorine (Cl); and Chloropicrin (PS).</li> <li>✓ Phosgene is typical of such agents and is: <ul style="list-style-type: none"> <li>○ The most dangerous member of this group and the only one considered likely to be used as a chemical warfare agent.</li> <li>○ Used for the first time in 1915, and it accounted for 80% of all chemical fatalities during World War I.</li> <li>○ Also used in commercial manufacturing.</li> <li>○ A colorless gas under ordinary conditions of temperature and pressure.</li> </ul> </li> <li>✓ Boiling point is 8.2°C, making it an extremely volatile and non-persistent agent.</li> <li>✓ Vapor density is 3.4 times that of air. It may, therefore, remain for long periods of time in trenches and other low-lying areas.</li> <li>✓ In low concentrations it has a smell resembling newly mown hay.</li> </ul>
<b>Transmission</b>	<ul style="list-style-type: none"> <li>✓ Normally disbursed as a gas, may also be released in water or applied to food.</li> <li>✓ Primarily absorbed by inhalation, may also be ingested or absorbed through the skin or mucous membranes.</li> </ul>
<b>Symptoms and Course</b>	<ul style="list-style-type: none"> <li>✓ Massive pulmonary edema caused by lung damage, probably not responsive to lasix.</li> <li>✓ Death may occur within several hours; in most fatal cases, pulmonary edema reaches a peak in 12 hours, followed by death in 24 to 48 hours.</li> <li>✓ Initial symptoms include: coughing; choking; a feeling of tightness in the chest; nausea; and occasionally vomiting; headache and lacrimation (tearing). The presence or absence of these symptoms is of little value in immediate prognosis. Some patients with severe cough fail to develop serious lung injury; others with little sign of early respiratory tract irritation develop fatal pulmonary edema.</li> <li>✓ A period follows during which abnormal chest sounds are absent and the patient may be symptom-free. This interval commonly lasts 2 to 24 hours but may be shorter. It is terminated by the signs and symptoms of pulmonary edema, which begin with cough (occasionally painful), dyspnea, rapid shallow breathing and cyanosis. Nausea and vomiting may appear. As the edema progresses, discomfort</li> </ul>

apprehension and dyspnea increase and frothy sputum develops.

- ✓ The patient may develop shock-like symptoms with pale, clammy skin, low blood pressure and feeble, rapid heartbeat.
- ✓ During the acute phase, casualties may have minimal signs and symptoms and prognosis should be guarded.
- ✓ If the casualty survives, resolution commences within 48 hours and, in the absence of complicating infection, there may be little or no residual damage.

#### EMS Issues

- ✓ Recognized by report of incident, symptoms, characteristic odor.
- ✓ No antidote available; treatment is entirely supportive.
- ✓ Diuretics should not be used as pulmonary edema is non-cardiac in origin. Fluid supplementation may be required due to massive fluid losses through the lungs.
- ✓ Delay in symptom onset requires observation of exposed patients for up to 6 hours.

#### Protective Measures

- ✓ Victims should be evacuated to well-ventilated area higher in elevation than the scene.
- ✓ PPE at Level B or better is required to decontaminate patients or to enter a contaminated area where vapor or liquid is present.
- ✓ PPE at Level C or above is necessary to treat victims who have been decontaminated. Chemical-resistant gloves are mandatory for any contact with exposed skin or clothing.

#### Decontamination

- ✓ Phosgene decomposes to carbon monoxide and hydrochloric acid in the presence of moisture.
- ✓ Decontamination stations should be well-ventilated. Much of decontamination is accomplished by simple aeration.
- ✓ Contaminated clothing should be removed and the patient flushed with copious amounts of water. Further decontamination is not usually required except in very cold environments.

#### Further Information

- ✓ Centers for Disease Control and Prevention (CDC), National Institute for Occupational Safety and Health (NIOSH)  
<http://www.bt.cdc.gov/agent/cyanide/basics/facts.asp>  
<http://www.bt.cdc.gov/agent/cyanide/erc506-77-4.asp>  
<http://www.bt.cdc.gov/agent/cyanide/erc74-90-8.asp>  
<http://www.bt.cdc.gov/agent/cyanide/erc151-50-8.asp>  
<http://www.bt.cdc.gov/agent/cyanide/erc143-33-9.asp>

## CHEMICAL AGENTS: CYANIDE



#### Overview

- ✓ A chemical that acts as a cellular toxin, blocking cellular use of oxygen.
- ✓ Also known as AN and CK.
- ✓ Cyanide can be a colorless gas, such as hydrogen cyanide (HCN) or cyanogen chloride (CNCl), or a crystal form such as sodium cyanide (NaCN) or potassium cyanide (KCN).
- ✓ Cyanide sometimes is described as having a "bitter almond" smell, but it does not always give off an odor, and not everyone can detect this odor.
- ✓ Cyanide is released from natural substances in some foods and in certain plants such as cassava. Contained in cigarette smoke and the combustion products of synthetic materials such as plastics.
- ✓ In manufacturing, cyanide is used to make paper, textiles, and plastics. Present in the chemicals used to develop photographs. Cyanide salts are used in metallurgy for electroplating, metal cleaning, and removing gold from its ore. Cyanide gas is used to exterminate pests and vermin in ships and buildings.
- ✓ Many RI manufacturing companies, particularly those involved in metal plating, circuit board manufacture, and jewelry production, use cyanides.
- ✓ Cyanide is less dense than air and evaporates quickly; it will rise and disperse quickly in open spaces.

<b>Transmission</b>	<ul style="list-style-type: none"> <li>✓ Hydrogen cyanide gas may be intentionally disbursed as a chemical warfare agent. Because it evaporates quickly, cyanide is more likely to be released in confined spaces than outdoors.</li> <li>✓ Exposure to cyanides occurs through inhalation, eating or drinking, or touching contaminated materials.</li> </ul>
<b>Symptoms and Course</b>	<ul style="list-style-type: none"> <li>✓ Brief or slight exposure: rapid breathing; restlessness; dizziness; weakness; headache; nausea and vomiting; rapid heart rate.</li> <li>✓ Prolonged or large exposure: low blood pressure; slow heart rate; loss of consciousness; lung injury; respiratory failure leading to death.</li> </ul>
<b>EMS Issues</b>	<ul style="list-style-type: none"> <li>✓ The extent of poisoning caused by cyanide depends on the amount of cyanide a person is exposed to, the route of exposure, and the length of time that a person is exposed.</li> <li>✓ Serious cyanide exposures cause death rapidly.</li> <li>✓ Treatment is primarily oxygen and ventilation.</li> <li>✓ Antidotes are available to reverse the toxic action of cyanide.</li> <li>✓ No lab testing can be done in "real-time" to confirm cyanide poisoning.</li> </ul>
<b>Protective Measures</b>	<ul style="list-style-type: none"> <li>✓ PPE at Level B or higher (including SCBA) is required to decontaminate patients or to enter a contaminated area where vapor or liquid is present.</li> <li>✓ PPE at Level C or above necessary to treat victims who have been decontaminated. Chemical-resistant gloves are mandatory for any contact with exposed skin or clothing.</li> </ul>
<b>Decontamination</b>	<ul style="list-style-type: none"> <li>✓ Decon stations should be well-ventilated; because cyanide is highly volatile, it dissipated quickly in air.</li> <li>✓ Because cyanide is quickly absorbed through intact skin, decontamination of the patient is essential for the protection of other persons in contact with the patient.</li> <li>✓ Contaminated clothing should be removed and the patient's skin flushed with large volumes of low-pressure water.</li> </ul>
<b>Further Information</b>	<ul style="list-style-type: none"> <li>✓ Regional poison control center (1-800-222-1222)</li> <li>✓ Centers for Disease Control and Prevention Public Response Hotline (CDC) English (888) 246-2675 Español (888) 246-2857 TTY (866) 874-2646</li> <li>✓ Agency for Toxic Substances and Disease Registry (ATSDR) (1-888-422-8737)</li> <li>✓ Centers for Disease Control and Prevention (CDC), National Institute for Occupational Safety and Health (NIOSH), Pocket Guide to Chemical Hazards (<a href="http://www.cdc.gov/niosh/npg/npgd0000.html">http://www.cdc.gov/niosh/npg/npgd0000.html</a>)</li> <li>✓ <a href="http://www.bt.cdc.gov/agent/lung/cyanide/faq/index.asp">http://www.bt.cdc.gov/agent/lung/cyanide/faq/index.asp</a></li> </ul>

## CHEMICAL AGENTS: RICIN



<b>Overview</b>	<ul style="list-style-type: none"> <li>✓ A poison made from castor beans.</li> <li>✓ Inhibits cellular protein synthesis.</li> <li>✓ Can be formed into a powder, a mist, a pellet, or dissolved in water.</li> <li>✓ Quite stable, and can withstand cold or hot temperatures.</li> </ul>
<b>Transmission</b>	<ul style="list-style-type: none"> <li>✓ Inhalation of mist or powder.</li> <li>✓ Ingestion in food or water.</li> <li>✓ Pellets can be injected into a victim.</li> </ul>
<b>Symptoms and Course</b>	<ul style="list-style-type: none"> <li>✓ Mass exposure to ricin is unlikely, but could occur with terrorist attack using mist or powder.</li> <li>✓ <b>Inhalation</b> Coughing, tightness in the chest, difficulty breathing, nausea, and aching muscles within a few hours of exposure. Pulmonary edema, cyanosis and death follow in several more hours.</li> </ul>

- ✓ **Ingestion** GI bleed, vomiting, diarrhea within hours.  
Renal and hepatic failure, death within days.
- ✓ **Injection** Local necrosis at the injection site.  
Hepatic and renal failure.  
Massive GI bleed, death from multi-system organ failure.

<b>EMS Issues</b>	<ul style="list-style-type: none"> <li>✓ No prophylactic vaccination or antitoxin is currently available. Treatment is largely supportive.</li> <li>✓ There are few if any immediate symptoms. Signs and symptoms of ricin toxicity develop within 4 to 8 hours depending on the amount and route of exposure.</li> <li>✓ Exposure to an unknown powder could be mistaken for exposure to anthrax or other substances.</li> <li>✓ Because of potential for delayed symptom onset, lack of immediate symptoms requires observation of those exposed.</li> </ul>
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<b>Protective Measures</b>	<ul style="list-style-type: none"> <li>✓ PPE at Level C or higher is required to decontaminate patients or to enter a contaminated area where vapor or liquid is present.</li> <li>✓ Treatment of decontaminated patients requires universal precautions but no other special equipment is usually needed.</li> </ul>
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<b>Decontamination</b>	<ul style="list-style-type: none"> <li>✓ Bleach, as well as soap and water, inactivates ricin.</li> <li>✓ Equipment can be decontaminated following standard procedures. Disposable equipment should be decontaminated before it is discarded.</li> </ul>
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<b>Further Information</b>	<ul style="list-style-type: none"> <li>✓ Regional poison control center (1-800-222-1222)</li> <li>✓ Centers for Disease Control and Prevention Public Response Hotline (CDC) English (888) 246-2675 Español (888) 246-2857 TTY (866) 874-2646</li> <li>✓ Agency for Toxic Substances and Disease Registry (ATSDR) (1-888-422-8737)</li> <li>✓ <a href="http://www.bt.cdc.gov/agent/ricin/faq/index.asp">http://www.bt.cdc.gov/agent/ricin/faq/index.asp</a></li> </ul>
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## CHEMICAL AGENTS: RIOT CONTROL AGENTS



<b>Overview</b>	<ul style="list-style-type: none"> <li>✓ These agents include substances commonly referred to as tear gas, Mace®, riot gas, pepper spray, and CapStun®.</li> <li>✓ Many are produced from naturally occurring spicy pepper products.</li> </ul>
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<b>Transmission</b>	<ul style="list-style-type: none"> <li>✓ Direct contact with skin and mucous membranes after exposure to sprayed mist or contact with liquid.</li> <li>✓ Re-exposure likely from touching hair, clothing etc. and then rubbing eyes.</li> </ul>
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<b>Symptoms and Course</b>	<ul style="list-style-type: none"> <li>✓ Pain, tearing, rhinorrhea.</li> <li>✓ Bronchospasm and shortness of breath (rare).</li> <li>✓ Agitation and anxiety due to pain and/or circumstances surrounding the exposure.</li> </ul>
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<b>EMS Issues</b>	<ul style="list-style-type: none"> <li>✓ Use in a confined space may contaminate multiple patients and cause panic.</li> <li>✓ Symptoms resolve over 30-60 minutes</li> </ul>
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<b>Protective Measures</b>	<ul style="list-style-type: none"> <li>✓ Victims should be evacuated to well-ventilated area higher in elevation than the scene.</li> <li>✓ PPE at Level C or better required to decontaminate patients or to enter a contaminated area where vapor or liquid is present. Chemical-resistant gloves are mandatory for any contact with exposed skin or clothing</li> <li>✓ Treatment of decontaminated patients requires universal precautions but no other special equipment.</li> </ul>
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<b>Decontamination</b>	<ul style="list-style-type: none"> <li>✓ Decontamination stations should be well ventilated.</li> </ul>
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- ✓ All contaminated clothing should be removed and placed in a sealed bag.
- ✓ Victim should be washed with copious amounts of soap and high-volume low-pressure water.
- ✓ Eyes may be rinsed with plain water for 10-15 minutes if needed. Exercise care to avoid washing additional material into eyes.

**Further Inform**     <http://www.bt.cdc.gov/agent/riotcontrol/>     <http://www.tscm.com/mace.html>

## RADIOLOGIC EXPOSURE



### Overview

- ✓ Radiation is a form of energy released from unstable (radioactive) atoms.
- ✓ “Background” radiation is normally encountered in the environment from:
  - Natural sources including: cosmic radiation; terrestrial sources (rocks, soil, etc.); and very small amounts of radioactive carbon and potassium in the body.
  - Man-made sources including: diagnostic radiology (e.g., x-rays); therapeutic radiology (such as used in treating cancer); fallout from weapons testing; and occupational exposure in various industrial and military applications.
- ✓ The three main forms of radiation are:
  - Alpha radiation and beta radiation consist of electrically charged particles that travel relatively short distances in air. Alpha radiation generally stopped by skin. Beta radiation will penetrate skin but can't usually reach internal organs. However, either can be dangerous if ingested or inhaled.
  - Gamma rays are a type of electromagnetic radiation similar to medical x-rays. Gamma rays are the most hazardous type of radiation from sources outside the body and can travel up to a mile in open air. All tissues and organs can be damaged by gamma rays.
- ✓ The amount of radiation received by the body is described by exposure and dose. These are measured in units called rems or sieverts (1 sievert = 100 rem). Scientists estimate that the average person in the United States receives a dose of about one-third of a rem per year.
- ✓ Radiation exposures may be acute or chronic:
  - Acute exposures: individuals are exposed to relatively large amounts of radiation over a short period of time. Usually results in observable effects such as radiation sickness or death. May also have long-term effects not seen for many years.
  - Chronic exposures: individuals are exposed to relatively small amounts of radiation over a long period of time. Usually no immediate effects but long-term health effects may be observed after many years.

### Transmission

- ✓ Radiologic emergencies may be caused by:
  - Transportation accidents (e.g., damage to containers carrying various types of radioactive material);
  - Nuclear power plant accidents;
  - Deployment of weapons by military or terrorist groups.
- ✓ Radiologic weapons include traditional nuclear explosive devices as well as improvised nuclear devices (IND) or radioactive dispersion devices (RDD). A RDD consists of radioactive material combined with a conventional explosive devices, commonly referred to as a “dirty bomb”.
- ✓ Hazards from a radiologic emergency may include: explosion effects (flash, thermal and blast waves); initial nuclear radiation; and the longer-term hazard of nuclear fallout.

### Symptoms and Course

- ✓ Biological effects of radiation are caused by ionization (removal of electrons from atoms in the body) causing damage to cells. Immediate and delayed biological effects of radiation occur when the body either improperly repairs the damage or is overwhelmed and can't repair the damage quickly enough.
- ✓ Severity and course depends on total dose received, how much of body is exposed, and the radiosensitivity of the individual exposed. Individuals may experience different effects from the same dose of radiation. Biological factors include age, sex, diet, body temperature, and underlying health.

- ✓ Symptoms encountered in an EMS setting will most likely be caused by large, short-term (acute) exposure to gamma radiation, causing Radiation Sickness recognized by:
  - Diarrhea, nausea, vomiting, high fever;
  - Swelling in the passages of the nose, mouth, and throat;
- ✓ Symptoms may appear shortly after exposure, then disappear for a few days only to reappear in a much more serious form after a week or so.
- ✓ Later symptoms may include malaise, fatigue, drowsiness, weight loss, abdominal pain, insomnia, restlessness, and skin blisters.
- ✓ Acute radiation doses greater than 1 Sv (100rem) can lead to Acute Radiation Sickness, recognized by:
  - Changes in blood cells and vessels;
  - Skin irritation or burns;
  - Gastrointestinal system effects;
  - Radiation sickness (diarrhea, nausea, vomiting, high fever);
  - Hair loss.
- ✓ Long-term effects may include cancer, cataracts, and overall life-shortening.

**EMS Issues**

- ✓ Treatment is entirely supportive.
- ✓ Exposure to radioactive energy in the form of waves does not cause contamination. However, contact with radioactive material requires decontamination.
- ✓ Once separated from the radiation source (and decontaminated, if needed), an exposed individual is generally not radioactive, unless they have ingested quantities of radioactive material.
- ✓ Presence of radiation in an environment, or contamination on a patient, can be measured with a Geiger counter.
- ✓ Seriously injured people should be removed from the source of radiation, stabilized, and sent to hospitals first.
- ✓ Uninjured people near the event should be detained until they can be checked for radioactive contamination.
- ✓ Record-keeping is critical to the long-term health monitoring of exposed individuals.

**Protective Measures**

- ✓ The three key factors in protecting individuals from radiation are:
  - Time: the less time an individual remains near a radiation source, the lower the total radiation dose;
  - Distance: the further an individual remains from the radiation source, the lower the total radiation dose;
  - Shielding: the more material between an individual and a radiation source, the lower the total radiation dose.
- ✓ Protective measures include protection against inhalation, ingestion, or absorption of radioactive material. Personal protective equipment should include respiratory precautions (minimum full face mask with HEPA filter) and loose-fitting clothes that cover as much of the body's surface as possible. Level C PPE is adequate for this purpose but will not provide protection against radiation in the form of energy waves.
- ✓ Open wounds and abrasions must be protected from radioactive contamination.
- ✓ Avoid eating, drinking, or smoking while exposed to potentially radioactive dust or smoke. If drinking is absolutely necessary, only drink water from a canteen or other closed container.

**Decontamination**

- ✓ Decontamination consists of removing any radioactive material or dust from victim's skin.
  - Remove all clothing, jewelry, etc. and discard.
  - Wash victims with large volumes of low-pressure water.

**Further Information**

- ✓ Centers for Disease Control (CDC) <http://www.bt.cdc.gov/radiation/casualtiesradioactive.asp>
- ✓ Federal Emergency Management Agency (FEMA) <http://www.training.fema.gov/EMIWeb/IS/is3.asp>



## PERSONAL PROTECTIVE EQUIPMENT

### All-Hazards Approach

Personal Protective Equipment (PPE) ensembles intended to protect the wearer in various circumstances have been defined by the EPA and regulations promulgated by NIOSH and OSHA, among others. These ensembles range from Levels A through D, with decreasing protection as the type and amount of equipment decreases. Each increase in level of protection requires time, training, and access to equipment for the EMT at the scene. A balance between protection and duty to care for patients must be reached for each situation. Information used to make these decisions includes the apparent exposure level and the apparent victim symptoms and severity. Follow directions from Incident Command regarding the proper PPE for incident operations.

The highest level of hazard exposure exists where there is active dissemination of the hazardous substance at the scene. This may be a leaking truck container, a terrorist device spraying a gas or biohazard powder, or a puddle of hazardous material on a factory floor. The concentration of hazardous substance decreases with increased ventilation, depending on factors such as density of the substance (Is it heavier than air? Is it a mist that settles to the ground? Will it rapidly dissolve or rise into the atmosphere?), wind speed and direction, etc. Only some of these factors will be immediately apparent as EMTs arrive at the scene.

Perhaps the best guide regarding immediate effects of a hazardous material will be the condition of victims. For example, victims with blistering skin rashes suggest that the material is a blistering agent and that skin protection (encapsulating suits at Level A or B) is indicated. Victims with mild respiratory symptoms in a well-ventilated outdoor environment may possibly be approached using Level C ensembles once the situation is deemed not immediately dangerous to life or health (IDLH). Precautions include the knowledge that delayed effects may exist and cannot be judged from initial victim symptoms.

While specific PPE recommendations are available for particular hazards, it is rare that the EMT will know, with certainty, the hazards at a scene upon arrival. Therefore, the EMT should have available, and should use, an approach that protects against all reasonably potential scene hazards. This all-hazards approach involves three components: EMT behavior; respiratory equipment; other equipment.

### EMT Behavior

EMT behavior should include the following: Maintain an awareness regarding materials and biologic hazards, violence or weapons risks, environmental hazards and the potential for secondary hazards (delayed terrorist attacks, unstable vehicles or structures, etc.) during approach to ALL scenes. Consider approach routes (from upwind, for example) during response. Assess scene safety upon arrival and again prior to entering any building, vehicle, or structure. Report safety situation to others as indicated and obtain consultation regarding actions as indicated. Withdraw from any position that presents an unmanageable hazard to the EMT.

### Respiratory Equipment

All EMTs should wear masks providing NIOSH 95 or higher protection while in any environment that presents a risk of airborne infectious disease spread. All EMTs should wear approved eye protection in any situation where bodily fluid contamination through splash is a risk. All EMTs should don a PPE ensemble at Level C or higher in any situation where there is reason to suspect need for respiratory protection against chemical agents in an environment deemed **not** immediately dangerous to life or health by Incident Command. This level of protection does NOT protect the EMT sufficiently for entry into a contaminated environment (i.e., the "hot zone"). All trained EMTs should don PPE ensemble at Level B or A prior to entering any hazardous environment defined as a structure or situation where continued contamination is likely. Follow directions given by HAZMAT Teams and/or Incident Command.

### Other Equipment

All EMTs should wear non-latex medical gloves for all patient care and contact. All EMTs should cover the above gloves with chemical resistant gloves for any patient care or contact where Level C PPE is indicated. Clothing necessary to protect against rescue/extrication conditions, environmental elements, such as vehicular fuels and fluids, cold and/or wet weather, falling debris, or head strike hazards should be worn when indicated.

### EPA Protection Levels

#### LEVEL A:

- ✓ Vapor protective suit (meets NFPA 1991)
- ✓ Pressure-demand, full-face SCBA
- ✓ Inner chemical-resistant gloves, chemical-resistant safety boots, two-way radio communication

- ✓ OPTIONAL: Cooling system, outer gloves, hard hat
- ✓ Protection Provided: Highest available level of respiratory, skin, and eye protection from solid, liquid and gaseous chemicals.
- ✓ Used When: The chemical(s) have been identified and have high level of hazards to respiratory system, skin and eyes. Substances are present with known or suspected skin toxicity or carcinogenesis. Operations must be conducted in confined or poorly ventilated areas.
- ✓ Limitations: Protective clothing must resist permeation by the chemical or mixtures present. Ensemble items must allow integration without loss of performance.

**LEVEL B:**

- ✓ Liquid splash-protective suit (meets NFPA 1992)
- ✓ Pressure-demand, full-face piece SCBA
- ✓ Inner chemical-resistant gloves, chemical-resistant safety boots, two-way radio communications
- ✓ Hard hat
- ✓ OPTIONAL: Cooling system, outer gloves
- ✓ Protection Provided: Provides same level of respiratory protection as Level A, but less skin protection. Liquid splash protection, but no protection against chemical vapors or gases.
- ✓ Used When: The chemical(s) have been identified but do not require a high level of skin protection. Initial site surveys are required until higher levels of hazards are identified. The primary hazards associated with site entry are from liquid and not vapor contact.
- ✓ Limitations: Protective clothing items must resist penetration by the chemicals or mixtures present. Ensemble items must allow integration without loss of performance.

**LEVEL C:**

- ✓ Support Function Protective Garment (meets NFPA 1993)
- ✓ Full-face piece, air-purifying, canister-equipped respirator
- ✓ Chemical resistant gloves and safety boots
- ✓ Two-way communications system, hard hat
- ✓ OPTIONAL: Face shield, escape SCBA
- ✓ Protection Provided: The same level of skin protection as Level B, but a lower level of respiratory protection. Liquid splash protection but no protection to chemical vapors or gases.
- ✓ Used When: Contact with site chemical(s) will not affect the skin. Air contaminants have been identified and concentrations measured. A canister is available which can remove the contaminant. The site and its hazards have been completely characterized.
- ✓ Limitations: Protective clothing items must resist penetration by the chemical or mixtures present. Chemical airborne concentration must be less than IDLH levels. The atmosphere must contain at least 19.5% oxygen.
- ✓ Not Acceptable for Chemical Emergency Response

**LEVEL D:**

- ✓ Coveralls, safety boots/shoes, safety glasses or chemical splash goggles
- ✓ OPTIONAL: Gloves, escape SCBA, face-shield
- ✓ Protection Provided: No respiratory protection, minimal skin protection.
- ✓ Used When: The atmosphere contains no known hazard. Work functions preclude splashes, immersion, potential for inhalation, or direct contact with hazard chemicals.
- ✓ Limitations: Should not be worn in the Hot Zone. The atmosphere must contain at least 19.5% oxygen.
- ✓ Not Acceptable for Chemical Emergency Response

## Appendix 2: Telephone Reference

### AIR AMBULANCE (HELICOPTER)

Air Ambulance Service .....	Telephone
Life Flight UMASS-Memorial (Worcester, Massachusetts) .....	1-800-343-4354
Life Star (Hartford and Norwich, Connecticut) .....	1-800-221-2569
Med Flight (Bedford and Plymouth, Massachusetts) .....	1-800-233-8998

### HOSPITAL EMERGENCY DEPARTMENTS

Facility.....	Notification #.....	Medical Control #
Butler Hospital .....	401-455-6215 .....	-N/A-
Hasbro Children's Hospital .....	401-444-6874 .....	401-444-6874
Kent County Memorial Hospital.....	401-736-1989 (then dial 8888#) .....	401-736-1989 (then dial 8888#)
Landmark Medical Center – Woonsocket.....	401-769-1125 .....	401-769-1125
Memorial Hospital .....	401-641-6886 .....	401-641-6886
Miriam Hospital.....	401-413-8267/401-793-3333 (backup).....	401-274-3333
Newport Hospital.....	401-845-1120 .....	401-845-1211
Rhode Island Hospital.....	401-444-4220 .....	401-444-5731
Roger Williams Medical Center.....	401-456-2132 .....	401-456-2132
St. Joseph Hospital – Fatima Unit.....	401-456-3418 .....	401-456-3402
South County Hospital .....	401-782-8010 .....	401-782-8010
Veteran's Administration Hospital .....	401-457-3050 .....	401-457-3050
Westerly Hospital .....	401-348-3325 .....	401-348-3325
Women & Infants Hospital .....	401-453-7605 .....	401-453-7605

## OTHER AGENCIES

Diver's Alert Network (D·A·N) .....	919-684-8111
<i>Emergency Number</i> .....	919-684-2948
Regional Center for Poison Control & Prevention (Boston) .....	800-222-1222
Rape Crisis Center .....	401-421-4100 (24 hours)
Rhode Island Critical Incident Stress Management Team .....	401-763-2778 (pager)
Rhode Island Department of Health .....	401-222-2231
<i>Division of Emergency Medical Services</i> .....	401-222-2401
<i>After hours, weekends, and holidays</i> .....	401-272-5952
Rhode Island Emergency Management Agency .....	401-946-9996 (24 hours)
Rhode Island Medical Examiner's Office .....	401-222-5500 (8:30-4:30)
<i>After hours, weekends, and holidays</i> .....	401-222-2948
Rhode Island State Police .....	401-444-1111 (24 hours)
US Naval Ambulatory Care Center – Newport .....	401-841-3771
US Coast Guard ..... SAR (Castle Hill) .....	401-846-3675
SAR (Pt. Judith) .....	401-789-0444

## RHODE ISLAND MUTUAL AID PLAN REGIONAL CONTROL CENTERS

NORTHERN CONTROL .....	Smithfield Fire Department .....	401-949-1233
	<i>Alternate: N. Smithfield Fire Department</i> .....	401-762-1414
SOUTHERN CONTROL .....	Exeter Emergency Dispatch .....	401-294-2233
	<i>Alternate: Westerly Emergency Dispatch</i> .....	401-539-2211
METRO CONTROL .....	Cranston Fire Department .....	401-461-5000
	<i>Alternate: Providence Fire Department</i> .....	401-274-3344
	<i>Second Alternate: Warwick Fire Department</i> .....	401-468-4005
EAST BAY CONTROL .....	Portsmouth Fire Department .....	401-683-1155
	<i>Alternate: Newport Fire Department</i> .....	401-846-2211

## Appendix 3: Trauma Centers

### Level I Trauma Centers Rhode Island and contiguous Massachusetts and Connecticut

<b>Providence, RI</b>	Rhode Island Hospital .....Adult
<b>Boston, MA</b>	Beth Israel Deaconess Medical Center.....Adult
	Boston Medical Center .....Adult
	Brigham & Women's Hospital .....Adult
	Children's Hospital of Boston.....Pediatric
	Massachusetts General Hospital.....Adult
	Massachusetts General Hospital for Children .....Pediatric
<b>Worcester, MA</b>	UMASS Memorial, University Campus.....Adult & Pediatric
<b>New Haven, CT</b>	Yale New Haven Medical Center .....Adult & Pediatric
<b>Hartford, CT</b>	Hartford Hospital .....Adult & Pediatric

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